

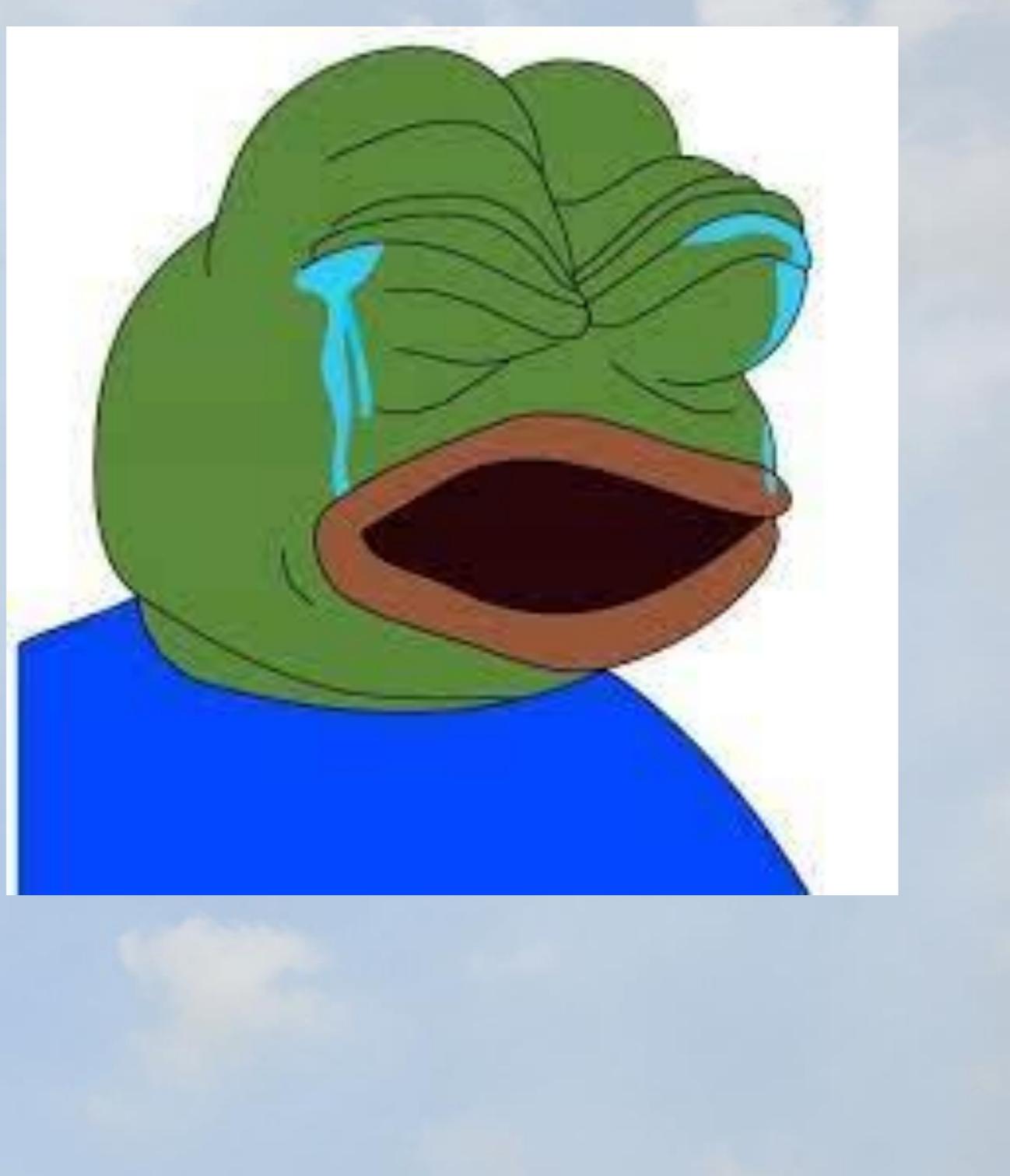
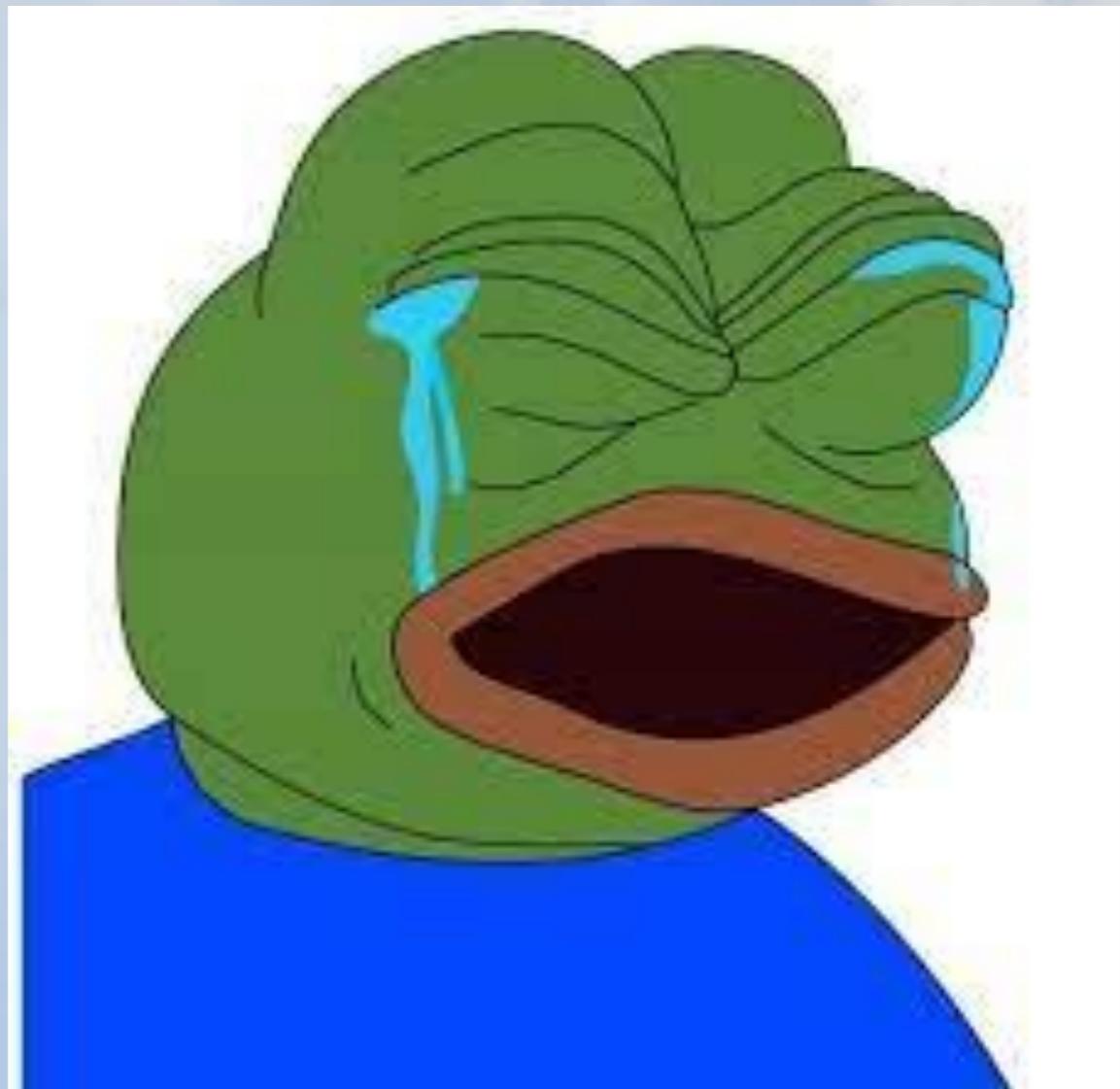
Postoperative Management for Aortic Disease

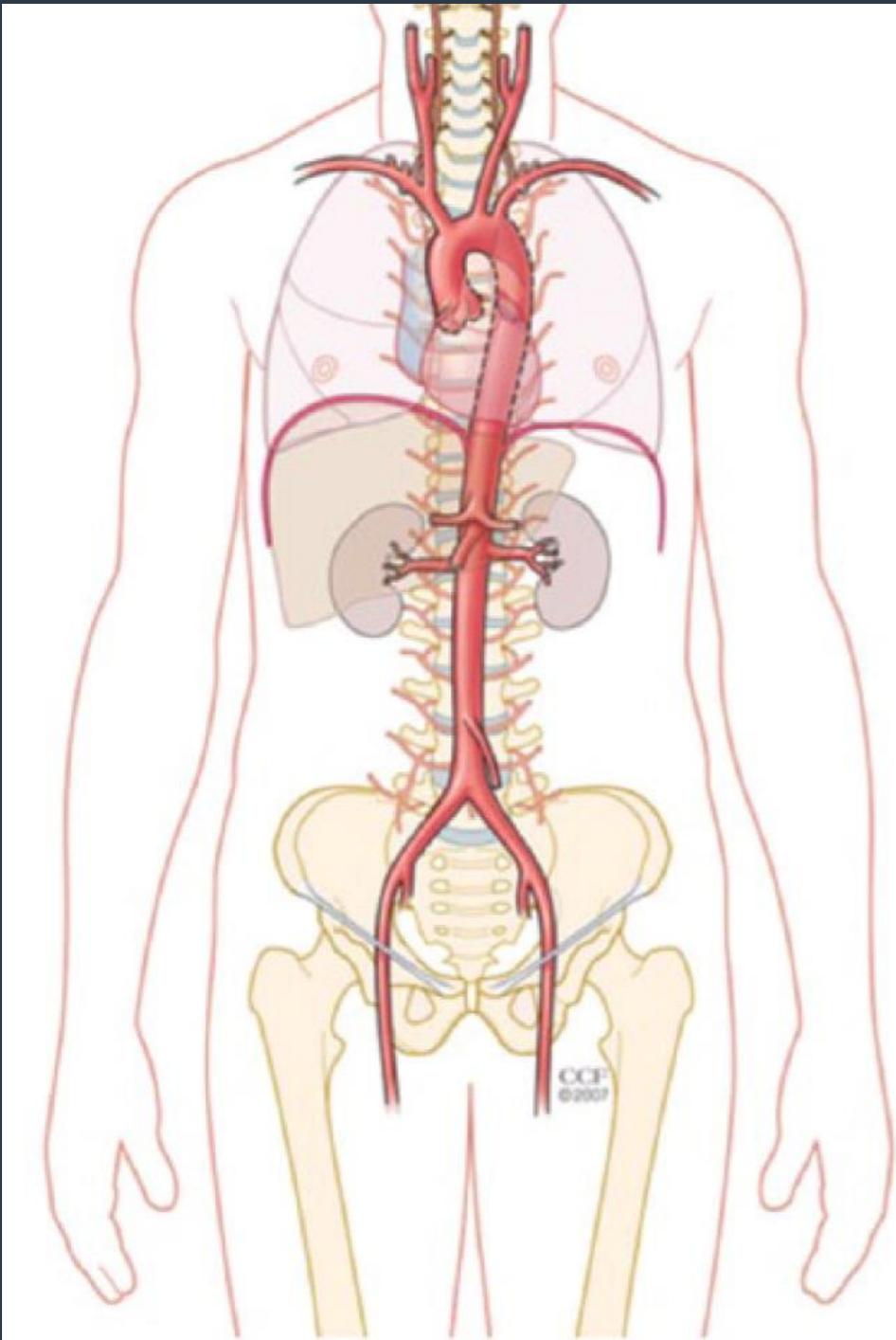
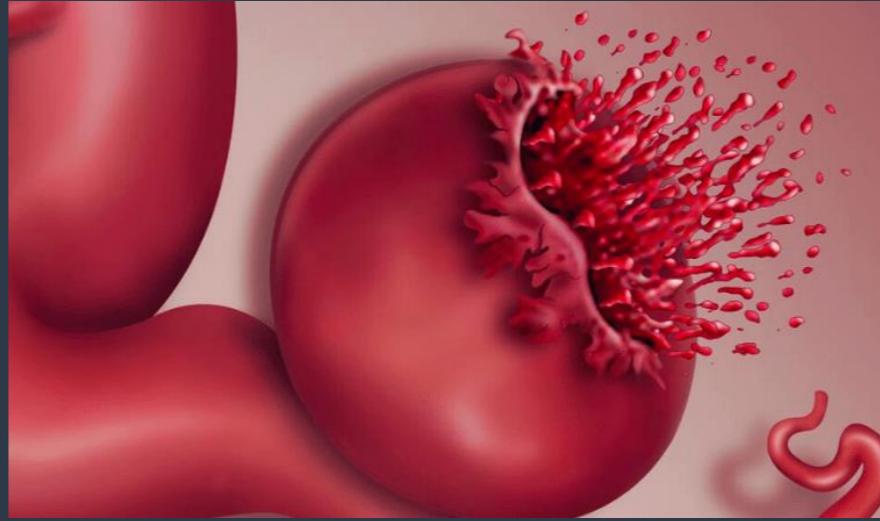


한양 대학교 병원
심장 혈관 흉부외과
김완기

渾身

혼신



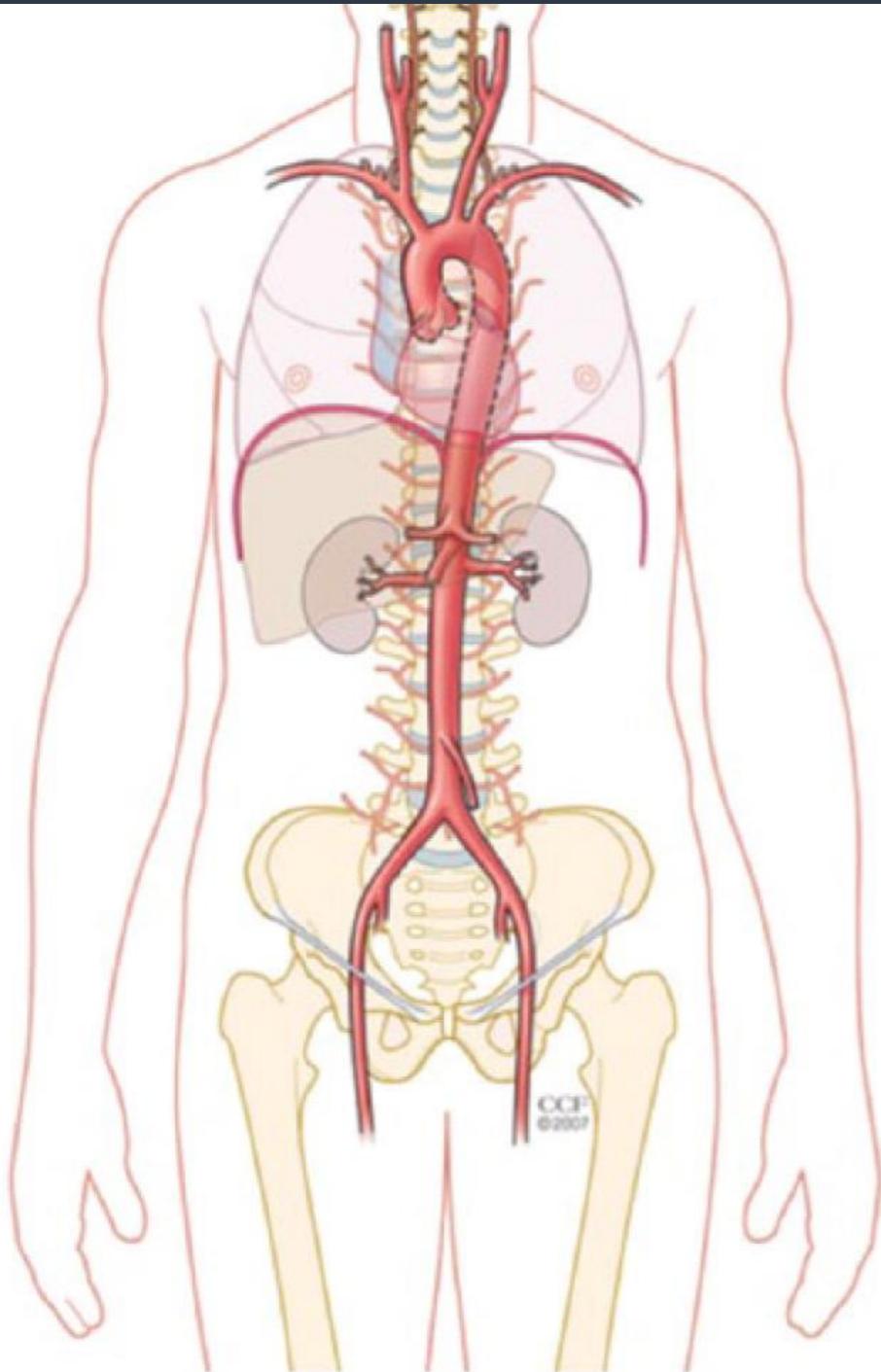


Ant. Approach (sternotomy)

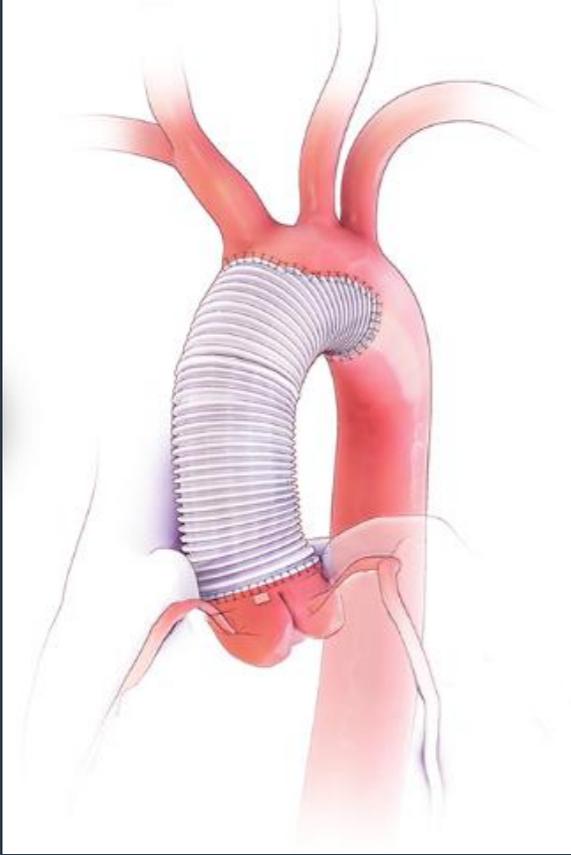
- Arch surgery
 - Hemi-arch (ascending aorta replacement)
 - Partial arch
 - Total arch
- Root surgery
 - Root replacement with aortic valve (Bentall)
 - Valve sparing root reimplantation (VSRR)

Lat. Approach (thoracotomy)

- Descending thoracic aorta replacement
- Thoracoabdominal aorta replacement
 - Crawford extent I to V



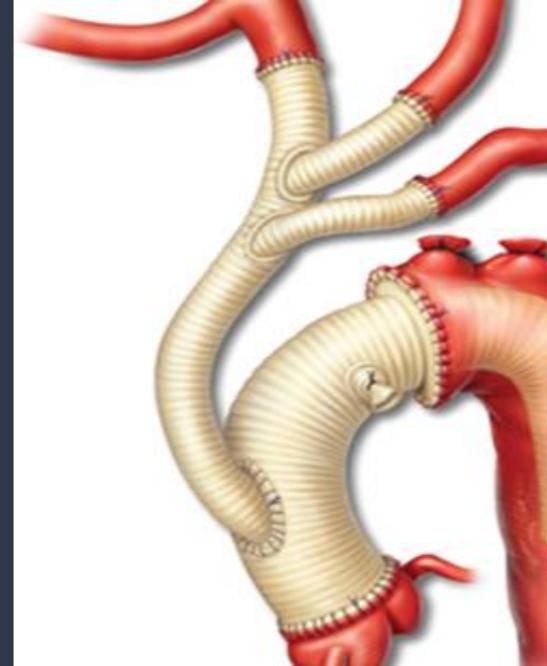
Anterior Approach



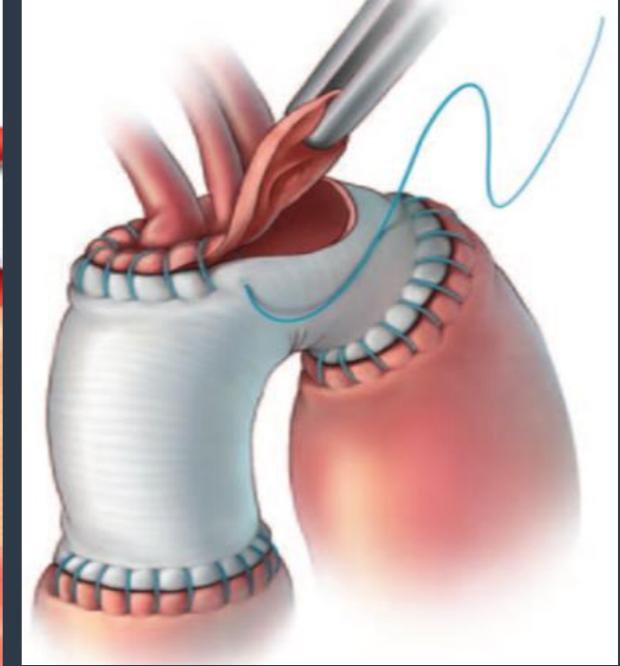
**Hemi-arch
Replacement
(HAR)**



4-branch graft



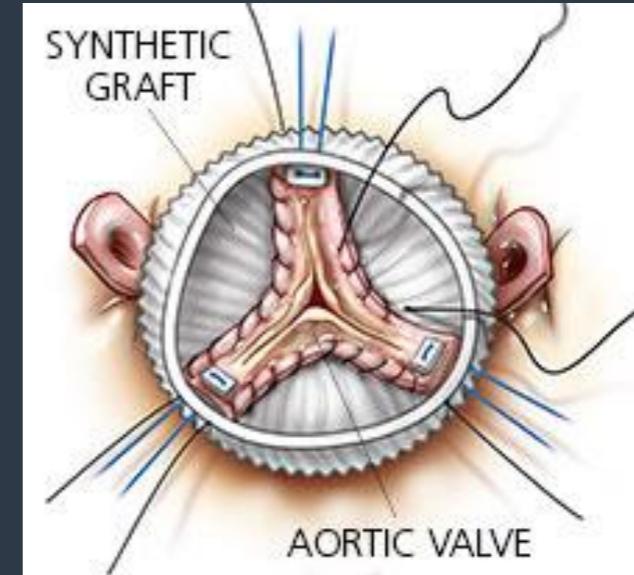
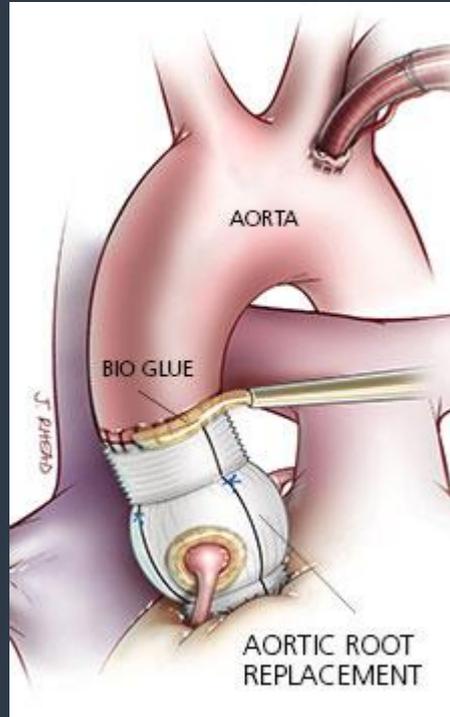
**Trifurcated graft
or Spielvogel**



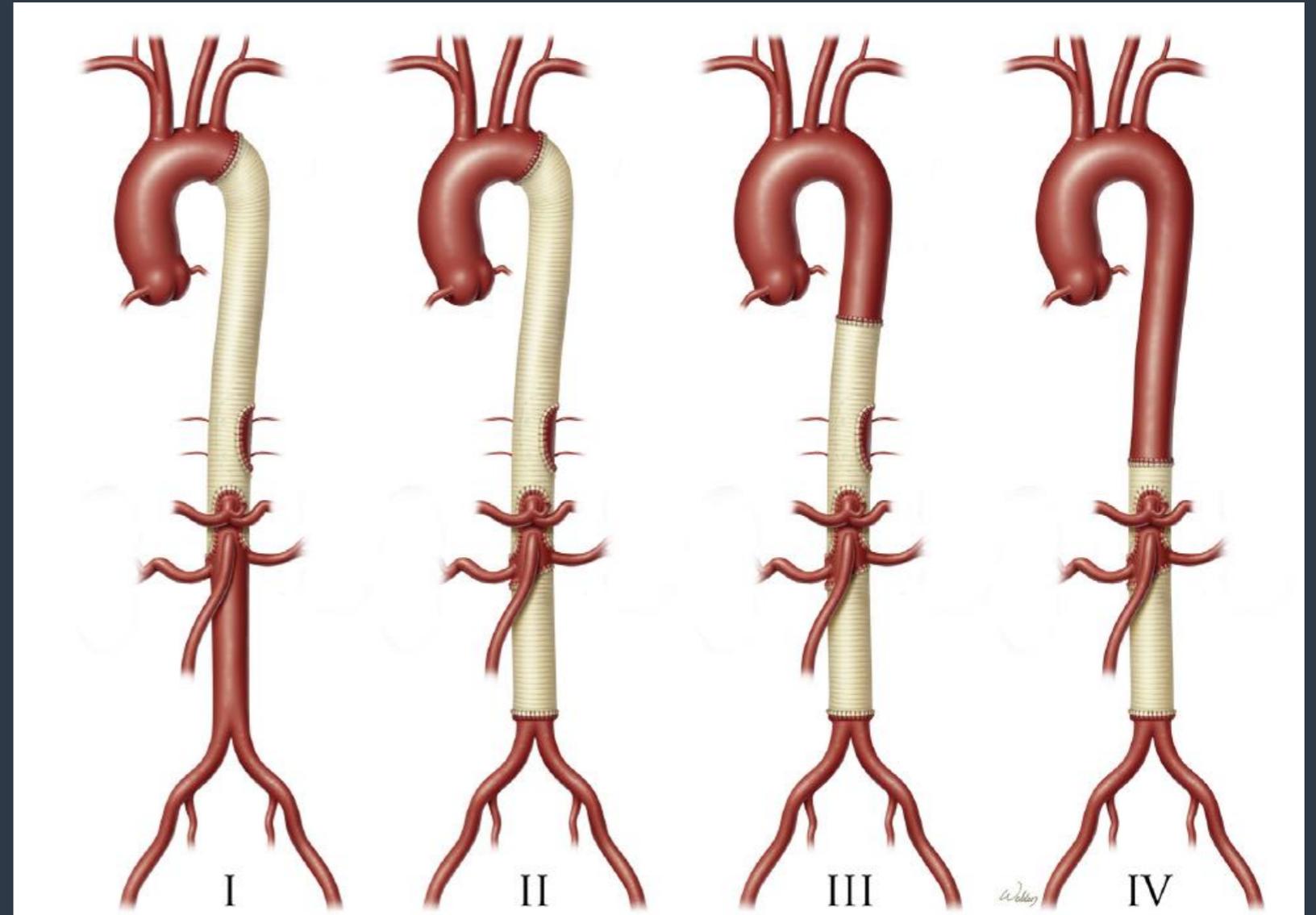
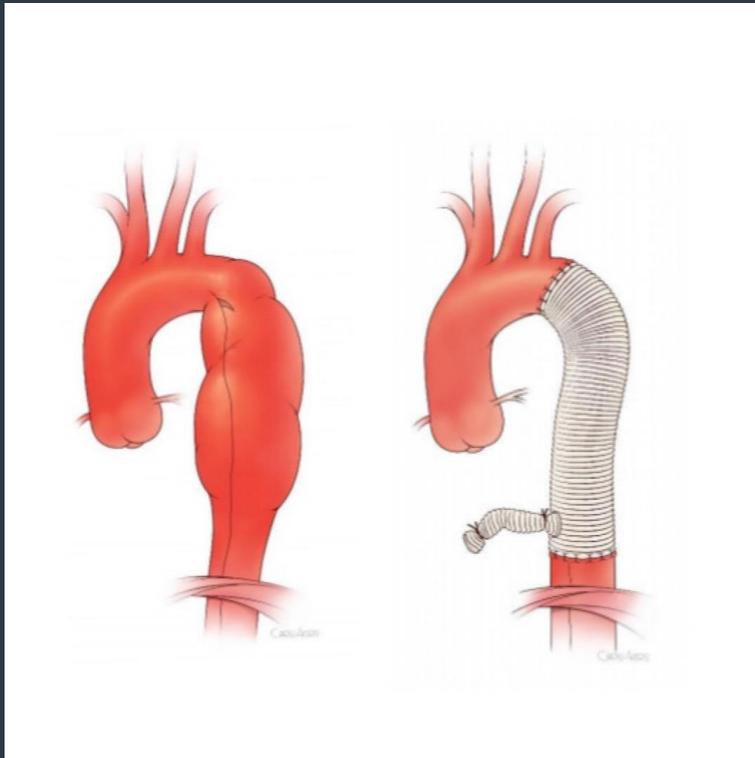
Island technique

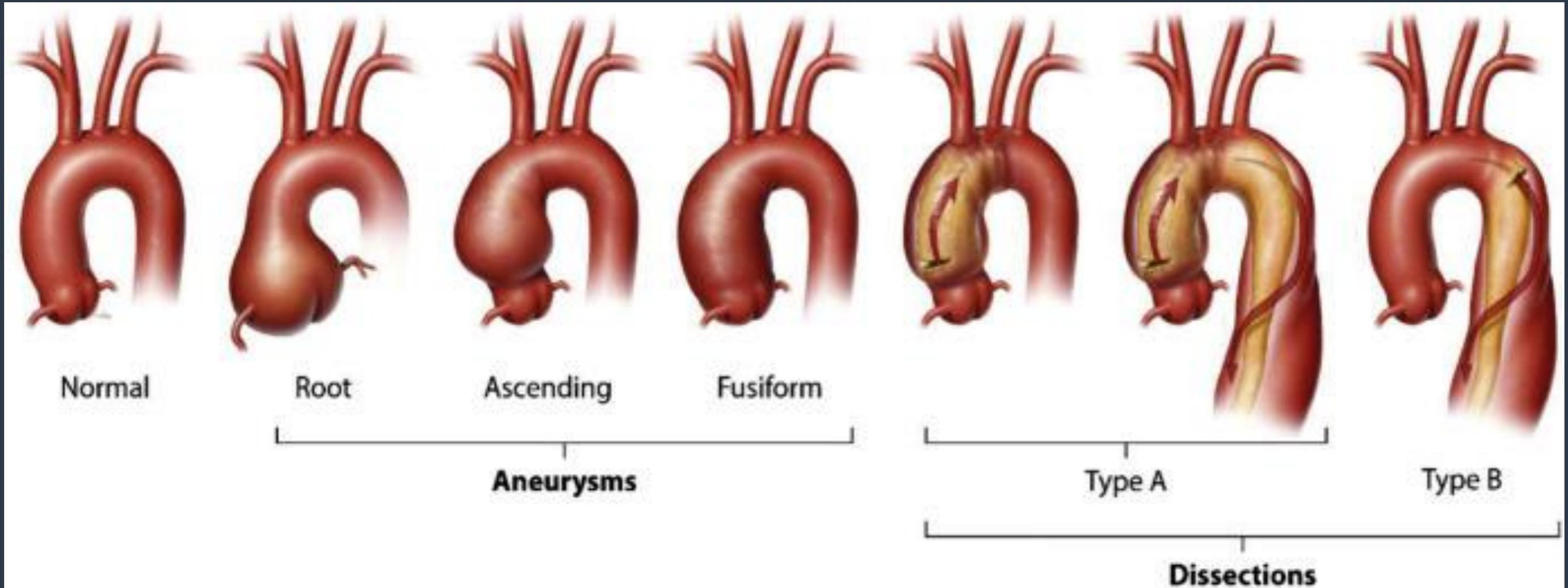
Total arch replacement (TAR)

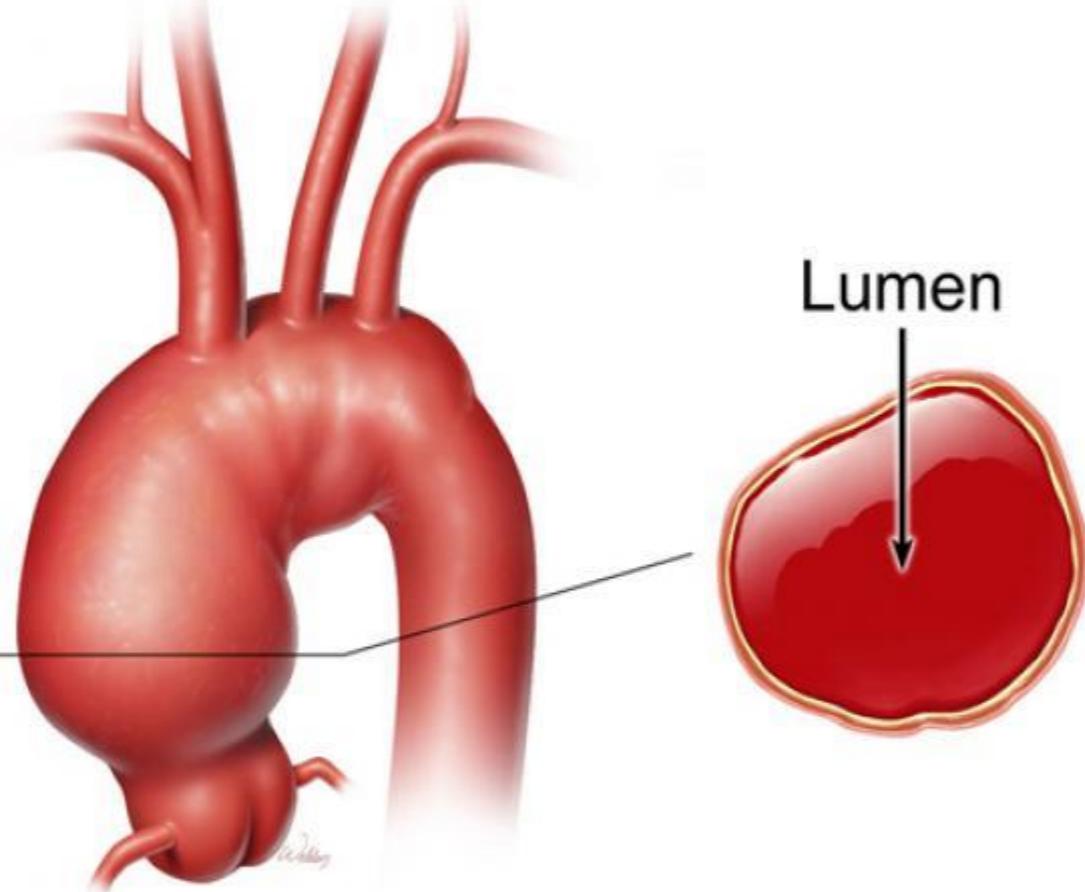
Aortic Root Surgery



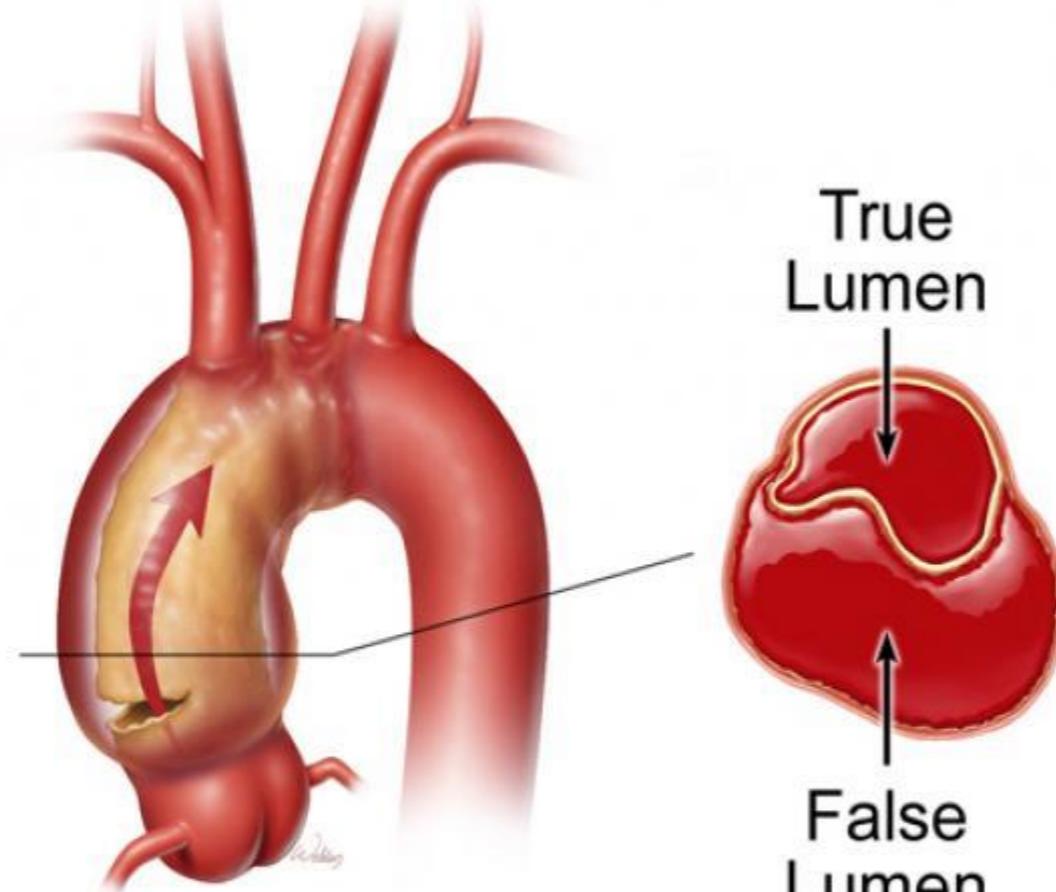
Lateral Approach



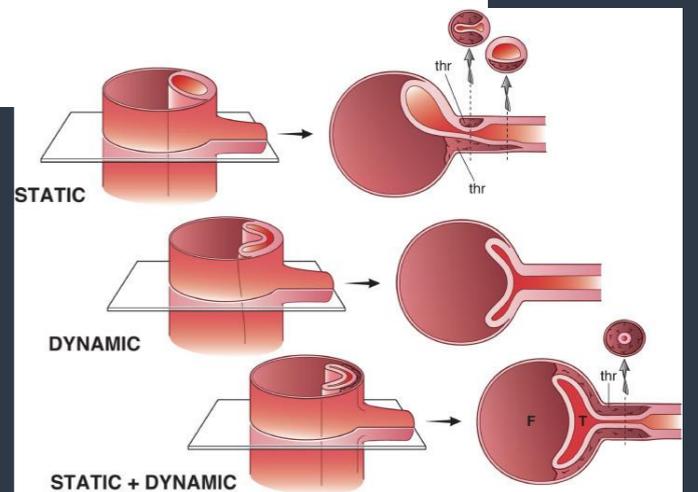
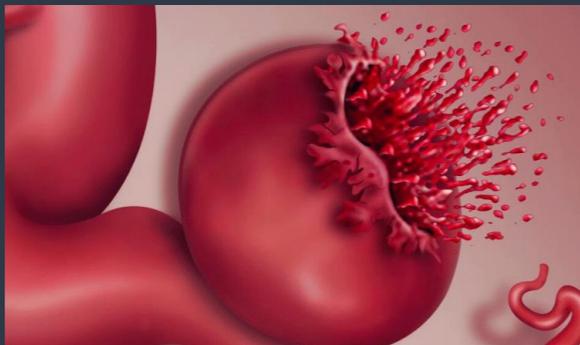




Aneurysm

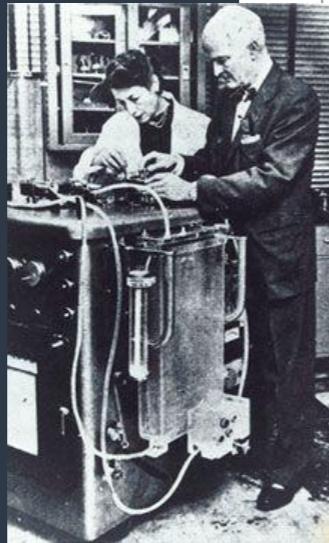


Dissection



Acute Type A Aortic Dissection

Developments In Cardiac Surgery



"If too little potassium is present, the contractions become broader, and there results in fusion of the beats. If too much potassium is present...then the contraction of the ventricle is imperfect, and by increasing the quantity of potassium salt the beat becomes weaker and weaker till it stops"

Sidney Ringer (1835-1910)



1990s. Controversy continued over the temperature and perfusion methods to a

Mid-1980s. High K⁺ again is linked to heart instability arrhythmias and microvascular damage during surge

1980s. High K⁺ (20 to 40 mEq/L) cardioplegia in either crystalloid or whole blood became the "standard of care" in cardiac surgery

Mid-1970s. Buckberg and others (1977) proposed multi-dose cold 4:1 whole blood cardioplegia. Tyers showed that 'Melrose's technic' failed due to high K⁺, not citrate

Late 1960s early 70s. Renewed experimental interest in high K⁺ cardioplegia in USA, UK and Europe.

1960s CLINICAL HOLD: Surgeons imposed a 10-year "Moratorium" on using high K⁺ cardioplegia in humans

1959 Kaplan and Fisher questioned the safety of high K⁺ solutions. Shumway introduced 'selective hypothermia' concept without high K⁺

1957 Lam was among the first to use the word 'cardioplegia'

1955 Melrose devised first all-blood K⁺ 'normothermic' cardioplegia

1954 Gault and others developed the heart-lung bypass machine

1950 Bigelow proposed "The use of hypothermia as a form of anesthetic" in cardiac surgery (The idea borrowed from natural hibernators)

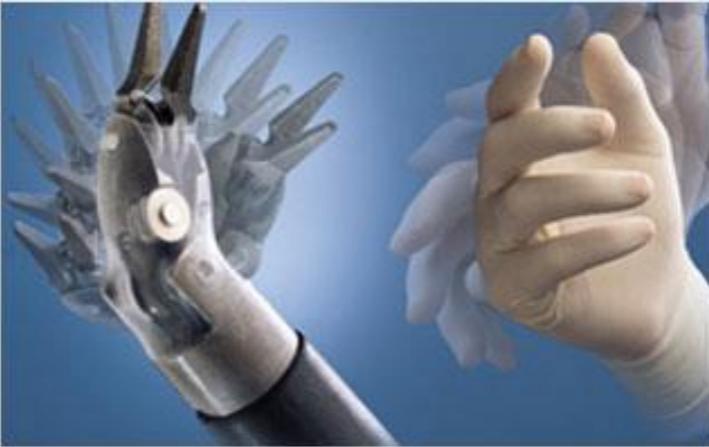
1950 Woodbury showed high K⁺ depolarizes single cardiac muscle fibers

1929 Hooker, and later Wiggers, studied K⁺ cardioverting the fibrillating heart

1907 Hering described cardiac arrest due to hyperkalemia

1883 Sidney Ringer showed that K⁺ was a powerful heart-arresting agent

2000-13. High K⁺ cardioplegia remains "standard of care" worldwide
lidocaine for arrest to high I



1980s Wide to minimize effects of Hi

- Profound h mild hypothermia
- Multidose - Crystalloid
- Oxygenated vs non-oxygenated.
- Retrograde-antegrade.
- "Hot shot"
- A pharmacopia of potential adjunctive additives to high K⁺.

- In the 1990s or 2000s no alternative has been clinically adopted as a primary arresting agent.
- Coronary endothelium protection emphasized.

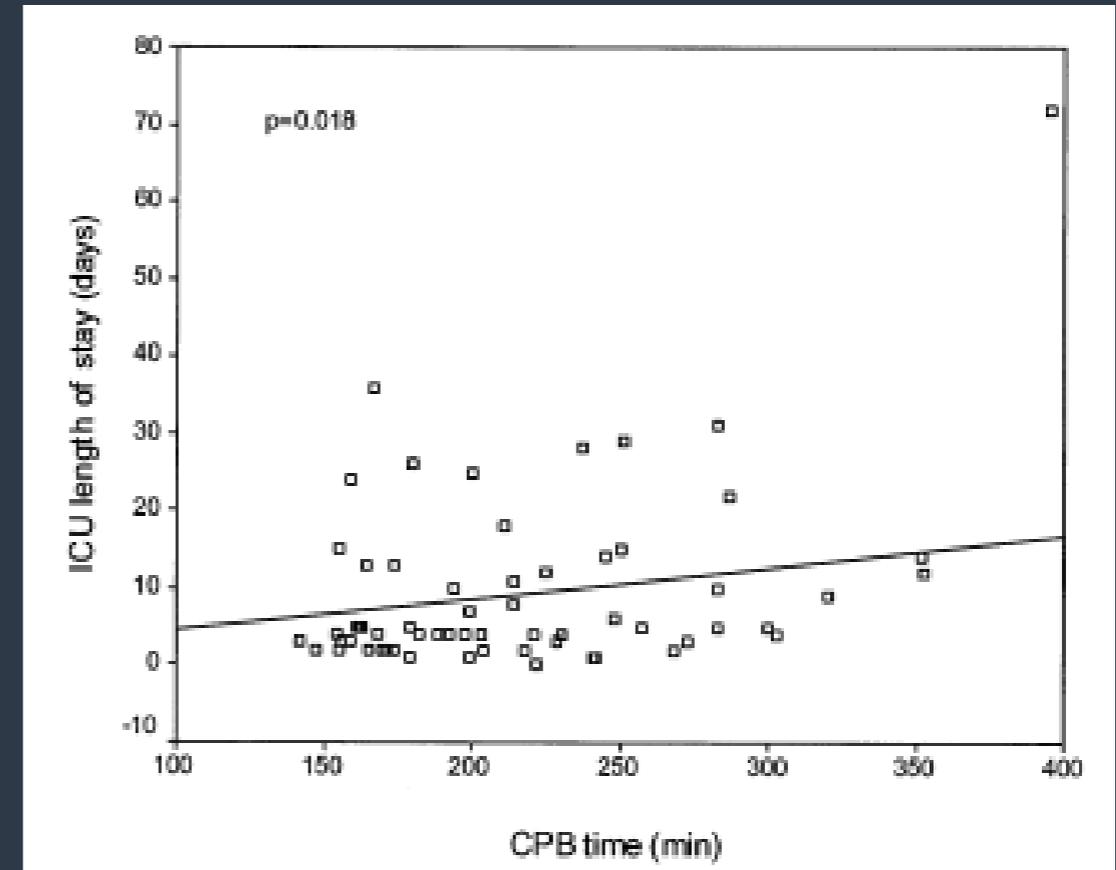
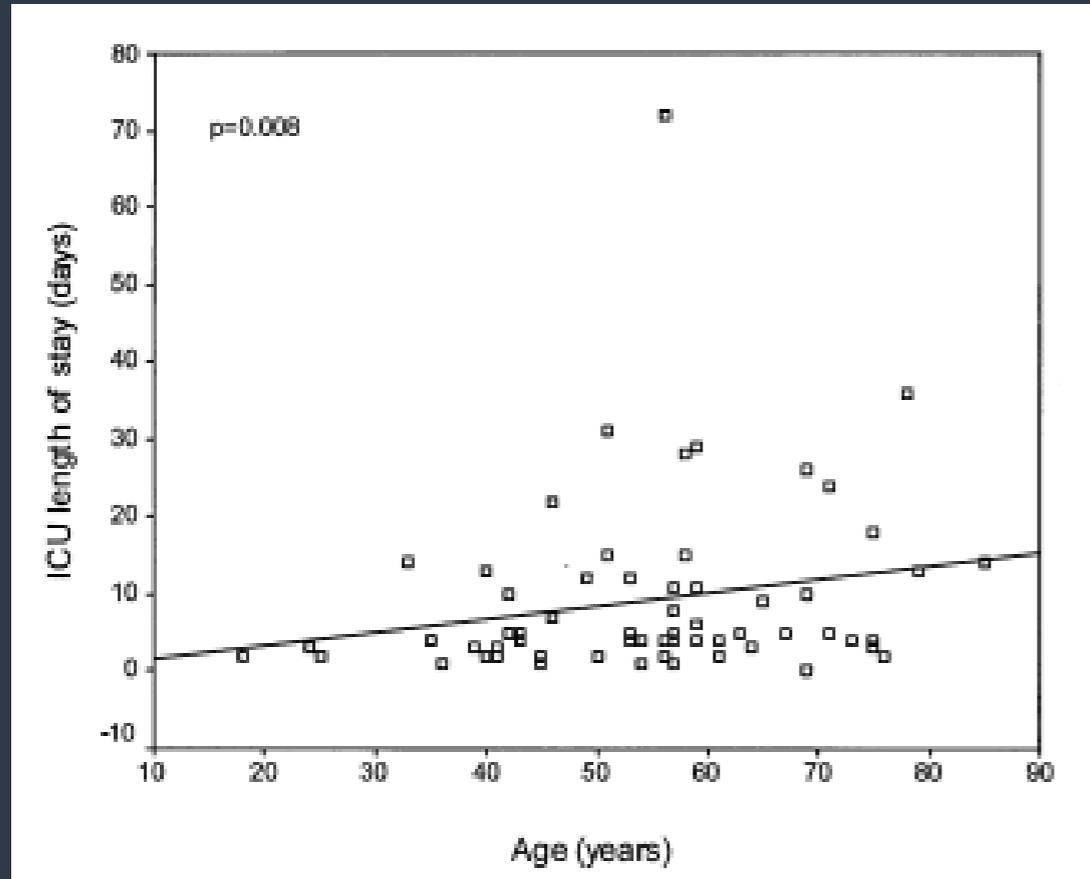
1953년 Jo

재

Factors Influencing Intensive Care Unit Length of Stay After Surgery for Acute Aortic Dissection Type A

Daniel Hoefler, MD, Elfriede Ruttmann, MD, Markus Riha, MD,
Wolfgang Schobersberger, MD, Andreas Mayr, MD, Guenther Laufer, MD, and
Johannes Bonatti, MD

Department of Cardiac Surgery, Division for General and Surgical Intensive Care Medicine, Innsbruck University Hospital, Innsbruck, Austria





Predicting Intensive Care Unit Length of Stay After Acute Type A Aortic Dissection Surgery Using Machine Learning

Qiuying Chen^{1,2†}, Bin Zhang^{1,2†}, Jue Yang^{3†}, Xiaokai Mo¹, Lu Zhang^{1,2}, Minmin Li^{1,2}, Zhuozhi Chen^{1,2}, Jin Fang¹, Fei Wang¹, Wenhui Huang¹, Ruixin Fan^{3*} and Shuixing Zhang^{1,2*}

¹ Department of Radiology, the First Affiliated Hospital, Jinan University, Guangzhou, China, ² Graduate College, Jinan University, Guangzhou, China, ³ Department of Cardiac Surgery, Guangdong Cardiovascular Institute, Guangdong Provincial People's Hospital, Guangdong Academy of Medical Sciences, Guangzhou, China

OPEN ACCESS

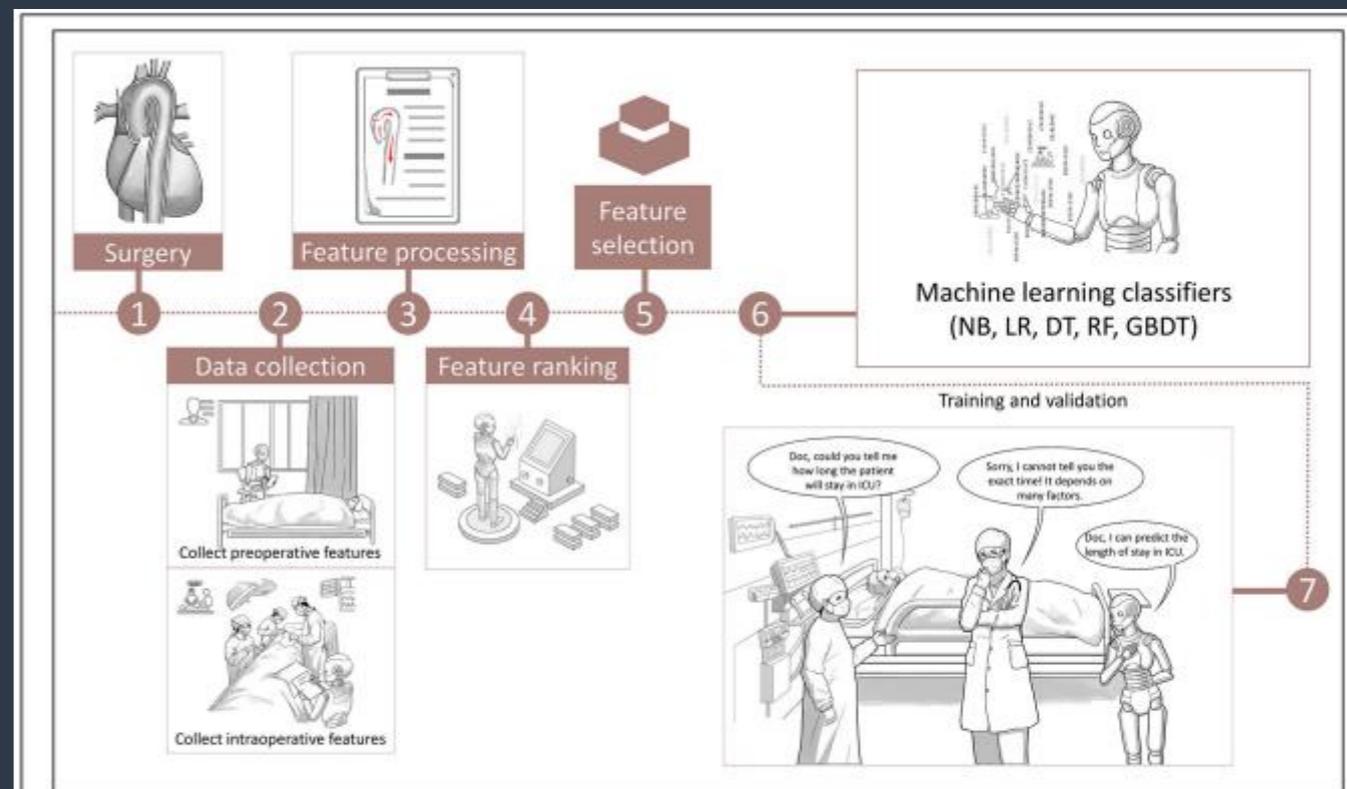


FIGURE 3 | The cartoon flow chart of machine learning models building. NB, Naive Bayes; LR, Linear Regression; DT, Decision Tree; RF, Random Forest; GBDT, Gradient Boosting Decision Tree; ICU, intensive care unit.



Predicting Intensive Care Unit Length of Stay After Acute Type A Aortic Dissection Surgery Using Machine Learning

Qiuying Chen^{1,2†}, Bin Zhang^{1,2†}, Jue Yang^{3†}, Xiaokai Mo¹, Lu Zhang^{1,2}, Minmin Li^{1,2}, Zhuozhi Chen^{1,2}, Jin Fang¹, Fei Wang¹, Wenhui Huang¹, Ruixin Fan^{3*} and Shuixing Zhang^{1,2*}

¹ Department of Radiology, the First Affiliated Hospital, Jinan University, Guangzhou, China, ² Graduate College, Jinan University, Guangzhou, China, ³ Department of Cardiac Surgery, Guangdong Cardiovascular Institute, Guangdong Provincial People's Hospital, Guangdong Academy of Medical Sciences, Guangzhou, China

OPEN ACCESS

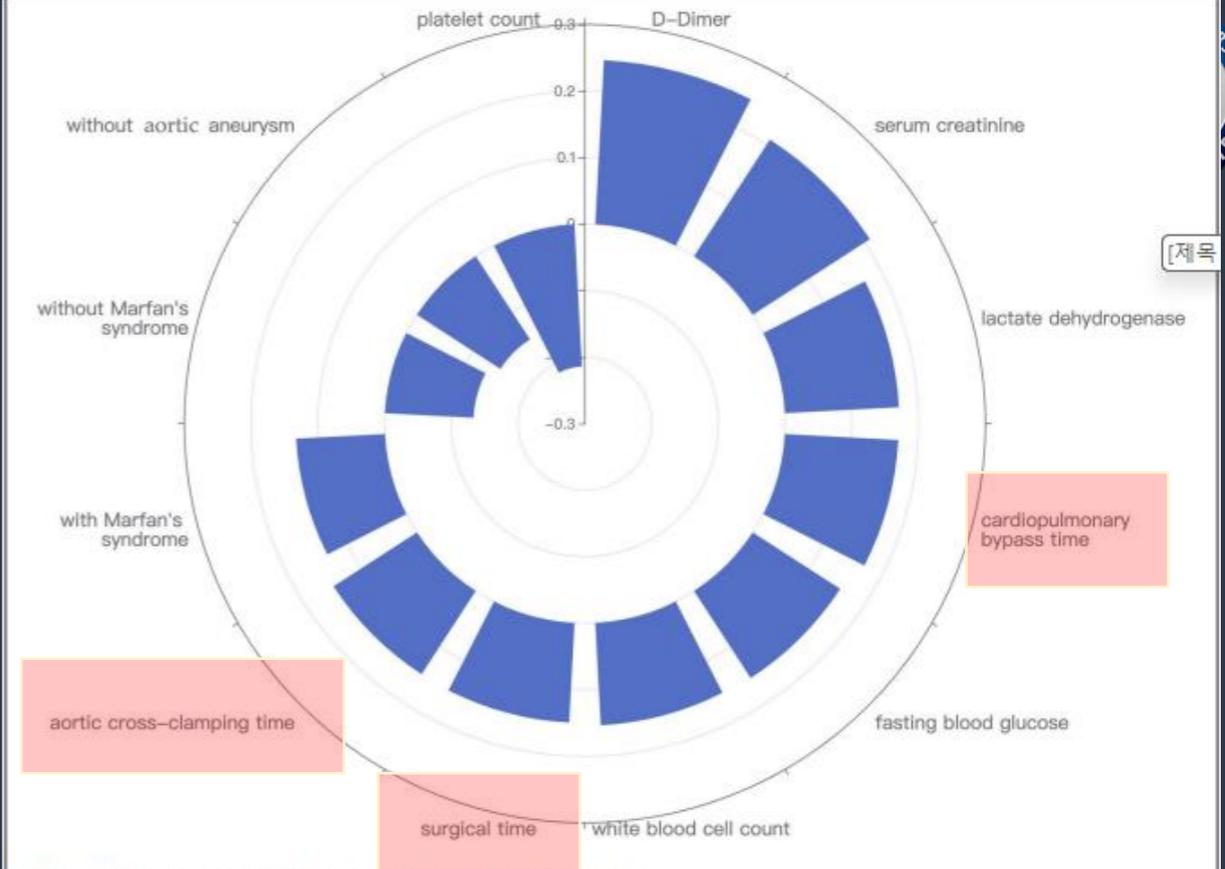


FIGURE 1 | Twelve features selected by Kendall correlation coefficient for models building.

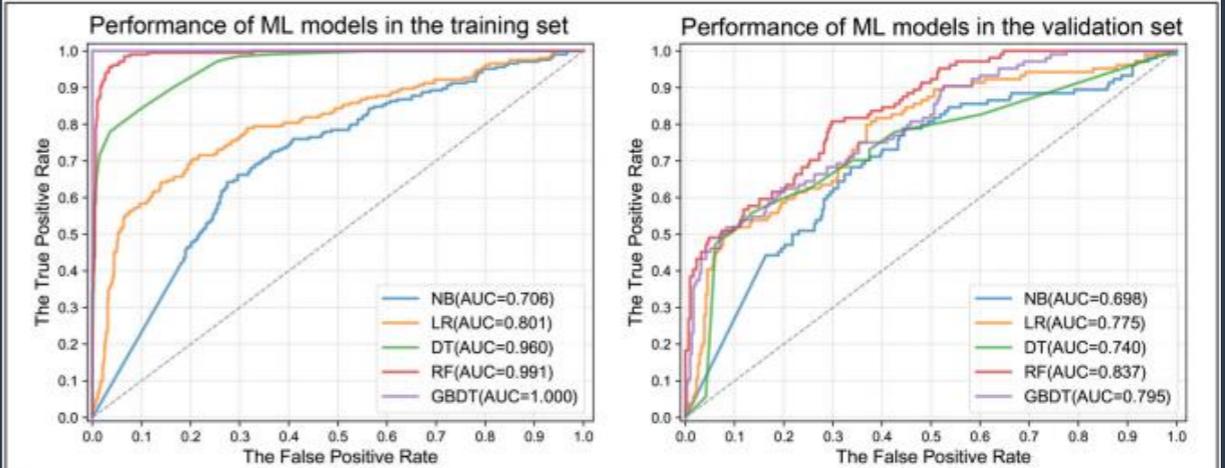
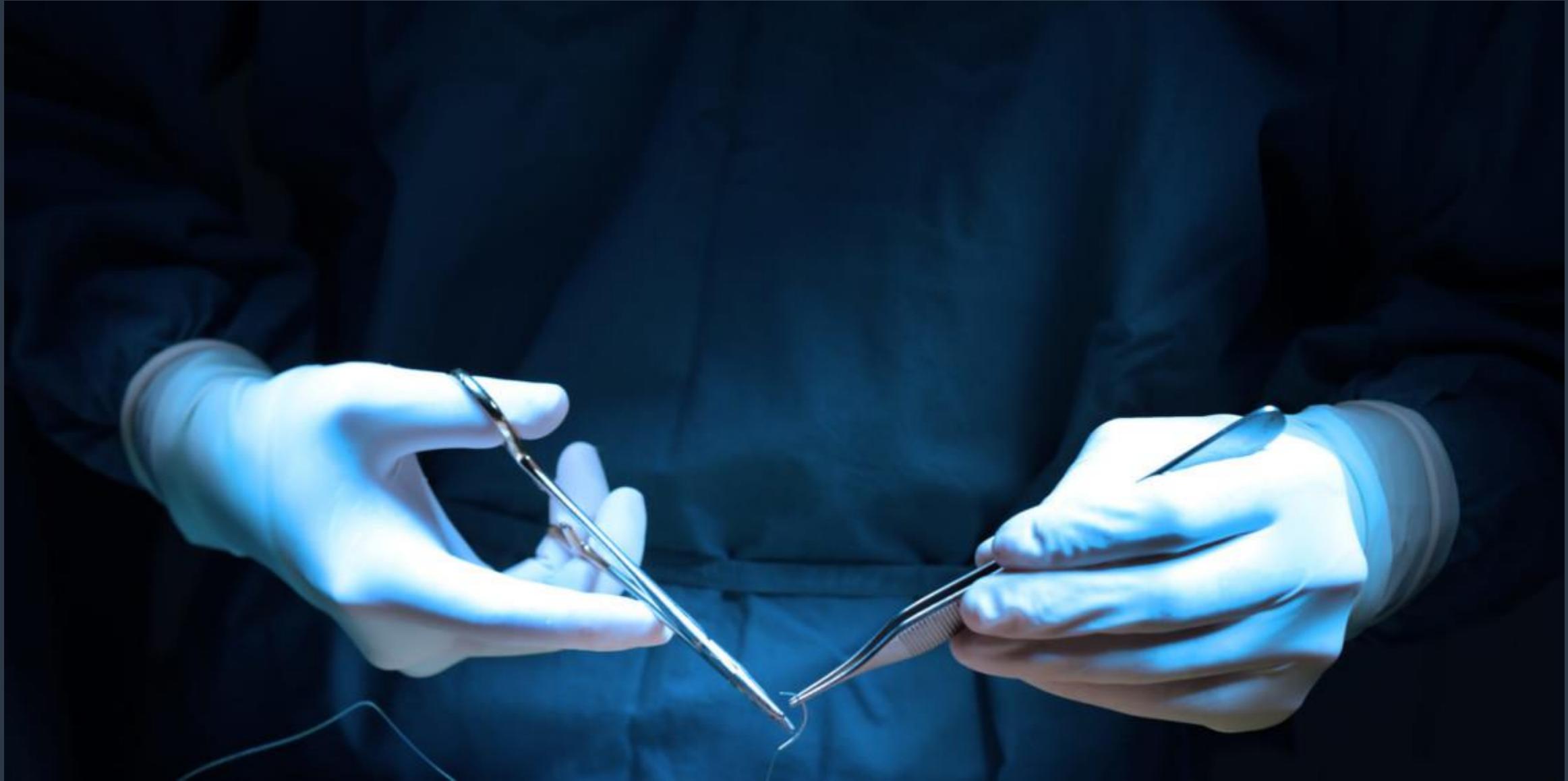


FIGURE 2 | Receiver operating characteristic area under the curves of machine learning models in the training and validation datasets. ML, machine learning; NB, Naive Bayes; LR, Linear Regression; DT, Decision Tree; RF, Random Forest; GBDT, Gradient Boosting Decision Tree; AUC, area under the curve.

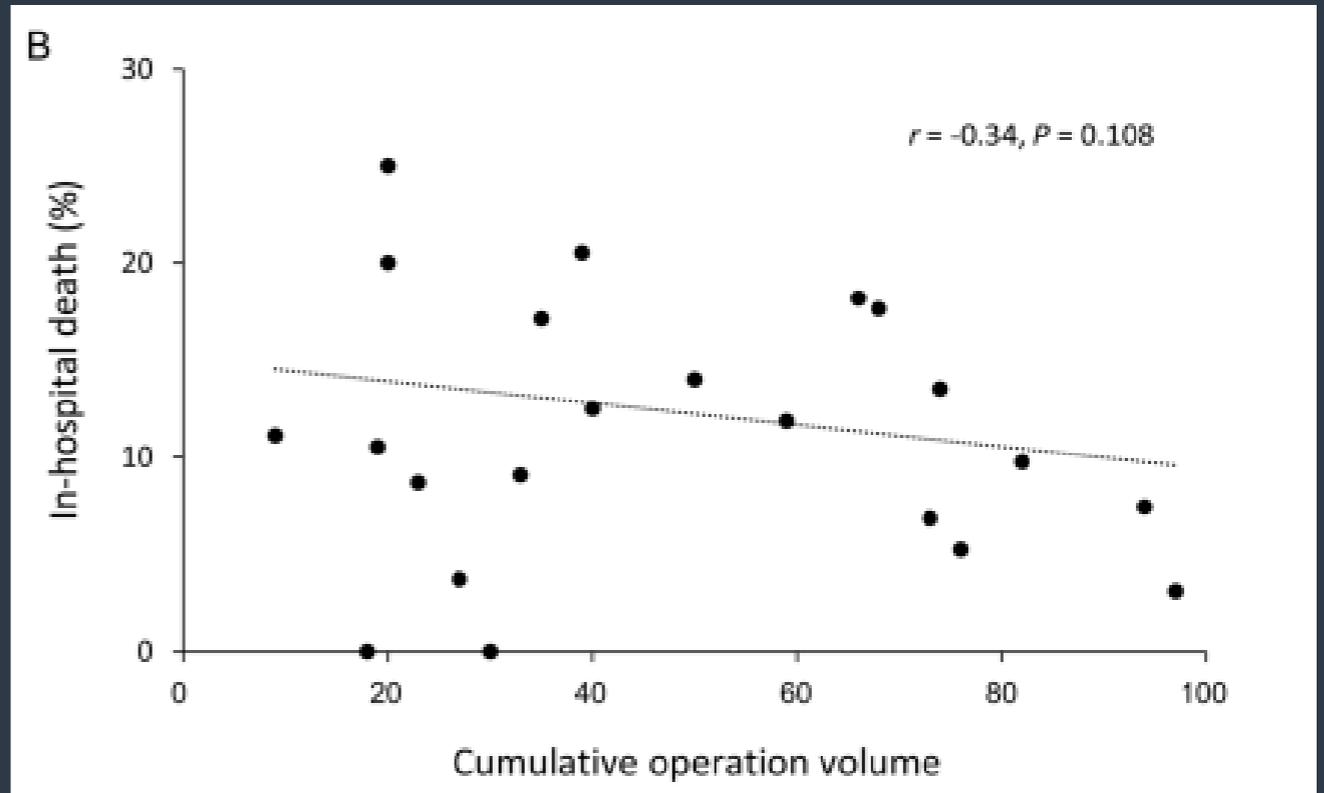
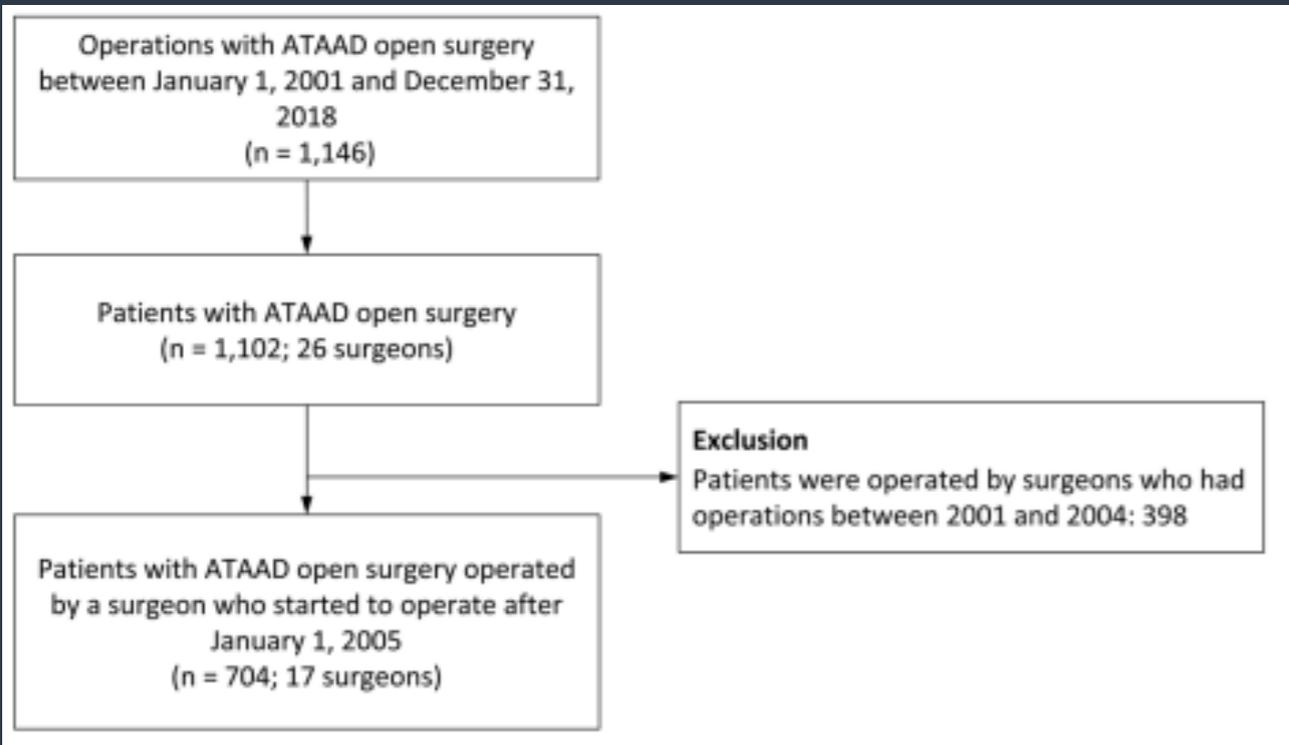
뭘이중헌디?





OPEN Learning curve for open surgical repair of acute type A aortic dissection

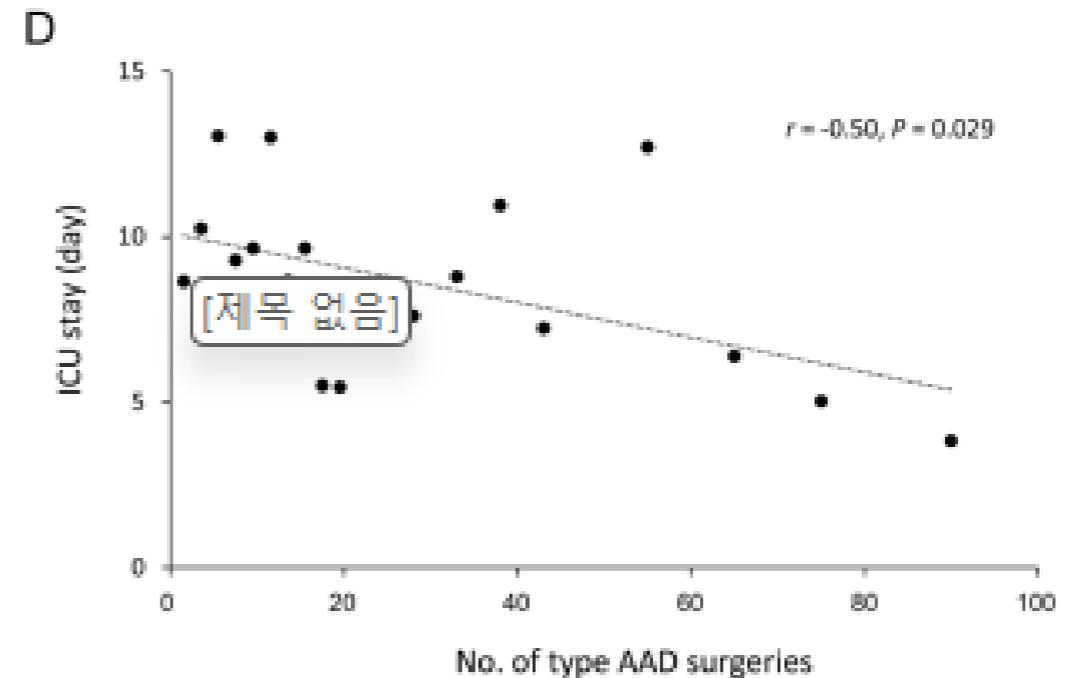
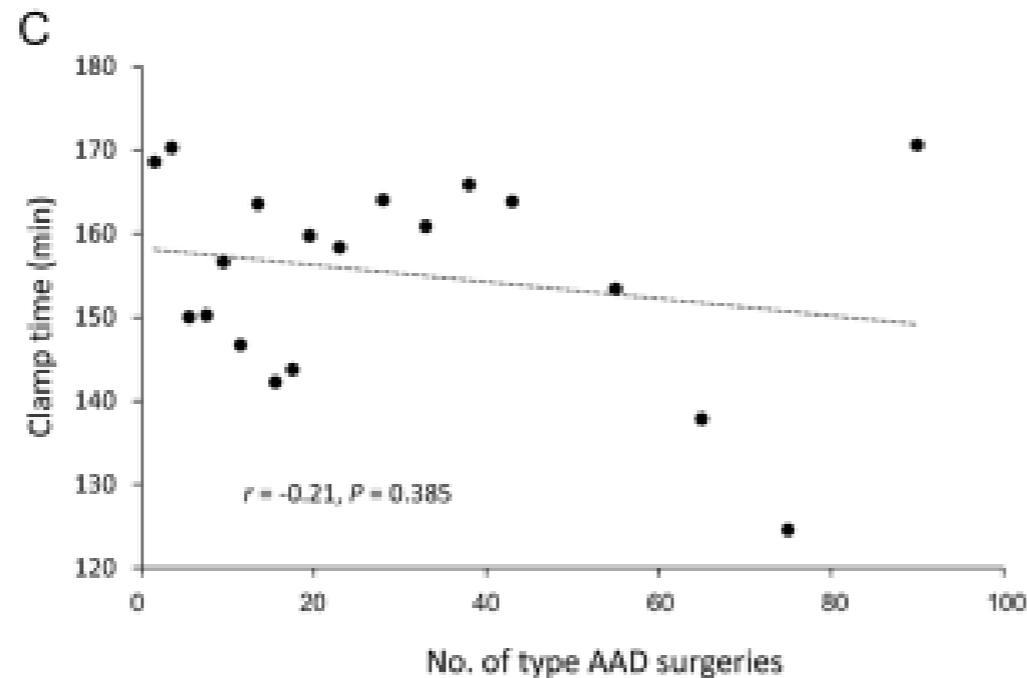
Bo-Cheng Hou^{3,6,7}, Yu-Tung Huang^{3,7}, Fu-Chih Hsiao², Chien-Chia Wu⁴, Yu-Ting Cheng², Kuo-Sheng Liu^{2,3}, Shang-Hung Chang^{3,4}, Pao-Hsien Chu⁴, An-Hsun Chou⁵ & Shao-Wei Chen^{2,3}✉





OPEN **Learning curve for open surgical repair of acute type A aortic dissection**

Bo-Cheng Hou^{3,6,7}, Yu-Tung Huang^{3,7}, Fu-Chih Hsiao², Chien-Chia Wu⁴, Yu-Ting Cheng², Kuo-Sheng Liu^{2,3}, Shang-Hung Chang^{3,4}, Pao-Hsien Chu⁴, An-Hsun Chou⁵ & Shao-Wei Chen^{2,3}✉

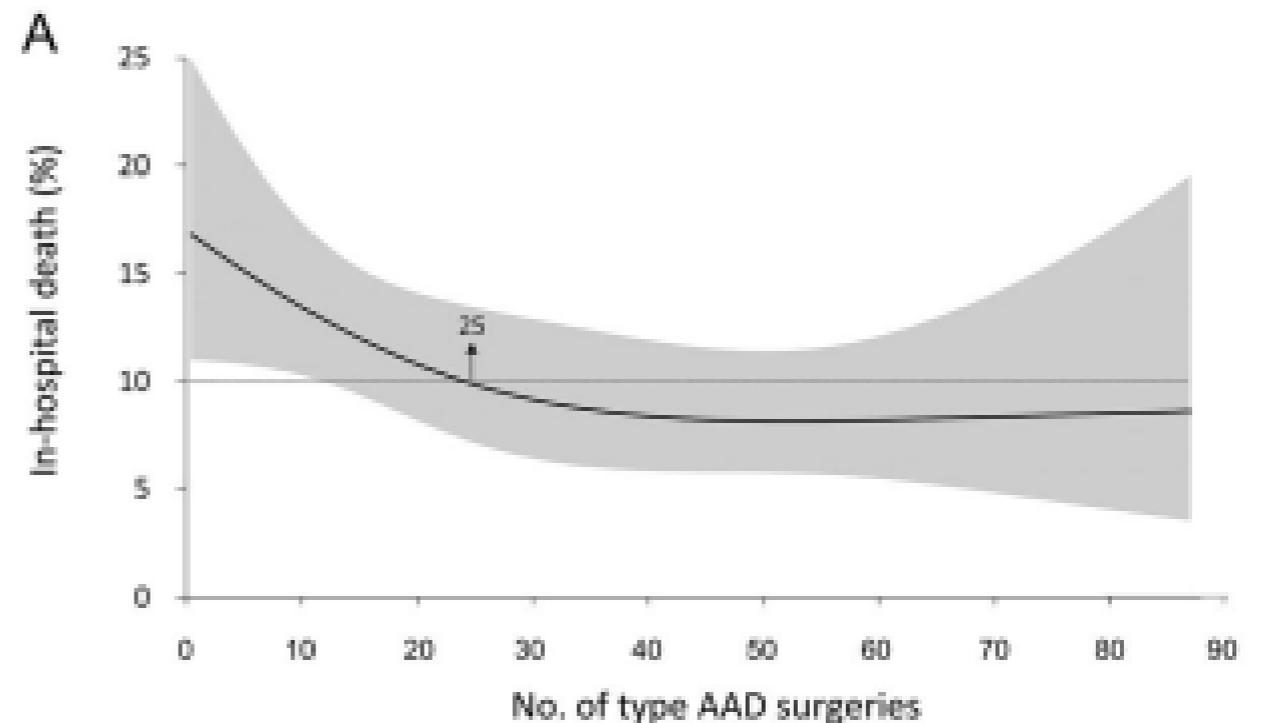




OPEN

Learning curve for open surgical repair of acute type A aortic dissection

Bo-Cheng Hou^{3,6,7}, Yu-Tung Huang^{3,7}, Fu-Chih Hsiao², Chien-Chia Wu⁴, Yu-Ting Cheng², Kuo-Sheng Liu^{2,3}, Shang-Hung Chang^{3,4}, Pao-Hsien Chu⁴, An-Hsun Chou⁵ & Shao-Wei Chen^{2,3}✉



Guideline for Thoracic Aortic Disease

Recommendations	Class	LOC
1. Urgent surgical consultation should be obtained for all patients diagnosed with thoracic aortic dissection regardless of the anatomic location.	Class I	C
2. Acute thoracic aortic dissection involving the ascending aorta should be urgently evaluated for emergent surgical repair. ⁵	Class I	B
3. Acute thoracic aortic dissection involving the descending aorta should be managed medically unless life-threatening complications. ⁶⁻¹¹	Class I	B
4. For patients with ascending aortic dissection, the entire aneurysmal aorta and the proximal extent of the dissection should be resected. A partially dissected aortic root may be repaired with aortic valve resuspension. Extensive dissection of the aortic root should be treated with aortic root replacement with a composite graft or with a valve sparing root replacement. If a DeBakey Type II dissection is present, the entire dissected aorta should be replaced.	Class I	C
5. Replacement of the entire aortic arch is reasonable for acute dissection when the arch is aneurysmal or there is extensive aortic arch destruction and leakage. ^{12,13}	Class IIa	B
6. It is reasonable to treat intramural hematoma similar to aortic dissection in the corresponding segment of the aorta	Class IIa	C

Extended Arch Procedures for Acute Type A Aortic Dissection: A Downstream Problem?

Steven L. Lansman, MD, PhD,^{*,†} Joshua B. Goldberg, MD,^{*,†} Masashi Kai,^{*,†} Ramin Malekan, MD,^{*,†} and David Spielvogel, MD^{*,†}

Current discussion regarding the management of acute type A aortic dissection is focused on whether to perform a standard hemiarch resection or perform an extended repair, in hopes of improving long-term outcomes by avoiding late, distal aortic sequelae. Critical to this discussion is an estimation of the short-term risks of an extended procedure and the magnitude of the late “downstream problem.” Extension of the hemiarch to a total arch plus frozen elephant trunk does not improve survival; carries some increased perioperative risk, not the least of which is paraplegia; but decreases late aortic events, the most common of which is reoperation on the distal aorta. However, these reoperations are low frequency, primarily elective, low-risk events and it should be noted that extended index repairs do not eliminate or necessarily decrease the incidence of late reoperations. Routine extension of the index procedure puts 100% of patients at risk in order to protect a minority that may benefit. Therefore, it is important to select patients at high risk for reoperation if an extended repair is to be performed. Predictors that may identify this high-risk group include the size and location of the entry tear, aortic and luminal dimensions, degree of luminal flow and thrombosis, and the presence of a connective tissue disorder. Timing may also be important and, in patients at high risk for late events, early complications may be minimized by strategies that delay an extension of the proximal repair until the subacute period.

Semin Thoracic Surg 31:17–20 © 2018 Elsevier Inc. All rights reserved.

Keywords: Aorta, Arch, Frozen elephant trunk, Type A dissection

INTRODUCTION

Current discussion regarding the management of acute type A aortic dissection (ATAAD) is focused on whether to perform a proximal repair, such as a hemiarch resection, or an extended repair, such as a total arch replacement, possibly including an elephant trunk or fixed elephant trunk, in hopes of improving long-term outcomes. Suggested indications for performing an



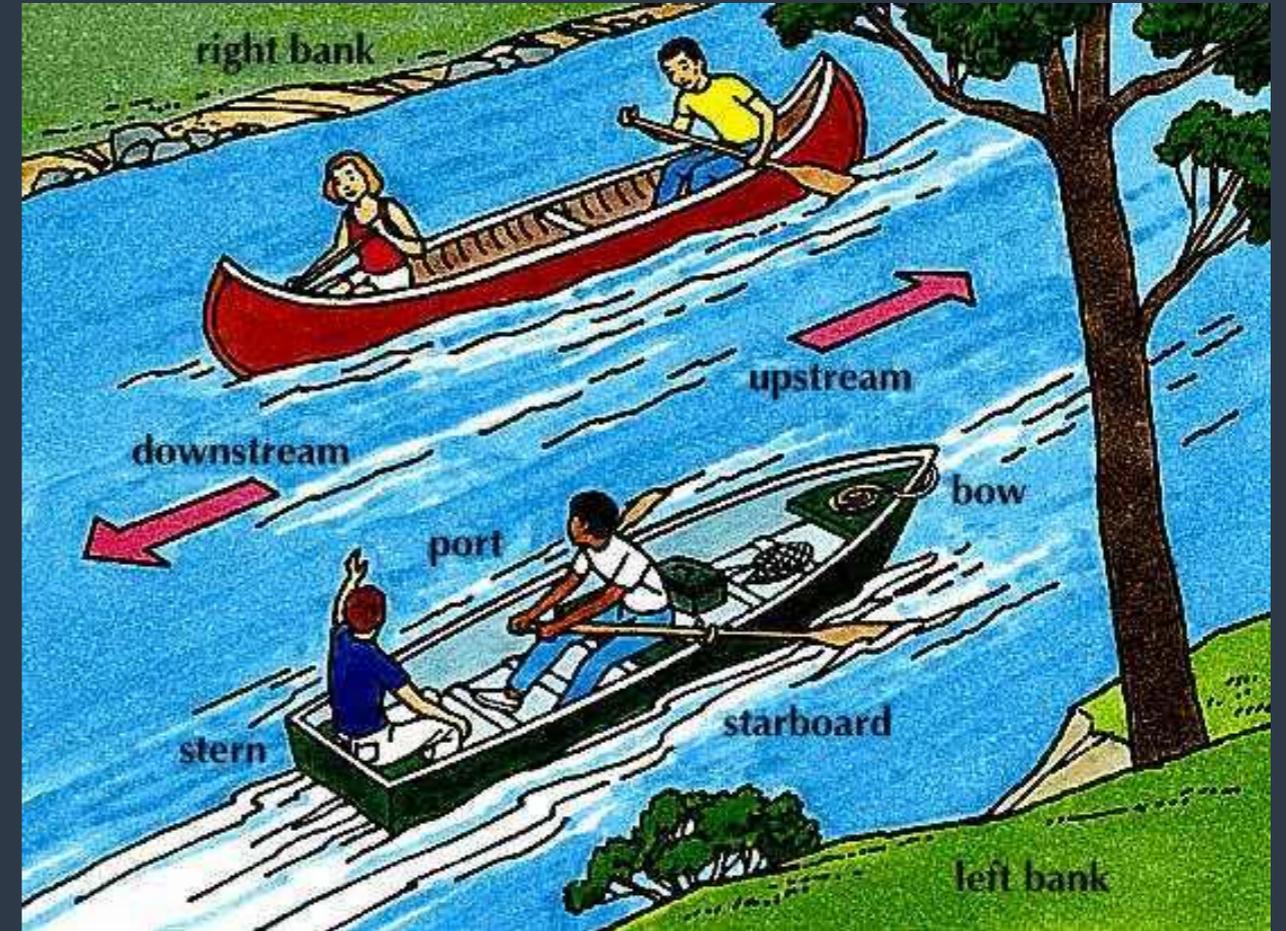
Dr Steven L. Lansman.

Central Message

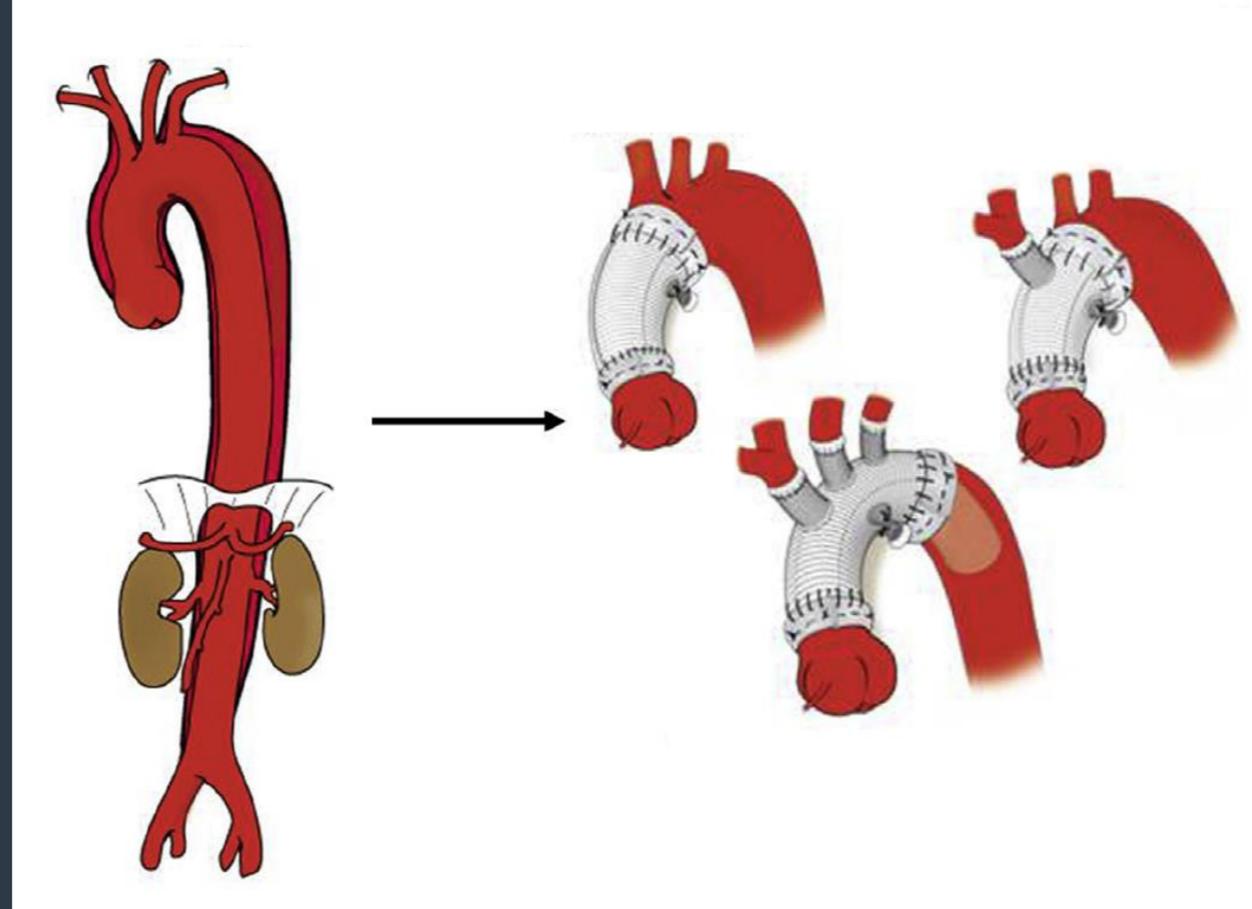
Distal aortic reoperation after a hemiarch repair for type A dissection is a low frequency, primarily elective, low-risk event. Only patients at high risk for late events need extended index repairs.

Perspective Statement

Current discussion regarding the management of acute type A aortic dissection is focused on whether to perform a standard hemiarch resection or an extended repair, in hopes of improving long-term outcomes by avoiding late, distal aortic sequelae. Critical to this discussion is an estimation of the short-term risks of an extended procedure and the magnitude of the late “downstream problem.”

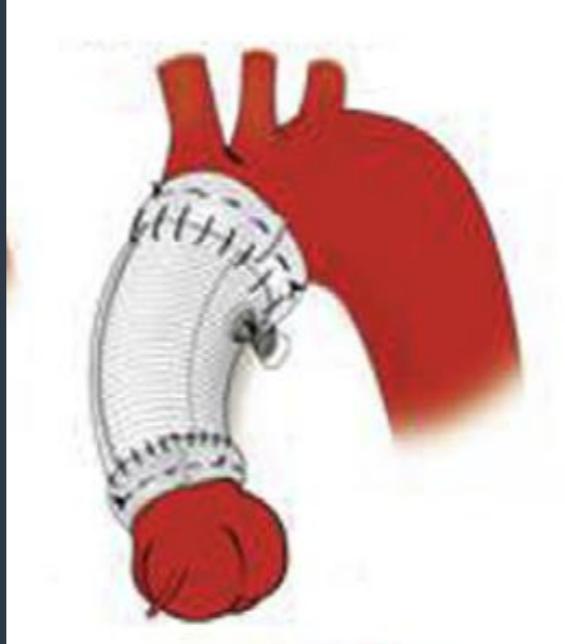


Surgical Extents



Omura et al. J Thorac Cardiovasc Surg 2016

Hemiarch Replacement



Life salvaging aim

Shorter procedural times

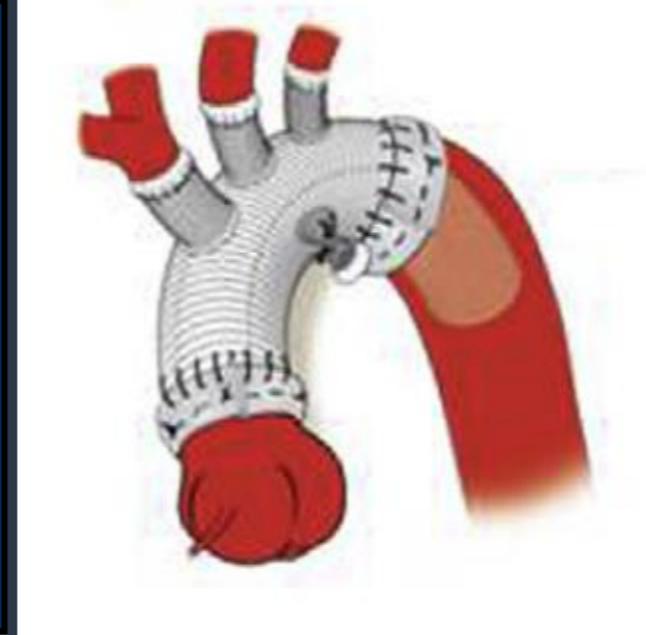
Maybe safer, generalizable

Deferred distal repair: maybe safe

Total-arch Replacements

Protective against arch-vessel
malperfusion

Late distal events: maybe lower



Systematic Review

Hemiarch versus total aortic arch replacement in acute type A dissection: a systematic review and meta-analysis

Shi Sum Poon, Thomas Theologou, Deborah Harrington, Manoj Kuduvalli, Aung Oo, Mark Field

Thoracic Aortic Aneurysm Service, Department of Cardiac Surgery, Liverpool Heart and Chest Hospital, Liverpool, UK

Correspondence to: Mark Field. Thoracic Aortic Aneurysm Service, Department of Cardiac Surgery, Liverpool Heart and Chest Hospital, Thomas Drive, Liverpool, L14 3PE, UK. Email: mark.field@lhch.nhs.uk

Background: Despite recent advances in aortic surgery, acute type A aortic dissection remains a surgical emergency associated with high mortality and morbidity. Appropriate management is crucial to achieve satisfactory outcomes but the optimal surgical approach is controversial. The present systematic review and meta-analysis sought to access cumulative data from comparative studies between hemiarch and total aortic arch replacement in patients with acute type A aortic dissection.

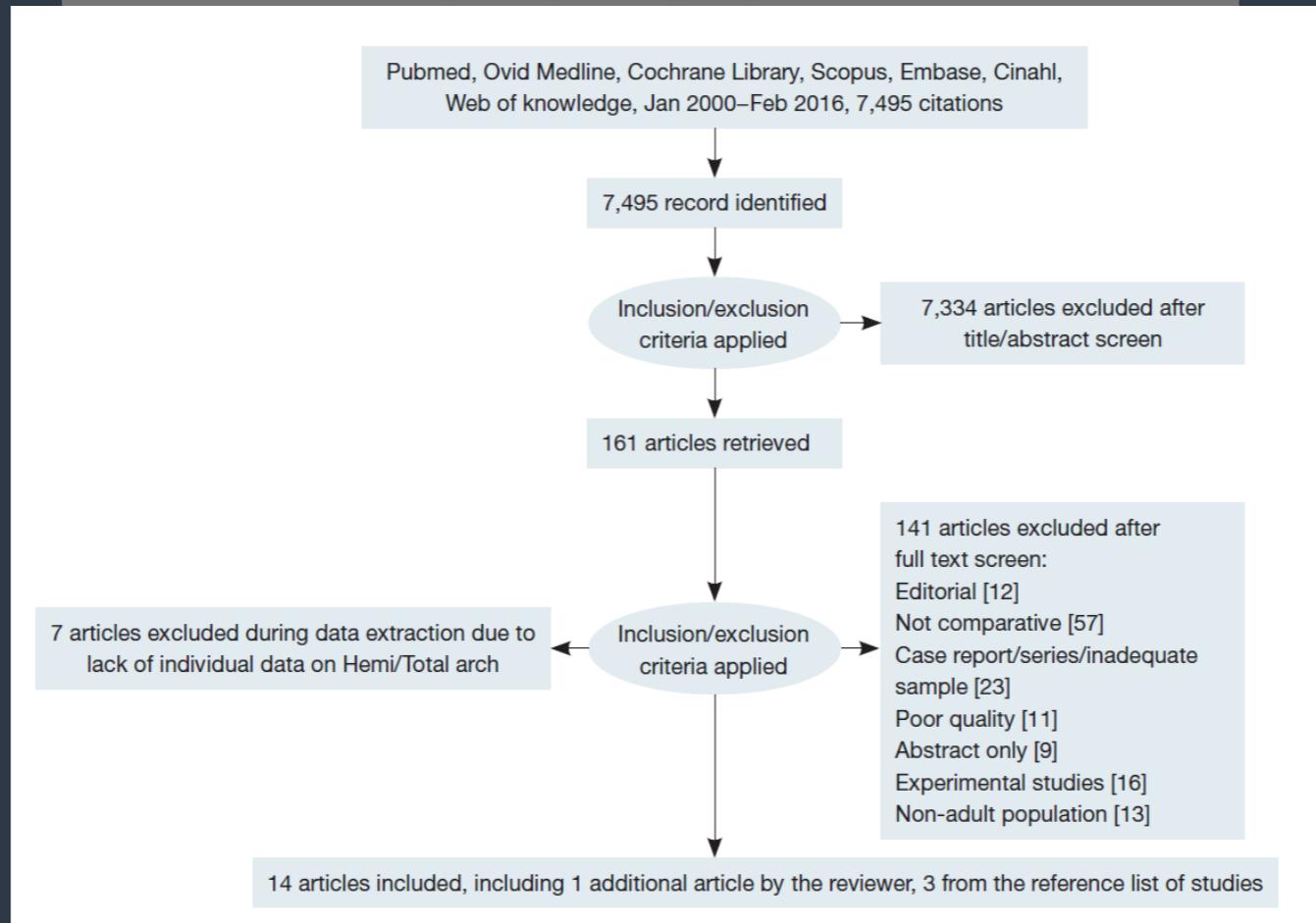
Methods: A systematic review of the literature using six databases. Eligible studies include comparative studies on hemiarch versus total arch replacement reporting short, medium and long term outcomes. A meta-analysis was performed on eligible studies reporting outcome of interest to quantify the effects of hemiarch replacement on mortality and morbidity risk compared to total arch replacement.

Result: Fourteen retrospective studies met the inclusion criteria and 2,221 patients were included in the final analysis. Pooled analysis showed that hemiarch replacement was associated with a lower risk of post-operative renal dialysis [risk ratio (RR) =0.72; 95% confidence interval (CI): 0.56–0.94; P=0.02; I²=0%]. There was no significant difference in terms of in-hospital mortality between the two groups (RR =0.84; 95% CI: 0.65–1.09; P=0.20; I²=0%). Cardiopulmonary bypass, aortic cross clamp and circulatory arrest times were significantly longer in total arch replacement. During follow up, no significant difference was reported from current studies between the two operative approaches in terms of aortic re-intervention and freedom from aortic reoperation.

Conclusions: Within the context of publication bias by high volume aortic centres and non-randomized data sets, there was no difference in mortality outcomes between the two groups. This analysis serves to demonstrate that for those centers doing sufficient total aortic arch activity to allow for publication, excellent and equivalent outcomes are achievable. Conclusions on differences in longer term outcome data are required. We do not, however, advocate total arch as a primary approach by all centers and surgeons irrespective of patient characteristics, but rather, a tailored approach based on surgeon and center experience and patient presentation.

Keywords: Hemiarch replacement; total arch replacement; acute type A dissection; meta-analysis

Hemiarch versus total aortic arch replacement in acute type A



and patient presentation.

Keywords: Hemiarch replacement; total arch replacement; acute type A dissection; meta-analysis

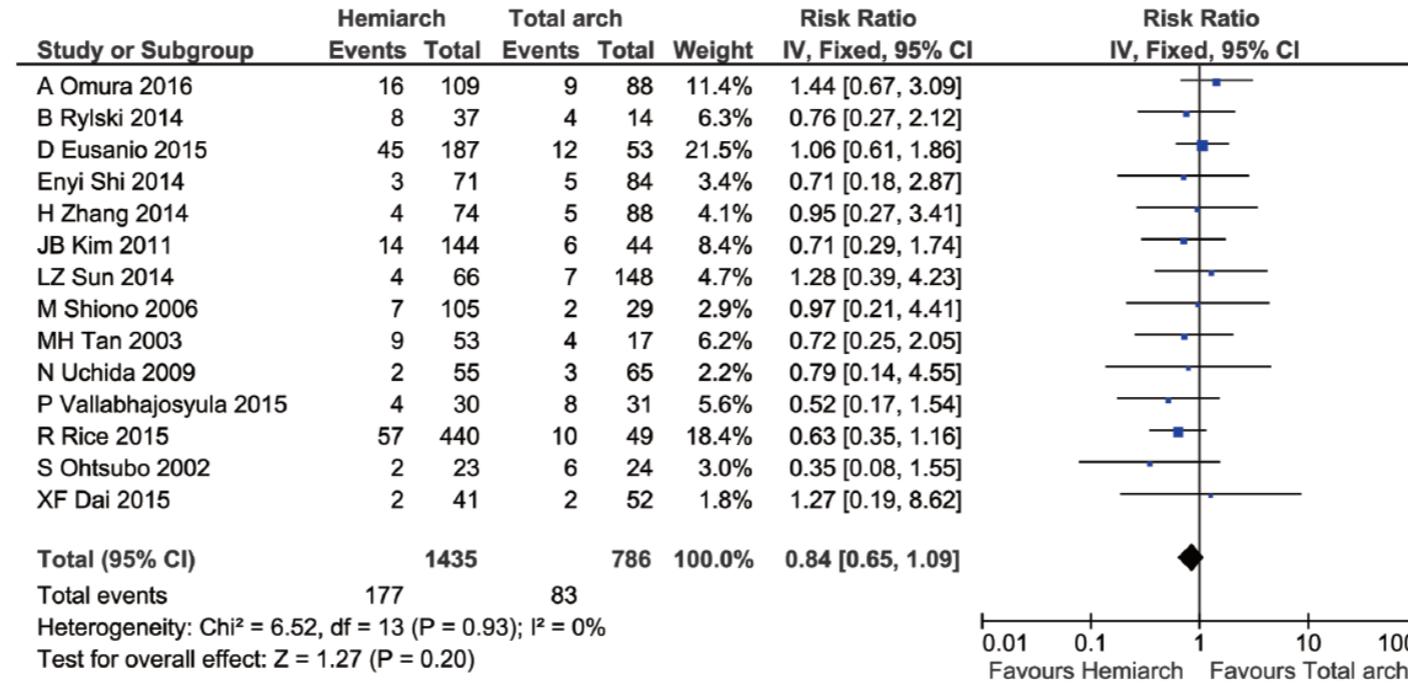


Figure 2 In-hospital mortality. RR =0.84 (95% CI: 0.65–1.09), P=0.20, I²=0%. RR, risk ratio; CI, confidence interval.

excellent and equivalent outcomes are achievable. Conclusions on differences in longer term outcome data are required. We do not, however, advocate total arch as a primary approach by all centers and surgeons irrespective of patient characteristics, but rather, a tailored approach based on surgeon and center experience and patient presentation.

Keywords: Hemiarch replacement; total arch replacement; acute type A dissection; meta-analysis

Hemiarch versus total aortic arch replacement in dissection: a systematic review and meta-analysis

Neurology

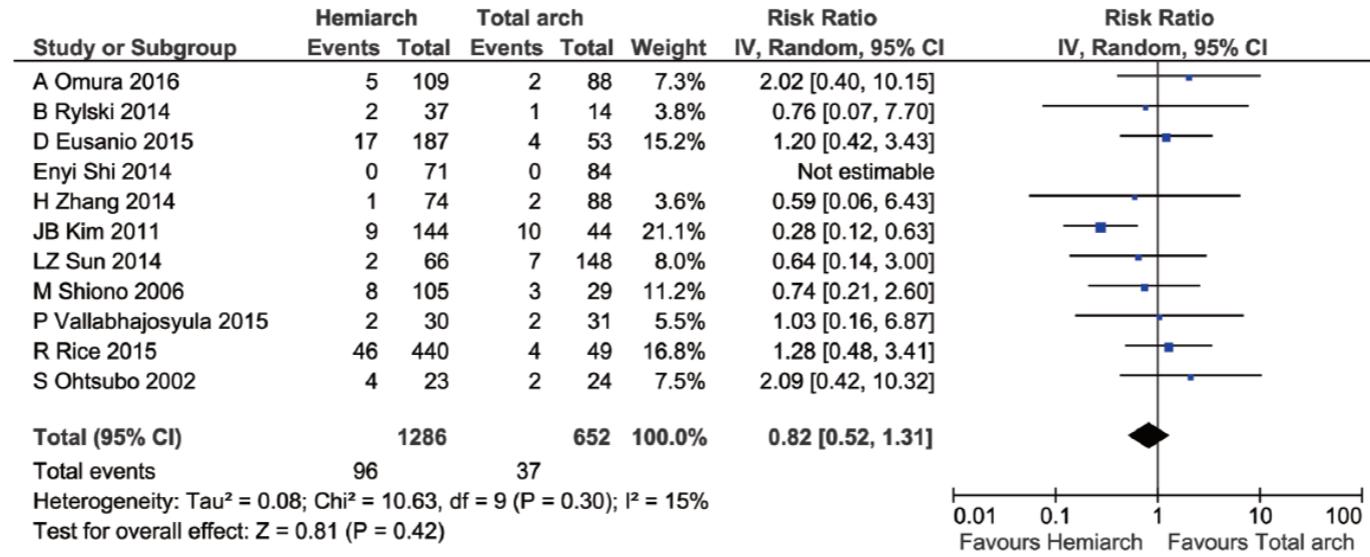


Figure 5 Permanent neurological dysfunction. RR = 0.82 (95% CI: 0.52–1.31), P=0.42, I²=15%. RR, risk ratio; CI, confidence interval.

Conclusions: Within the context of publication bias by high volume aortic centres and non-randomized data sets, there was no difference in mortality outcomes between the two groups. This analysis serves to demonstrate that for those centers doing sufficient total aortic arch activity to allow for publication, excellent and equivalent outcomes are achievable. Conclusions on differences in longer term outcome data are required. We do not, however, advocate total arch as a primary approach by all centers and surgeons irrespective of patient characteristics, but rather, a tailored approach based on surgeon and center experience and patient presentation.

Keywords: Hemiarch replacement; total arch replacement; acute type A dissection; meta-analysis

Hemiarch versus total aortic arch replacement in
dissection: a systematic review and meta-analysis

Dialysis

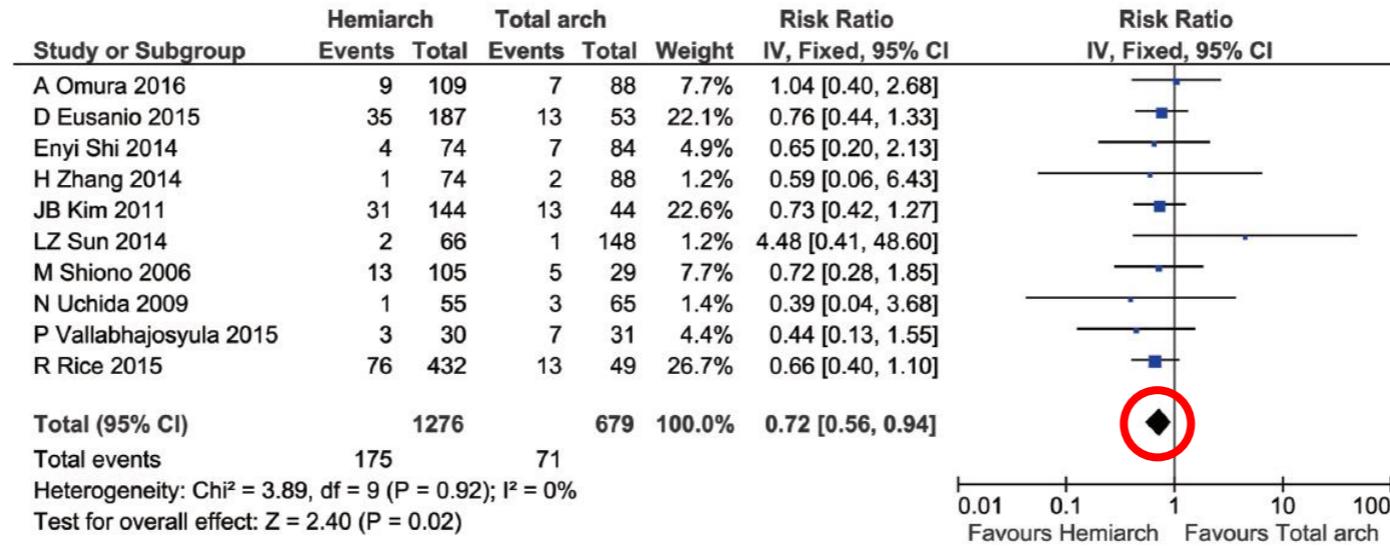


Figure 6 Renal dialysis. RR =0.72 (95% CI: 0.56–0.94), P=0.02, I²=0%. RR, risk ratio; CI, confidence interval.

Conclusions: Within the context of publication bias by high volume aortic centres and non-randomized data sets, there was no difference in mortality outcomes between the two groups. This analysis serves to demonstrate that for those centers doing sufficient total aortic arch activity to allow for publication, excellent and equivalent outcomes are achievable. Conclusions on differences in longer term outcome data are required. We do not, however, advocate total arch as a primary approach by all centers and surgeons irrespective of patient characteristics, but rather, a tailored approach based on surgeon and center experience and patient presentation.

Keywords: Hemiarch replacement; total arch replacement; acute type A dissection; meta-analysis

Hemiarch versus total aortic arch replacement
dissection: a systematic review and meta-analysis

Distal reoperation

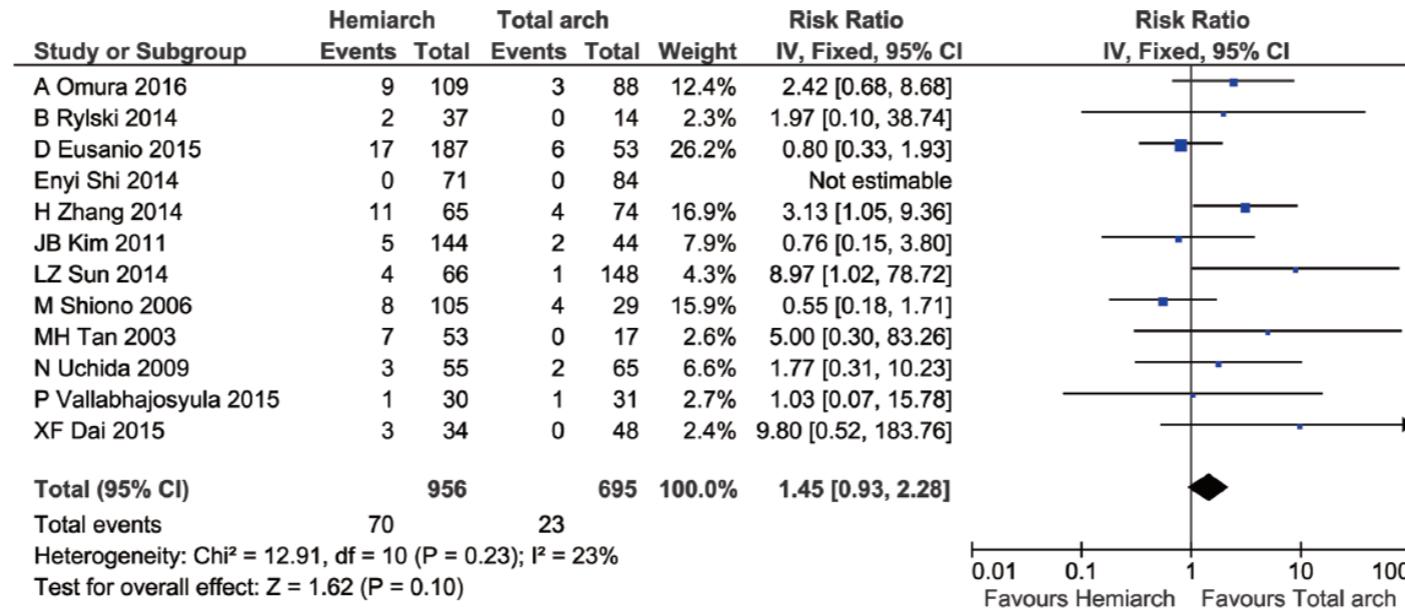
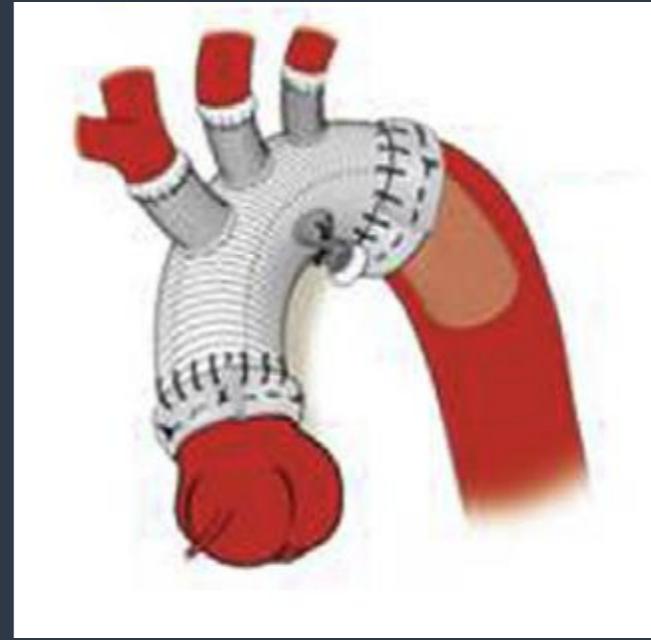
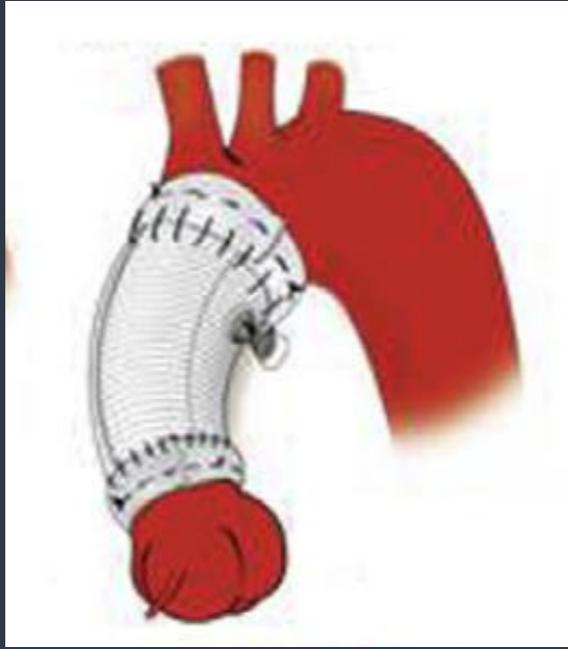


Figure 7 Aortic re-operation. RR =1.45 (95% CI: 0.93–2.28), P=0.10, I²=23%. RR, risk ratio; CI, confidence interval.

... data sets, there was no difference in mortality outcomes between the two groups. This analysis serves to demonstrate that for those centers doing sufficient total aortic arch activity to allow for publication, excellent and equivalent outcomes are achievable. Conclusions on differences in longer term outcome data are required. We do not, however, advocate total arch as a primary approach by all centers and surgeons irrespective of patient characteristics, but rather, a tailored approach based on surgeon and center experience and patient presentation.

Keywords: Hemiarch replacement; total arch replacement; acute type A dissection; meta-analysis





Regional and Temporal Trends in the Outcomes of Repairs for Acute Type A Aortic Dissections



Meghana R. K. Helder, MD, Hartzell V. Schaff, MD, Courtney N. Day, MS, Alberto Pochettino, MD, Gabor Bagameri, MD, Kevin L. Greason, MD, Steven L. Lansman, MD, Leonard N. Girardi, MD, Curtis B. Storlie, PhD, and Elizabeth B. Habermann, PhD

Department of Cardiovascular Surgery, Mayo Clinic, Rochester, Minnesota; Department of Health Sciences Research, Mayo Clinic, Rochester, Minnesota; Robert D. and Patricia E. Kern Center for Science of Health Care Delivery, Mayo Clinic, Rochester, Minnesota; Department of Cardiothoracic Surgery, Westchester Medical Center, Valhalla, New York; and Department of Cardiothoracic Surgery, Weill Cornell Medical Center, New York, New York

Background. Little information exists regarding the use of arch operations for repair of acute type A aortic dissections (AADs) despite increasing interest in this strategy and its potential impact on outcomes. We aimed to determine the relationship between extent of aortic repair, US geographic regions, and outcome.

Methods. We queried The Society of Thoracic Surgeons database for patients who underwent AAD repair from January 1, 2004 to December 31, 2016 and grouped patients by ascending-only operations and operations involving the arch.

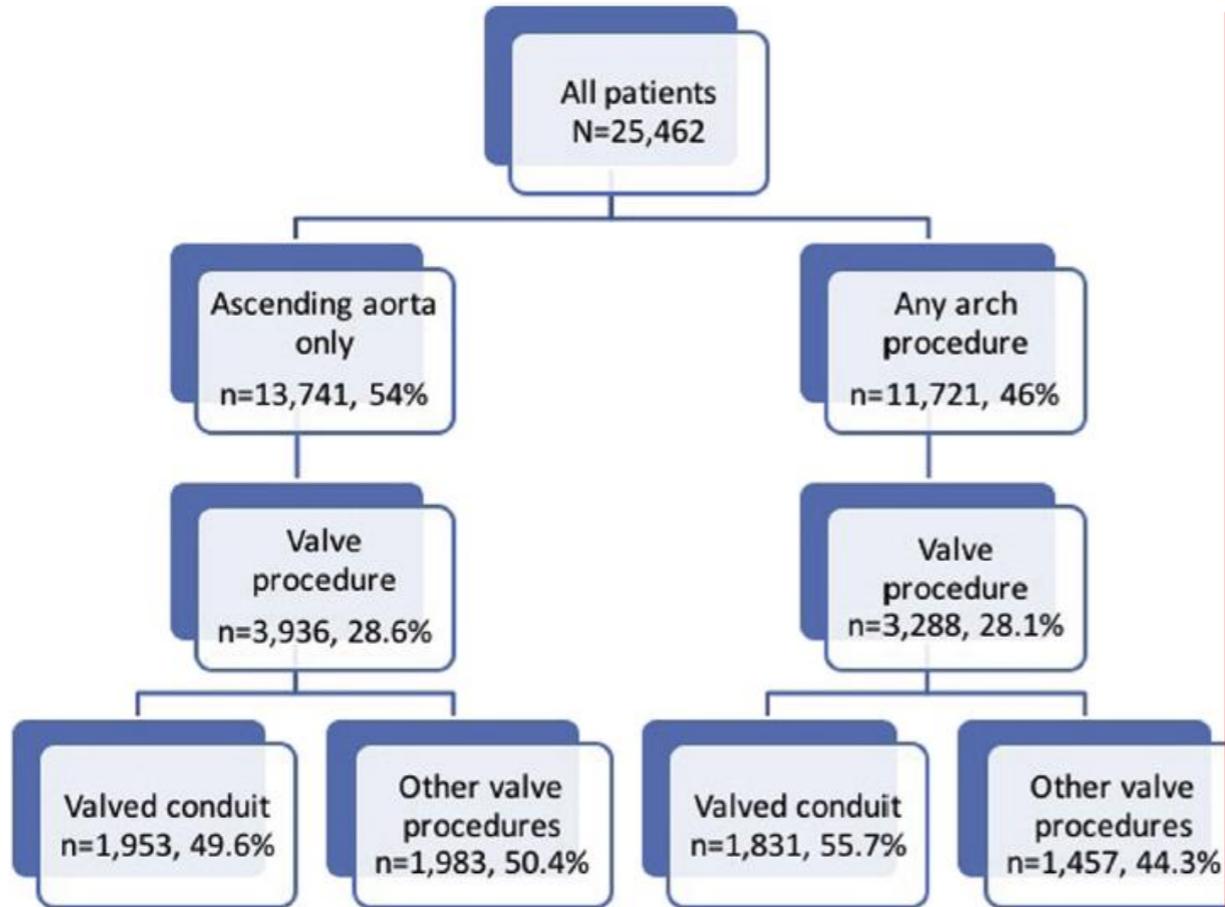
Results. We identified 25,462 patients (mean age, 59.8 ± 14.2; 66.7% men) who underwent AAD repair. Operations involving the ascending aorta only were performed in 54% of patients; 46% had repair additionally involving the arch. The 30-day mortality was 18.9% for patients who underwent ascending-only operations vs 19.8% for patients who underwent arch operations ($P = .09$). In

multivariable analysis older age ($P < .001$), earlier year of operation ($P < .001$), diabetes mellitus ($P < .001$), severe chronic lung disease ($P < .001$), prior cerebrovascular disease ($P < .001$), and longer bypass time ($P < .001$) were independently associated with 30-day mortality. There was regional variation in 30-day mortality ($P < .001$), and incidence of arch repair varied from 38.6% to 52.6% in 9 geographic regions ($P < .001$).

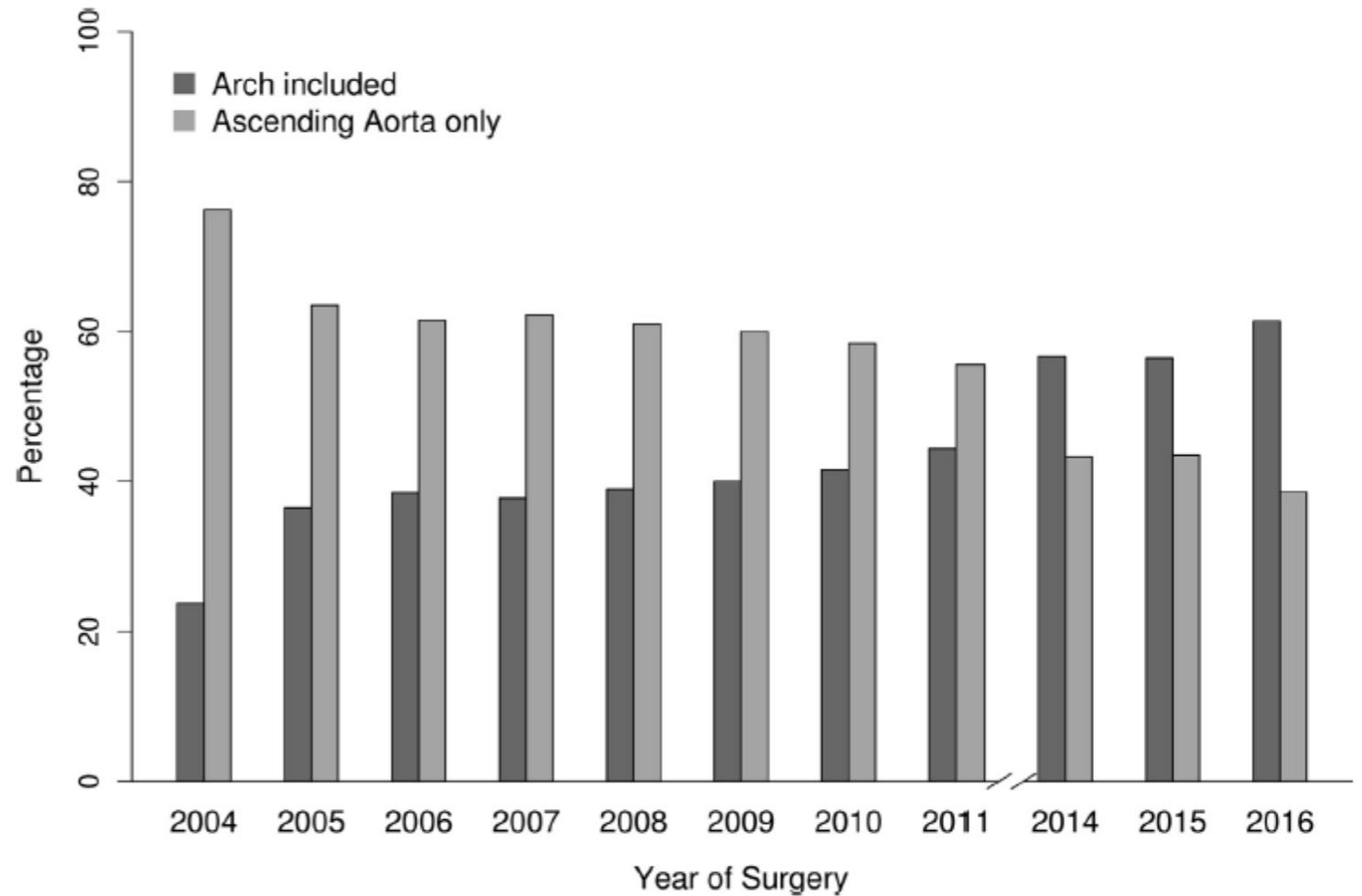
Conclusions. In this analysis of cardiac surgical practice in the United States, repair of AADs included a portion of the aortic arch in 46% of patients. Early mortality remained high throughout the current era regardless of extent of aortic resection. Regional variation in perioperative mortality may signal an opportunity for practice improvement.

(Ann Thorac Surg 2020;109:26-35)

© 2020 by The Society of Thoracic Surgeons



involving the ascending aorta only were 54% of patients; 46% had repair addition the arch. The 30-day mortality was 18.9% for patients who underwent ascending-only operations vs 21.1% for patients who underwent arch operations



The Fall of Inca







Chronic Type A Aortic Dissection

No Guideline for Chronic Dissection??

2010 ACCF/AHA/AATS/ACCA/SCA/SCAI/SIR/STS/SVM Guidelines for the Diagnosis and Management of Patients with Thoracic Aortic Disease

Circulation. 2010;121:e266-e369.

Class I

1. Asymptomatic patients with degenerative thoracic aneurysm, chronic aortic dissection, intramural hematoma, penetrating atherosclerotic ulcer, mycotic aneurysm, or pseudoaneurysm, who are otherwise suitable candidates and for whom the ascending aorta or aortic sinus diameter is 5.5 cm or greater, should be evaluated for surgical repair.³⁷¹ (Level of Evidence: C)
2. Patients with Marfan syndrome or other genetically mediated disorders (vascular Ehlers-Danlos syndrome, Turner syndrome, bicuspid aortic valve, or familial thoracic aortic aneurysm and dissection) should undergo elective operation at smaller diameters (4.0 to 5.0 cm depending on the condition; see Section 5) to avoid acute dissection or rupture.^{81,114,143,371,436–439} (Level of Evidence: C)
3. Patients with a growth rate of more than 0.5 cm/y in an aorta that is less than 5.5 cm in diameter should be considered for operation. (Level of Evidence: C)
4. Patients undergoing aortic valve repair or replacement and who have an ascending aorta or aortic root of greater than 4.5 cm should be considered for concomitant repair of the aortic root or replacement of the ascending aorta. (Level of Evidence: C)

OF CONTENTS	
.....	e270
and Evidence Review	e270
of the Writing Committee	e271
Review and Approval	e271
Guideline	e272
Issues	e274
Terms and Abbreviations	e274
Out Guideline	e274
A	e275
Aorta	e275
Thoracic Aortic Diameter	e275
Histopathology	e276
is	e276
and Dissections	e276
Inflammatory Diseases	e277
s	e278
ications for Aortic Imaging	e278
to Determine the Presence and	e278
of Thoracic Aortic Disease	e278
	e279
mographic Imaging	e279
ated Tomographic Imaging	e281
que	e281
tic Resonance Imaging	e282
que	e282
Blood Imaging	e282
ontrast White Blood Imaging	e282
st-Enhanced Magnetic	e282
ance Angiography	e282
ontrast Imaging	e282
Reporting of the Thoracic	e282
puted Tomography and	e282
onance Imaging	e283
aphy	e284
rdiographic Criteria for	e284
ic Aortic Aneurysms	e284
rdiographic Criteria for	e284
Dissection	e284
Diagnostic Accuracy of	e285
Echocardiography for	e285
Aortic Dissection	e285
Diagnostic Accuracy of	e285
Echocardiography for Acute	e285
Intramural Hematoma	e285
Role of Echocardiography in	e285
Following Patients With Chronic	e285
Aortic Disease	e286
s Associated With Thoracic	e286
and Dissections	e286
ications for Genetic Syndromes	e286
s Syndrome	e287
Dietz Syndrome	e288
Danlos Syndrome	e288
ar Form or Type IV	e288
5.1.4. Turner Syndrome	e288
5.1.5. Other Genetic Syndromes With	e288
Increased Risk for Thoracic Aortic	e288
Aneurysms and Dissections	e289
5.1.6. Recommendations for Familial	e289
Thoracic Aortic Aneurysms	e289
and Dissections	e289
5.2. Summary	e290
6. Other Cardiovascular Conditions Associated With	e291
Thoracic Aortic Aneurysm and Dissection	e291
6.1. Recommendations for Bicuspid Aortic Valve	e291
and Associated Congenital Variants in Adults	e291
6.2. Aberrant Right Subclavian Artery	e292
6.3. Coarctation of the Aorta	e292
6.4. Right Aortic Arch	e292
7. Inflammatory Diseases Associated With	e292
Thoracic Aortic Disease	e292
7.1. Recommendations for Takayasu Arteritis	e292
and Giant Cell Arteritis	e292
7.2. Takayasu Arteritis	e293
7.3. Giant Cell Arteritis	e295
7.4. Behçet Disease	e296
7.5. Ankylosing Spondylitis	e296
(Spondyloarthropathies)	e296
7.6. Infective Thoracic Aortic Aneurysms	e296
8. Acute Aortic Syndromes	e297
8.1. Aortic Dissection	e297
8.1.1. Aortic Dissection Definition	e297
8.1.2. Anatomic Classification of	e297
Aortic Dissection	e297
8.1.3. Risk Factors for Aortic Dissection	e299
8.1.4. Clinical Presentation of Acute	e300
Thoracic Aortic Dissection	e300
8.1.4.1. Symptoms of Acute	e300
Thoracic Aortic	e300
Dissection	e300
8.1.4.2. Perfusion Deficits and	e301
End-Organ Ischemia	e301
8.1.5. Cardiac Complications	e303
8.1.5.1. Acute Aortic	e303
Regurgitation	e303
8.1.5.2. Myocardial Ischemia or	e303
Infarction	e303
8.1.5.3. Heart Failure and Shock	e303
8.1.5.4. Pericardial Effusion and	e303
Tamponade	e303
8.1.6. Syncope	e303
8.1.7. Neurologic Complications	e304
8.1.8. Pulmonary Complications	e304
8.1.9. Gastrointestinal Complications	e304
8.1.10. Blood Pressure and Heart Rate	e304
Considerations	e304
8.1.11. Age and Sex Considerations	e304
8.2. Intramural Hematoma	e304
8.3. Penetrating Atherosclerotic Ulcer	e306
8.4. Pseudoaneurysms of the Thoracic Aorta	e306
8.5. Traumatic Rupture of the Thoracic Aorta	e306
8.6. Evaluation and Management of Acute	e307
Thoracic Aortic Disease	e307

The fate of unrepaired chronic type A aortic dissection



Wan Kee Kim, MD, Sung Jun Park, MD, Ho Jin Kim, MD, Hee Jung Kim, MD, Suk Jung Choo, MD, PhD, and Joon Bum Kim, MD, PhD

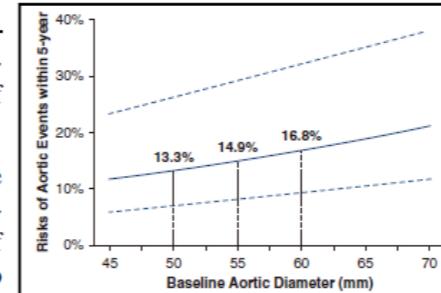
ABSTRACT

Objectives: The current guidelines do not consider chronic type A aortic dissection as one of the triggers for prophylactic aortic repair, and an aortic diameter of 55 mm is considered the threshold for surgery.

Methods: From the institutional database, we retrieved 82 patients who were diagnosed as having chronic type A aortic dissection but did not undergo immediate surgical repair from 1997 to 2016. The primary outcome was a composite of adverse aortic events defined as aortic rupture and sudden death. Conversion to elective surgery during follow-up was regarded as competing risk for adverse events.

Results: The median value of the maximal aortic diameter at baseline was 55.2 mm. During a median follow-up of 77.1 months, 19 adverse events occurred while 9 patients received elective aortic repair. On multivariable competing risk analyses, baseline aortic diameter and age emerged as significant and independent factors associated with aortic events. The estimated rates of aortic event within 5 years were 12.0%, 19.4%, and 29.7% for aortic diameters of 50, 60, and 70 mm, respectively, with escalating risk rates as age increased for the given aortic diameters.

Conclusions: In unrepaired chronic type A aortic dissection, aortic events were not infrequent even for patients with an aortic diameter of less than 55 mm. This finding indicates that there may be a need to lower the surgical threshold for chronic type A aortic dissection. (*J Thorac Cardiovasc Surg* 2019;158:996-1004)



Predicted aortic event rates within 5 years depending on the baseline aortic diameter.

Central Message

The risk of rupture is substantial even in a moderately sized ascending aorta (50 mm) with chronic dissection. The surgical threshold for chronic ascending AD needs to be reevaluated.

Perspective

The risk for aortic rupture or sudden death in chronic type A AD is significantly associated with advancing age and baseline aortic diameter. This risk is substantial even with a moderately dilated ascending aorta (50 mm). Further evaluations in larger studies and discussions on the optimal surgical threshold are necessary.

See Commentary on page 1005.



Subject Patients



JAN 1997 to DEC 2016

Type A Aortic Dissection, n=765

Exclusion:
Acute aortic dissection
Inflammatory aortopathy
Traumatic aortic dissection

Chronic Type A AD, n=142

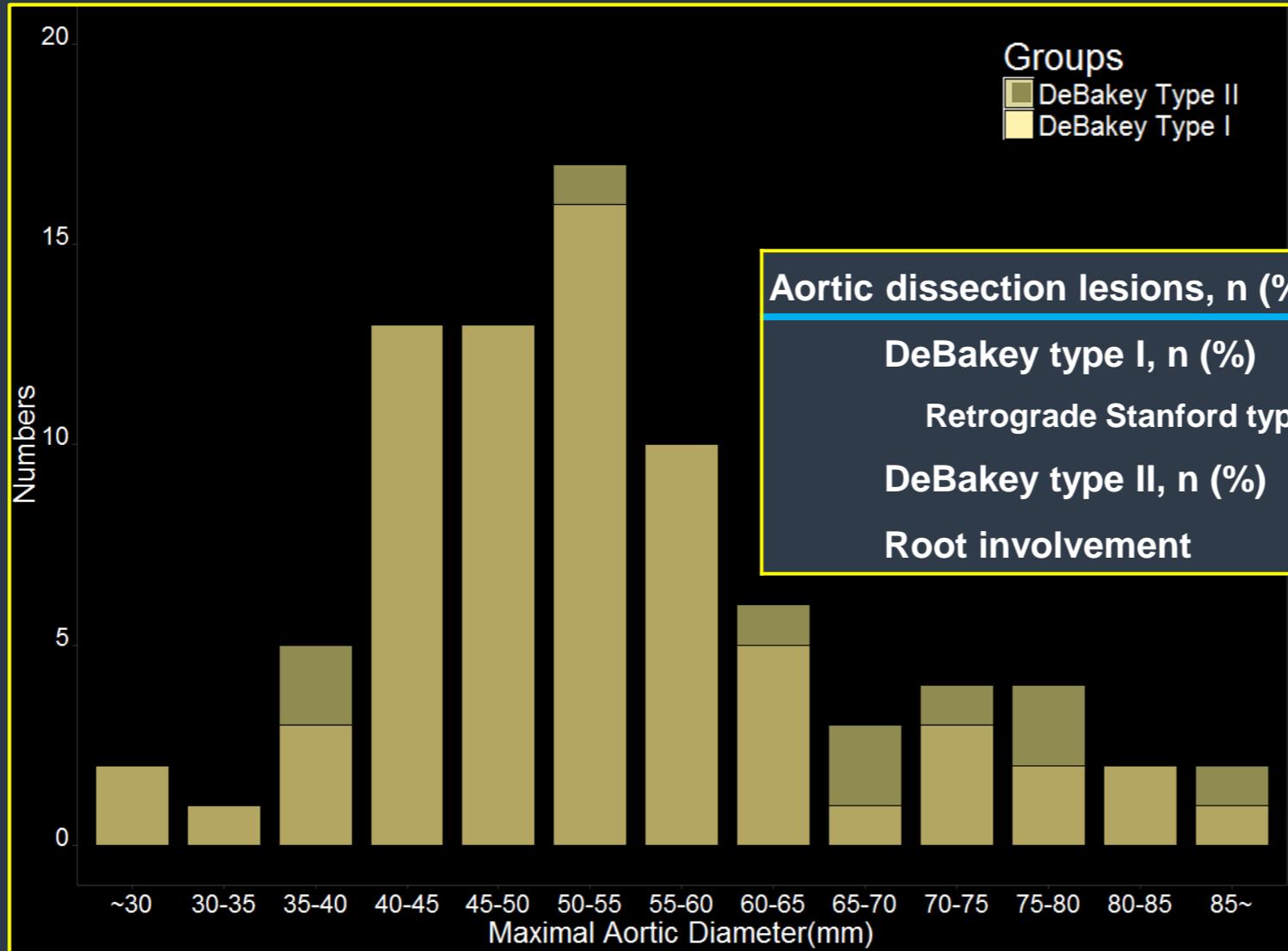
No Immediate Surgical Repair, n=82

***As intention to treat method**

Baseline Characteristics

Characteristics	n=82
Age, year	62.1 ± 13.3
Female gender, n (%)	47 (57.3)
BMI	23.7 ± 3.2
BSA	1.6 ± 0.2
Diabetes mellitus, n (%)	7 (8.5)
Hypertension, n (%)	51 (62.2)

Profiles of the Ascending Aorta



Aortic dissection lesions, n (%)		n=82
DeBakey type I, n (%)	72 (87.7)	
Retrograde Stanford type A, n (%)	23 (28)	
DeBakey type II, n (%)	10 (12.2)	
Root involvement	17 (20.7)	

TABLE 2. Adverse aortic events in patients with unrepaired chronic type A aortic dissection

Total n = 82	N (%/PY)
Aortic events	19 (3.48)
Aortic rupture documented on CT	7 (1.28)
Death	4 (0.73)
Exigent operation	3 (0.55)
Sudden death	12 (2.20)
Competing events for aortic events	16 (3.38)
Planned elective aortic repair	6 (1.13)
Unknown deaths	10 (1.88)
Aorta-unrelated death	13 (1.77)

PY, Person-year; *CT*, computed tomography.

The

Wan K
and Jo

ABSTR

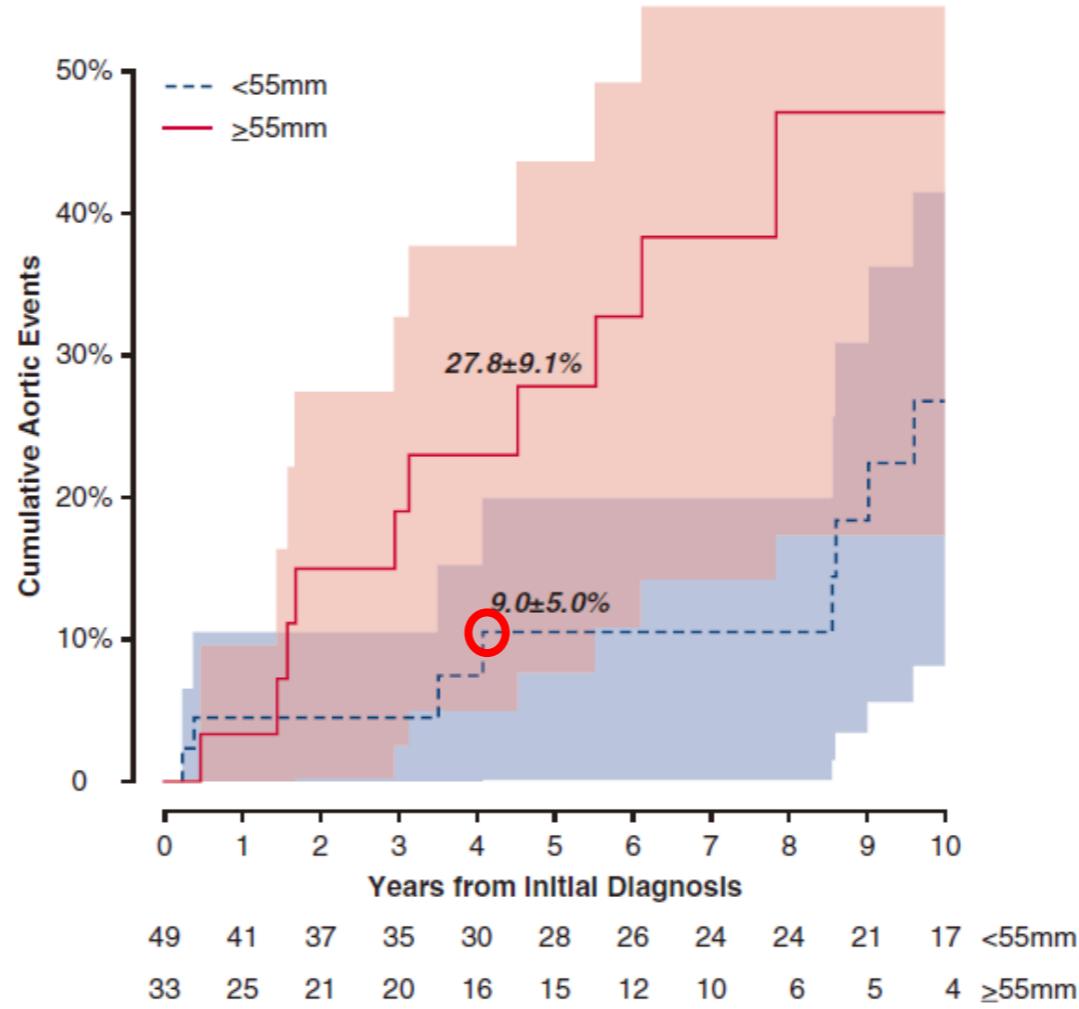
Objecti
tion as c
55 mm

Method
diagnos
diate sur
adverse
elective
events.

Results:
55.2 mm
while 9
analyses
factors
5 years
70 mm,
diameter

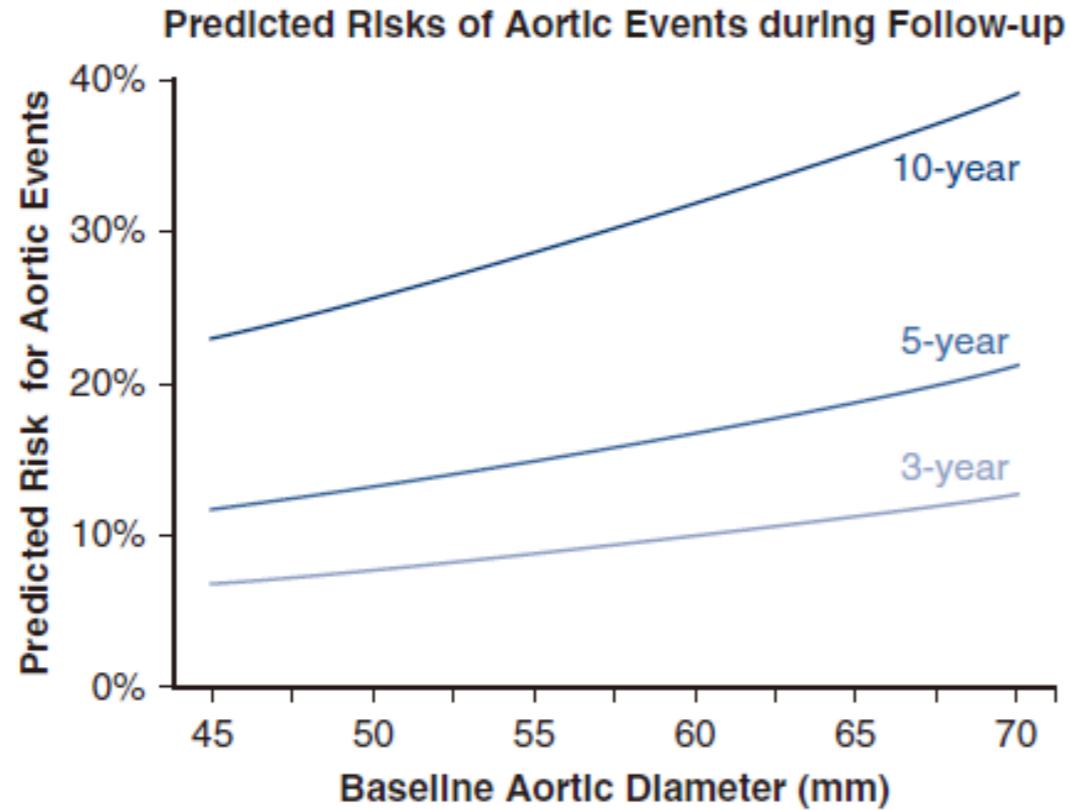
Conclus
infrequ
indicate
aortic di

Aortic Event Rates of Unrepaired Chronic Type A Aortic Dissection

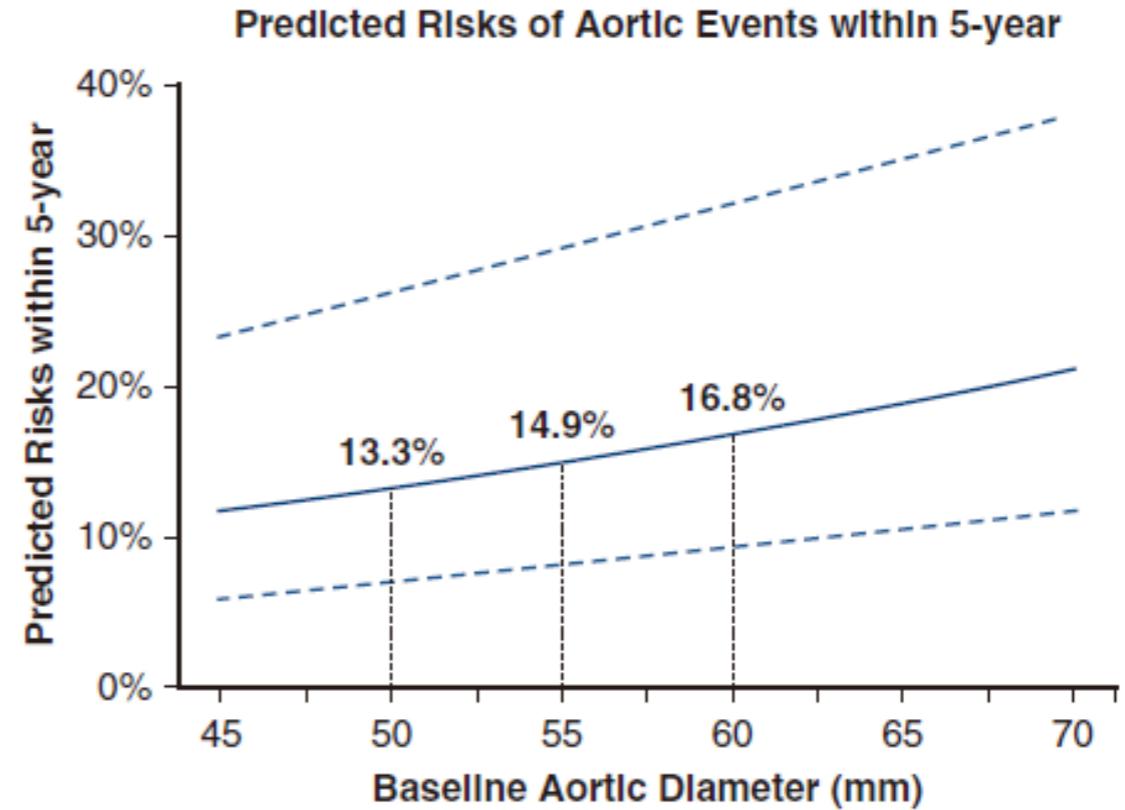


The fate of unrepaired chronic type A aortic dissection

Check for updates



A



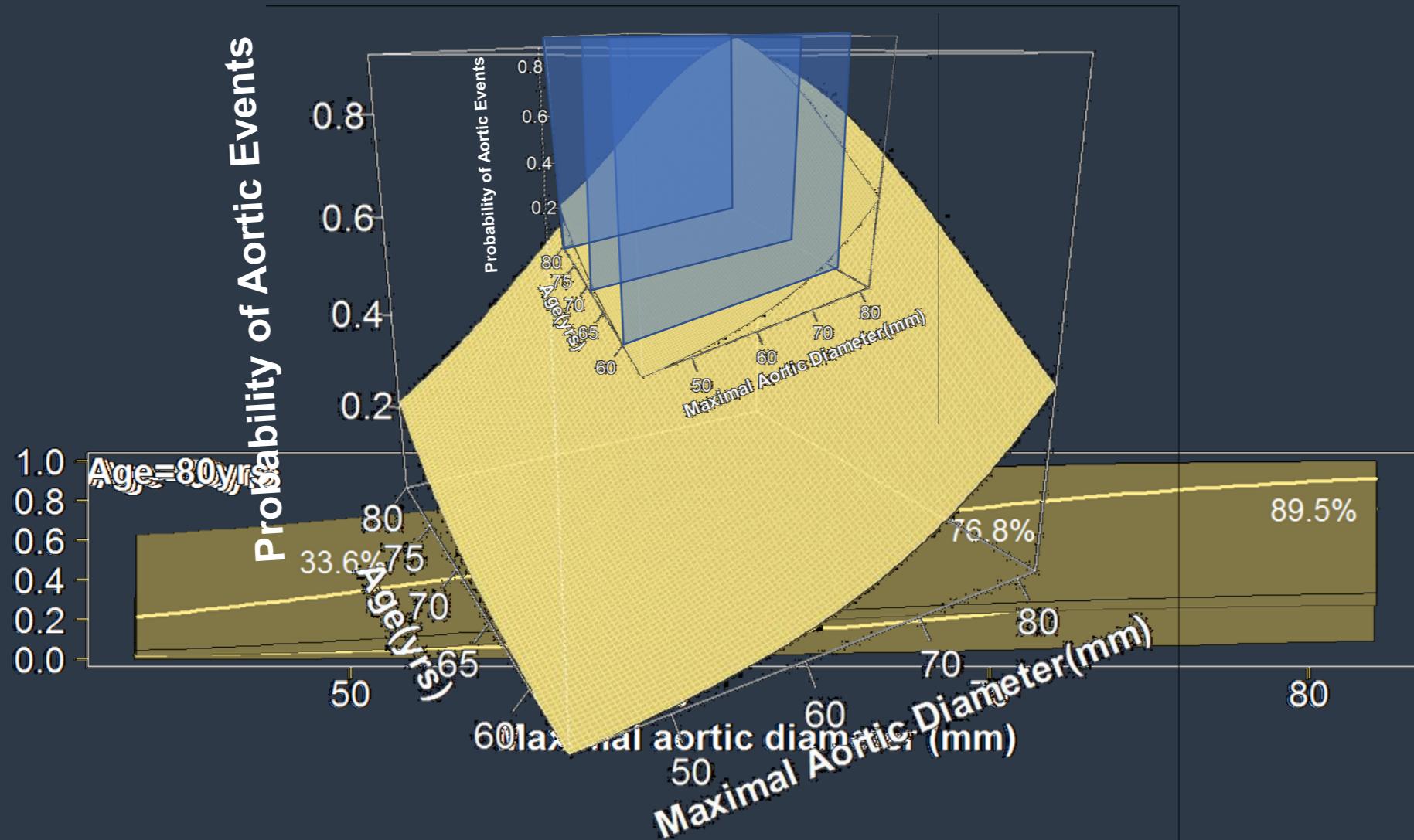
B

See Commentary on page 1005.

Risks for Adverse Events within 5 year

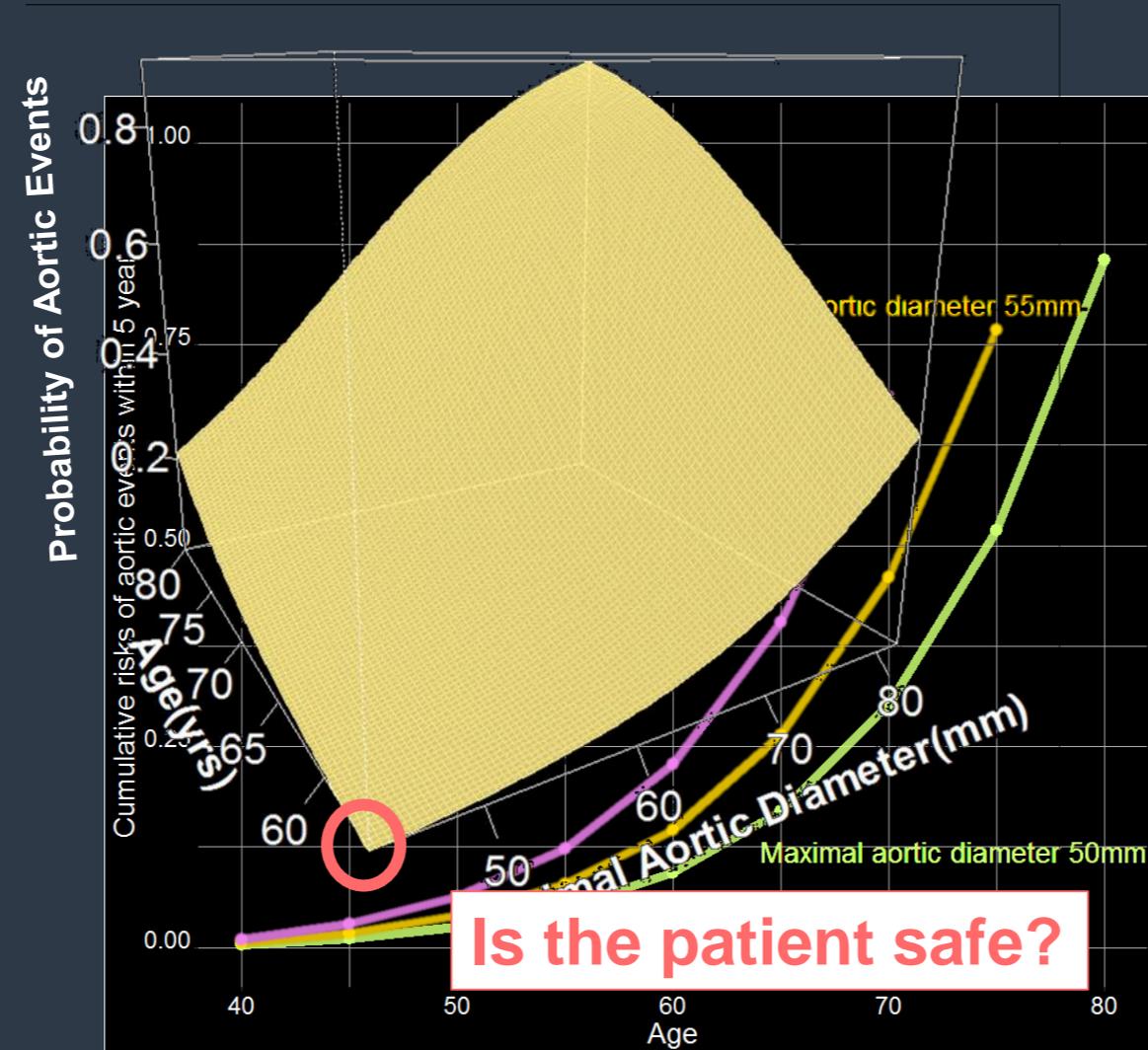
Risk for Events	Univariable			Multivariable		
	HR	95% CI	P val	HR	95% CI	P val
Age	1.04	1.01-1.08	0.03	1.04	1.00-1.10	0.04
DM	2.86	0.64-12.8	0.17			
Prev. operation	5.59	3.02-10.3	<0.01			
Max. aortic size	1.03	1.01 -1.05	0.003	1.03	1.01-1.06	0.01

Probability of Aortic Events according to the Risks



Cumulative Risks for Adverse Events

- Cumulative risk of events in a non-surgically treated 40 year old patient



Surgical Outcomes

Chronic Type A AD, n=142



No Surgery, n=82

Surgery, n=60

- Estimated aortic event rates within 5 yrs
 - Aortic diameter at 50mm: 15.7%
 - Aortic diameter at 60mm: 28.3%
 - Aortic diameter at 70mm: 45.5%

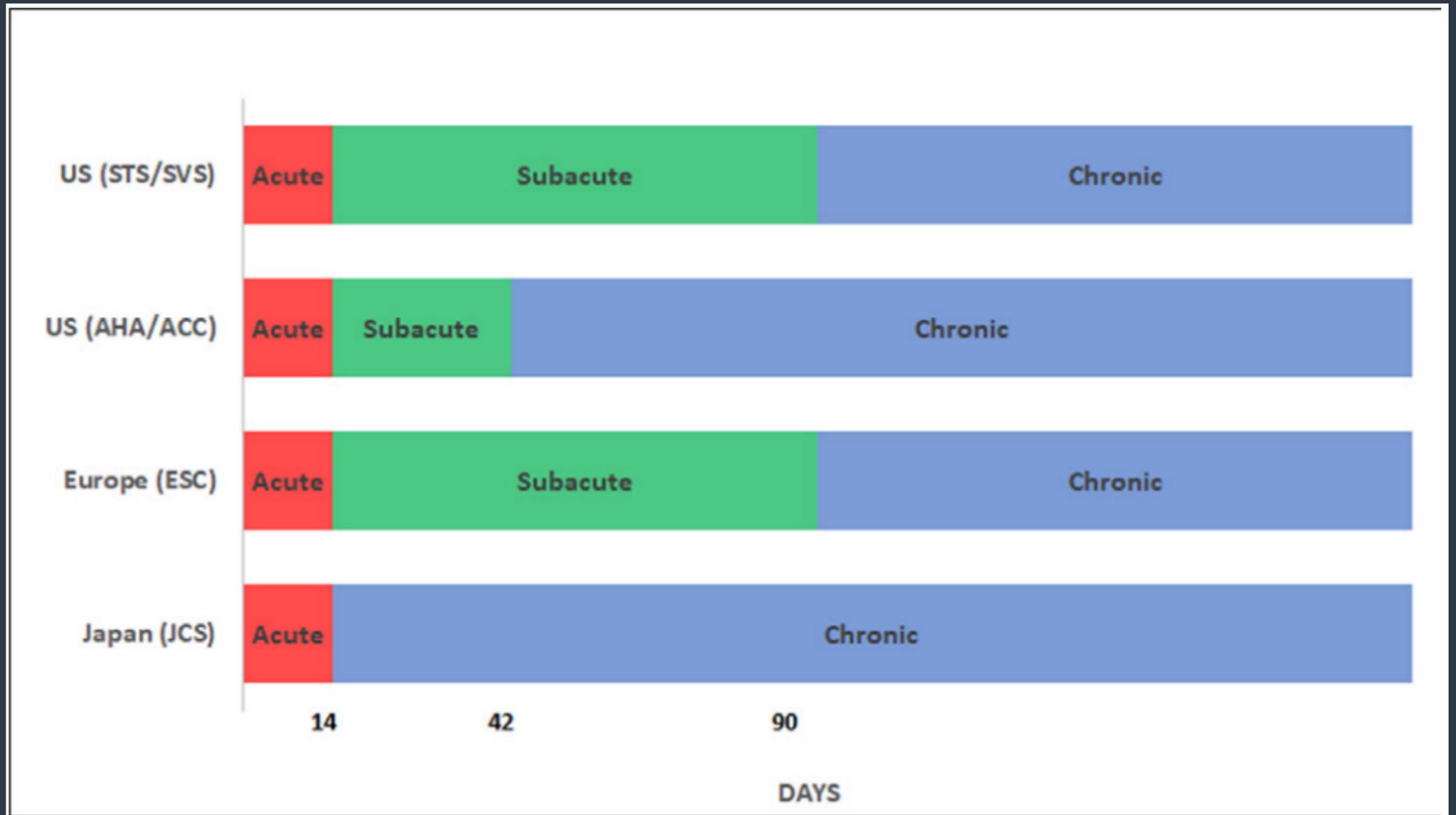
- Adverse events after surgery: 6.6%
 - Surgical mortality: 3.3% (n=2)
 - Permanent neurologic injury: 3.3% (n=2)



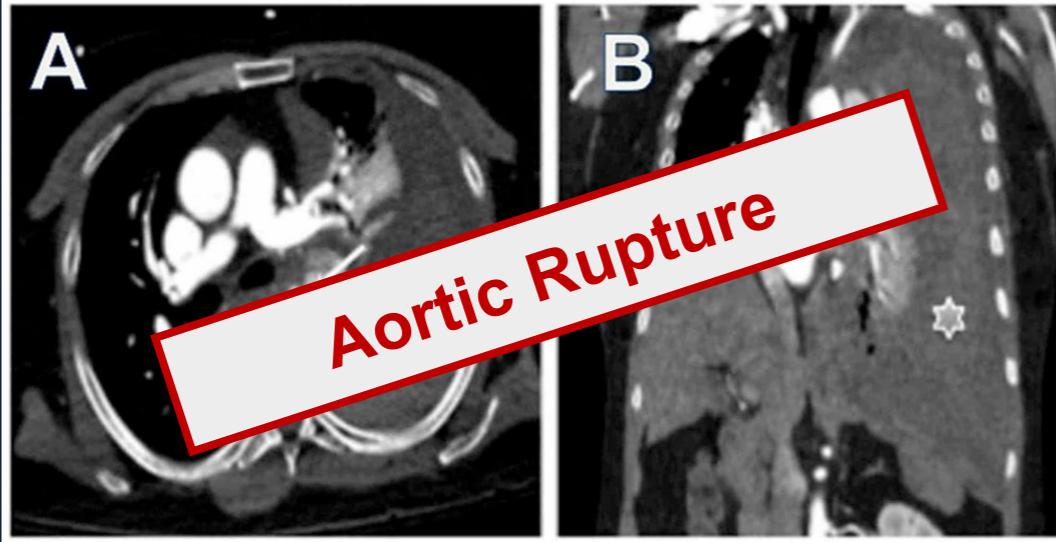
Type B Aortic Dissection

When? How?

- Acute
- Subacute
- Chronic



Worst Scenarios in ATBAD

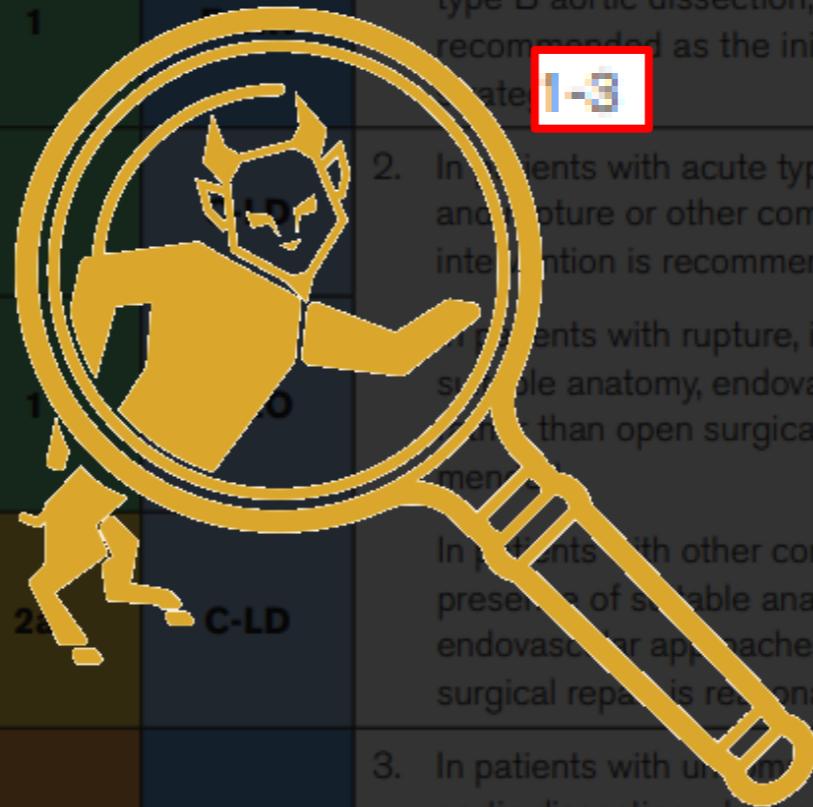


7.4.2. Management of Acute Type B Aortic Dissection

Recommendations for the Management of Acute Type B Aortic Dissection

Referenced studies that support the recommendations are summarized in the Online Data Supplement.

COR	LOE	Recommendations
1	A	1. In all patients with uncomplicated acute type B aortic dissection, medical therapy is recommended as the initial management strategy. ¹⁻³
1	B	2. In patients with acute type B aortic dissection and rupture or other complications (Table 27), intervention is recommended. ⁴⁻⁶
1	B	3. In patients with rupture, in the presence of suitable anatomy, endovascular stent grafting, rather than open surgical repair, is recommended. ⁴⁻⁶
2a	C-LD	4. In patients with other complications, in the presence of suitable anatomy, the use of endovascular approaches, rather than open surgical repair, is reasonable. ^{4-6,7}
2b	B-R	5. In patients with uncomplicated acute type B aortic dissection who have high-risk anatomic features (Table 28), endovascular management may be considered. ^{8,9}



Clinical Profiles and Outcomes of Acute Type B Aortic Dissection in the Current Era: Lessons From the Internat

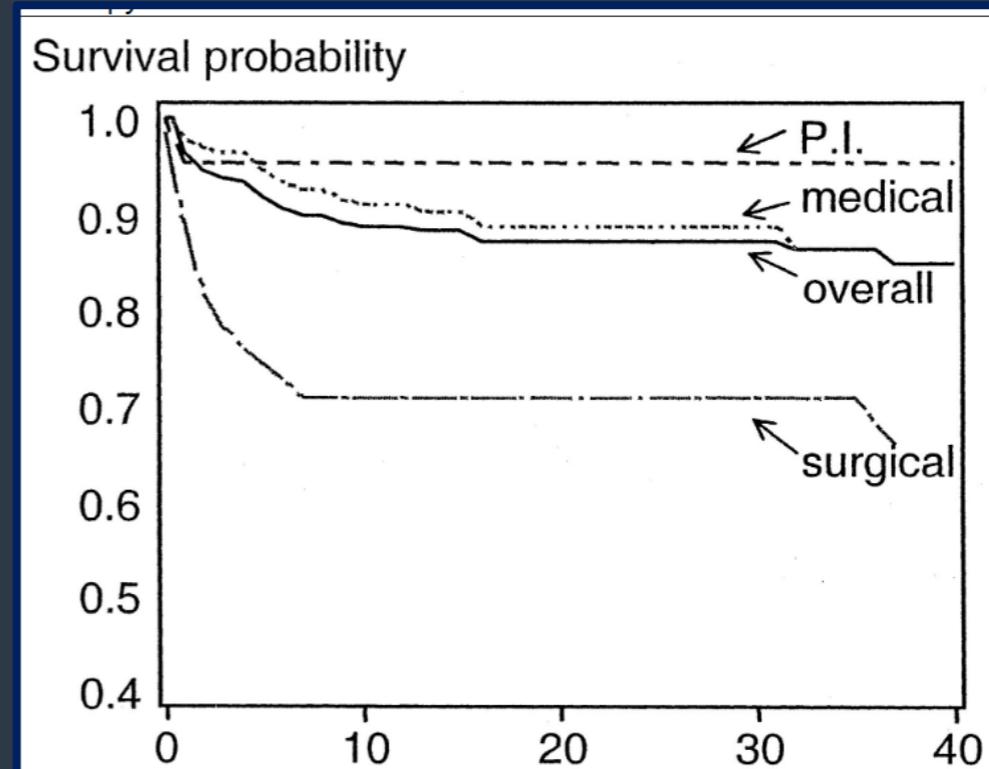


Toru Suzuki,
Yasunari Sak
MD, Santi Tr
Isselbacher,

Variable	Overall	Survived	Died	P-value
Definitive Management				
Surgery (%)	56 (15)	38 (67.9)	18 (32.1)	* <0.0001
Medical Rx (%)	282 (73)	255 (90.4)	27 (9.6)	
Percutaneous Intervention (stent, fenestration) (%)	46 (12)	43 (93.5)	3 (6.5)	

ABSTRACT:

aortic dissection have not been evaluated in the current era. **Methods and Results**—Accordingly, we analyzed 384 patients (65±13 years, males 71%) with acute type B aortic dissection enrolled in the International Registry of Acute Aortic Dissection (IRAD). A majority of patients had hypertension and presented with acute chest/back pain. Only one-half showed abnormal findings on chest radiograph, and almost all patients had computerized tomography (CT), transesophageal echocardiography, magnetic resonance imaging (MRI), and/or aortogram to confirm the diagnosis. In-hospital mortality was 13% with most deaths occurring within the first week. Factors associated with increased in-hospital mortality on univariate analysis were hypotension/shock, widened mediastinum, periaortic hematoma, excessively dilated aorta (≥6 cm), in-hospital complications of coma/altered consciousness, mesenteric/limb ischemia, acute renal failure, and surgical management (all $P < 0.05$). A risk prediction model with control for age and gender showed hypotension/shock (odds ratio [OR] 23.8, $P < 0.0001$), absence of chest/back pain on presentation (OR 3.5, $P = 0.01$), and branch vessel involvement (OR 2.9, $P = 0.02$), collectively named ‘the deadly triad’ to be independent predictors of in-hospital death. **Conclusions**—Our study provides insight into current-day profiles and outcomes of acute type B aortic dissection. Factors associated with increased in-hospital mortality (“the deadly triad”) should be identified and taken into consideration for risk stratification and decision-making.



Outcomes of Medical Management of Acute Type B Aortic Dissection

Anthony L. Estrera, MD, Charles C. Miller, III, PhD, Hazim J. Safi, MD, Jennifer S. Goodrick, MS, RN, Arash Keyhani, MD, Eyal E. Porat, MD, Paul E. Achouh, MD, Riad Meada, MD, Ali Azizzadeh, MD, Jayesh Dhareshwar, MD, and Adnan Allaham, MD

ABSTRACT: Background— Currently, the optimal treatment of acute type B aortic dissection remains controversial. The purpose of this study was to report early clinical outcomes of medical management for acute type B aortic dissection. **Methods and Results** — Between January 2001 and March 2005, 129 consecutive patients with the confirmed diagnosis of acute type B aortic dissection were studied. Mean age was 61 years (range, 29 to 94), with 33.3% (43/129) female. Acute type B aortic dissection protocol was instituted with the intent to manage all patients medically. Indications for surgical intervention included rupture, aortic expansion, malperfusion, and intractable pain. All patients were followed-up after discharge. Hospital mortality was 10.1% (13/129), 19% (4/21) when vascular intervention was required, and 8.3% (9/108) when medical management was maintained. Early intervention was required in 21 cases (16.2%), 19 (14.7%) open vascular/aortic cases and 2 cases (1.6%) of percutaneous aortic interventions. Morbidity included rupture (4.7%), stroke (4.7%), paraplegia (8.5%), bowel ischemia (7%), acute renal failure (21%), dialysis requirement (13%), and peripheral ischemia (4.7%). Late vascular-related procedures were performed in 5.2% (6/116) of cases. Univariate risk factors for early mortality were rupture ($P<0.0001$), need for laparotomy ($P<0.008$), acute renal failure ($P<0.0001$), need for dialysis ($P<0.0001$), and lower extremity ischemia ($P<0.0004$). The only independent risk factors for hospital mortality by multiple logistic regression was rupture ($P<0.0009$), and independent risk factors for midterm death were history of chronic obstructive pulmonary disease ($P<0.002$) and low glomerular filtration rate (<57 mL/min; $P<0.0001$). **Conclusions**— Medical management for acute type B aortic dissection is associated acceptable outcomes. Outcomes of other management strategies, eg, endovascular stenting, for acute type B aortic dissection need to be compared with these results.

Is medical therapy still the optimal treatment strategy for patients with acute type B aortic dissections?



Methods: A 36-year clinical experience of medical and surgical treatments in 189 patients was retrospectively analyzed (multivariable Cox proportional hazards model) with respect to three outcome end points: all deaths, freedom from reoperation, and freedom from late aortic complications or death. Propensity score analysis identified 2 quintiles (quintiles I and II, consisting of 142 comparable patients) for further comparison of the effects of surgical versus medical treatment.

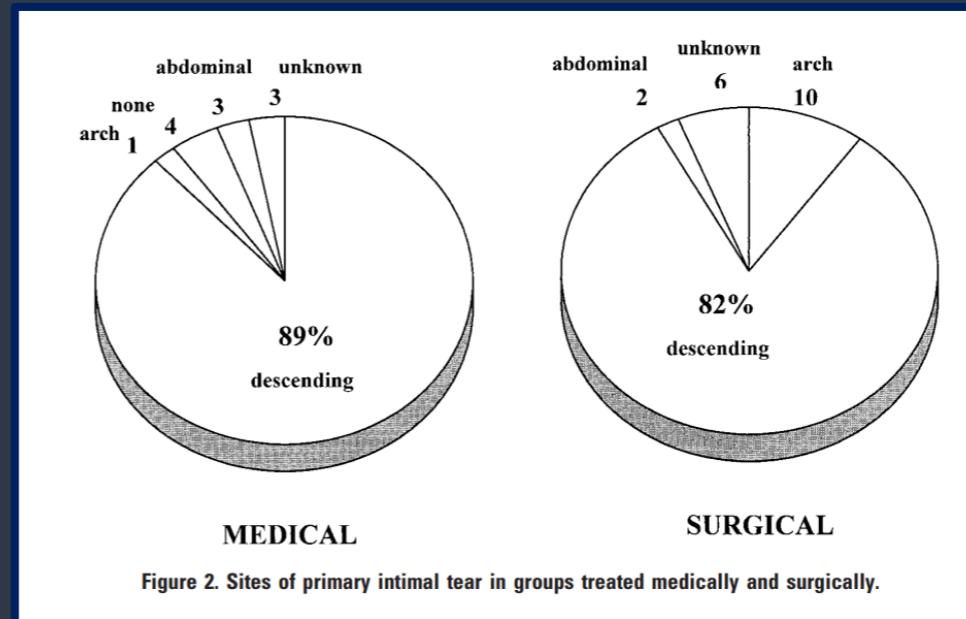


Figure 2. Sites of primary intimal tear in groups treated medically and surgically.

CLINICAL RESEARCH STUDIES

From the Society for Vascular Surgery

Multicenter clinical trial of the conformable stent graft for the treatment of acute, subacute, and chronic aortic dissection

Richard P. Cambria, MD,^a Mark F. Conrad, MD,^a Alan H. Matsuda, MD,^b Alberto Pochettino, MD,^c Stephanie Carvalho, BA,^a Virendra Patel, MD,^d Joseph J. Gold, MD,^e and The VIRTUE Registry Investigators^{*}

Objective: The treatment of acute, complicated type B aortic dissection has endovascular aortic repair when anatomy is suitable, has been regarded as entry tear, redirect and re-establish adequate true lumen flow, and thereby designed to determine the safety and efficacy of a conformable thoracic or complicated type B aortic dissection, defined as malperfusion or rupture or the United States were included in this prospective, multicenter, nonrandomized trial between January 2010 and January 2012, 50 patients with complicated type B aortic dissection through 30 days after treatment, and the primary end point was all-cause mortality through 30 days after treatment, and the secondary end point was reintervention rate, and aortic rupture. Six patients with thrombosis, dissection-based reintervention rate, and aortic rupture. **Results:** All device implants were successfully completed. Four patients died within 30 days of the index procedure. There was no conversion to open repair. **Conclusions:** Treatment with the conformable thoracic endovascular aortic repair (TEVAR) is safe and effective. The secondary mortality through 30 days after treatment was 18%. **Keywords:** Treatment with the conformable thoracic endovascular aortic repair (TEVAR) is safe and effective. The secondary mortality through 30 days after treatment was 18%. **Conclusions:** Treatment with the conformable thoracic endovascular aortic repair (TEVAR) is safe and effective. The secondary mortality through 30 days after treatment was 18%. **Keywords:** Treatment with the conformable thoracic endovascular aortic repair (TEVAR) is safe and effective. The secondary mortality through 30 days after treatment was 18%.

Mid-term Outcomes and Aortic Remodelling After Thoracic Endovascular Repair for Acute, Subacute, and Chronic Aortic Dissection: The VIRTUE Registry

WHAT THIS PAPER ADDS

The VIRTUE Registry describes the mid-term clinical and morphological outcomes in patients with type B aortic dissection. Analysis of aortic morphology demonstrated a similar degree of aortic remodelling to that in patients with type B dissection. Aortic plasticity in the subacute group lengthens the therapeutic window for TEVAR.

Objective: The VIRTUE Registry describes the mid-term clinical and morphological outcomes in patients with type B aortic dissection. Analysis of aortic morphology demonstrated a similar degree of aortic remodelling to that in patients with type B dissection. Aortic plasticity in the subacute group lengthens the therapeutic window for TEVAR. **Methods:** This was a prospective cohort study. The VIRTUE Registry included 150 patients with type B aortic dissection, subacute (15-30 days), acute (<15 days), and chronic (>30 days). One hundred and twenty patients were treated with TEVAR. **Results:** Three-year all-cause mortality (18%, 4%, and 24%), dissection-related mortality (20%, 22%, and 39%) were, respectively, defined for patients with acute, subacute, and chronic aortic dissection. Analysis of aortic morphology observed that patients with acute, subacute, and chronic aortic dissection exhibited greater aortic plasticity than patients with type B aortic dissection. **Conclusions:** The principle clinical findings suggest that TEVAR is able to achieve a similar degree of aortic remodelling to that in patients with type B aortic dissection. Aortic plasticity in the subacute group lengthens the therapeutic window for TEVAR. **Keywords:** Aortic dissection, Endovascular, Type B

Management of acute type B aortic dissection with malperfusion via endovascular fenestration/stenting

Elizabeth L. Norton, MS,^a David M. Williams, MD,^b Karen M. Kim, MD,^c Minhaj S. Khaja, MD, MBA,^b Xiaoting Wu, PhD,^c Himanshu J. Patel, MD,^c G. Michael Deeb, MD,^c and Bo Yang, MD, PhD^c

ABSTRACT

Objective: The study objective was to evaluate the management of malperfusion in acute type B aortic dissection with endovascular fenestration/stenting. **Methods:** From 1996 to 2018, 182 patients with an acute type B aortic dissection underwent fenestration/stenting for suspected malperfusion based on imaging, clinical manifestations, and laboratory findings. Data were obtained from medical record review and the National Death Index database. **Results:** The median age of patients was 55 years. Signs of malperfusion included abdominal pain (61%), lower-extremity weakness (27%), nonpalpable lower-extremity pulses (24%), and abnormal lactate, creatinine, liver enzymes, and celiac artery levels. Confirmed hemodynamically significant malperfusion affected the spinal cord (2.7%), superior mesenteric (40%), renal (51%), and iliofemoral (43%) arterial distributions. Of the 182 patients, 99 (54%) underwent aortic fenestration/stenting. 108 (59%) had 1 or multi-branch aortic repair, 17 (9.3%) had concomitant thoracic endovascular aortic repair, 5 (2.7%) had concomitant thoracic endovascular aortic repair, and 48 (26%) received no intervention. After fenestration/stenting, 24 patients (13%) required additional procedures for necrotic bowel or limb and 9 patients (4.9%) had subsequent aortic repair (thoracic endovascular aortic repair, open repair) before discharge. The new-onset paraplegia was 0%. The in-hospital mortality was 7.7% over 20+ years and 0% in the last 8 years. The 5- and 10-year survival rates were 72% and 49%, respectively. The significant risk factors for late mortality were age and acute paraplegia (hazard ratio, 3.5; both $P < .0001$). Given death as a competing factor, the 5- and 10-year cumulative incidence of reintervention was 21% and 31% for distal aortic pathology, respectively. **Conclusions:** Patients with acute type B aortic dissection with malperfusion can be managed with endovascular fenestration/stenting with excellent short- and long-term outcomes. This approach is particularly helpful to patients with static malperfusion of aortic branch vessels. (J Thorac Cardiovasc Surg 2020;160:1151-61)



A, Aortic flap balloon fenestration. B, Thoracic aortic true lumen. C, SMA stenting.

Central Message

Endovascular fenestration/stenting can effectively resolve dynamic and static malperfusion in ATBAD with favorable short- and long-term outcomes (survival and reoperation).

Perspective

Endovascular fenestration/stenting effectively and timely resolves dynamic and static malperfusion in ATBAD with minimal risk of paraplegia and retrograde type A dissection, and excellent in-hospital mortality, cumulative incidence of reintervention, and long-term survival in this patient population as combined with TEVAR or open repair when indicated.

See Commentaries on pages 1162 and 1164.

Check for updates

Long-Term Survival in Patients Presenting With Type B Acute Aortic Dissection

Insights From the International Registry of Acute Aortic Dissection

Thomas T. Tsai, MD; Rossella Fattori, MD; Santi Trimarchi, MD; Eric Isselbacher, MD; Truls Myrmel, MD; Arturo Evangelista, MD; Stuart Hutchison, MD; Udo Sechtem, MD; Jeanna V. Cooper, MS; Dean E. Smith, PhD; Linda Pape, MD; James Froehlich, MD; Arun Raghupathy, MD; James L. Januzzi, MD; Kim A. Eagle, MD; Christoph A. Nienaber, MD; on behalf of the International Registry of Acute Aortic Dissection (IRAD)

Background—Follow-up survival studies in patients with acute type B aortic dissection have been restricted to a small number of patients in single centers. We used data from a contemporary registry of acute type B aortic dissection to better understand factors associated with adverse long-term survival.

Methods and Results—We examined 242 consecutive patients discharged alive with acute type B aortic dissection enrolled in the International Registry of Acute Aortic Dissection (IRAD) between 1996 and 2003. Kaplan-Meier survival curves were constructed, and Cox proportional hazards analysis was performed to identify independent predictors of follow-up mortality. Three-year survival for patients treated medically, surgically, or with endovascular therapy was $77.6 \pm 6.6\%$, $82.8 \pm 18.9\%$, and $76.2 \pm 25.2\%$, respectively (median follow-up 2.3 years, log-rank $P=0.61$). Independent predictors of follow-up mortality included female gender (hazard ratio [HR], 1.99; 95% confidence interval [CI], 1.07 to 3.71; $P=0.03$), a history of prior aortic aneurysm (HR, 2.17; 95% CI, 1.03 to 4.59; $P=0.04$), a history of atherosclerosis (HR, 2.48; 95% CI, 1.32 to 4.66; $P<0.01$), in-hospital renal failure (HR, 2.55; 95% CI, 1.15 to 5.63; $P=0.02$), pleural effusion on chest radiograph (HR, 2.56; 95% CI, 1.18 to 5.58; $P=0.02$), and in-hospital hypotension/shock (HR, 12.5; 95% CI, 3.24 to 48.21; $P<0.01$).

Conclusions—Contemporary follow-up mortality in patients who survive to hospital discharge with acute type B aortic dissection is high, approaching **1 in every 4 patients at 3 years**. Current treatment and follow-up surveillance require further study to better understand and optimize care for patients with this complex disease. (*Circulation*. 2006;114:2226-2231.)



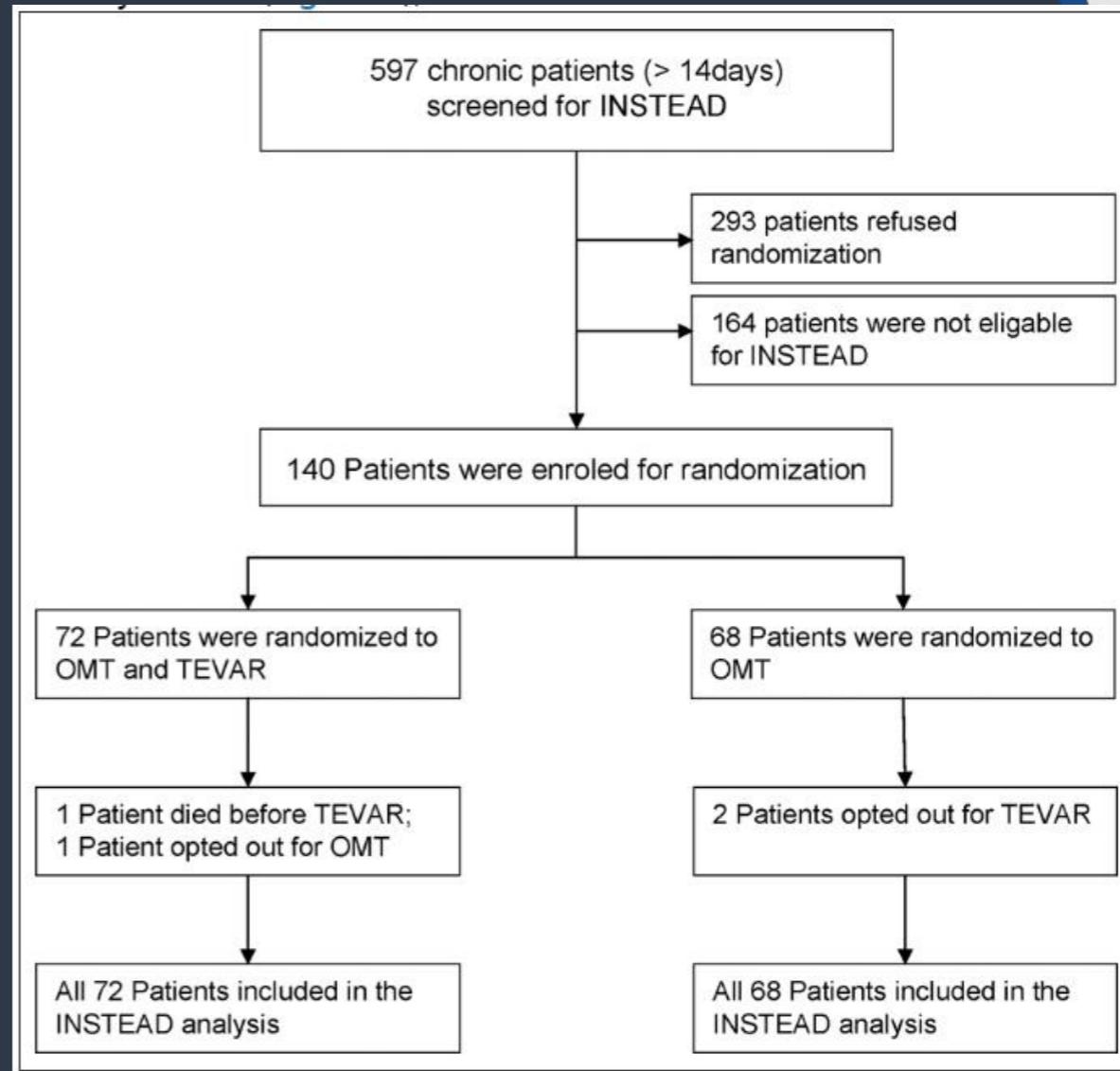
CARDIOVASCULAR SURGERY

Randomized Comparison of Strategies for Type B Aortic Dissection

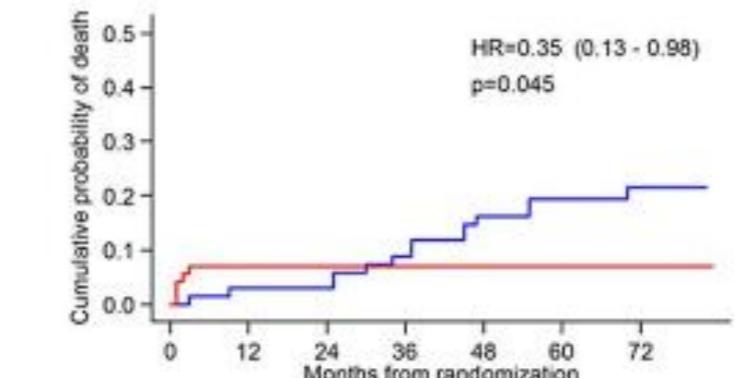
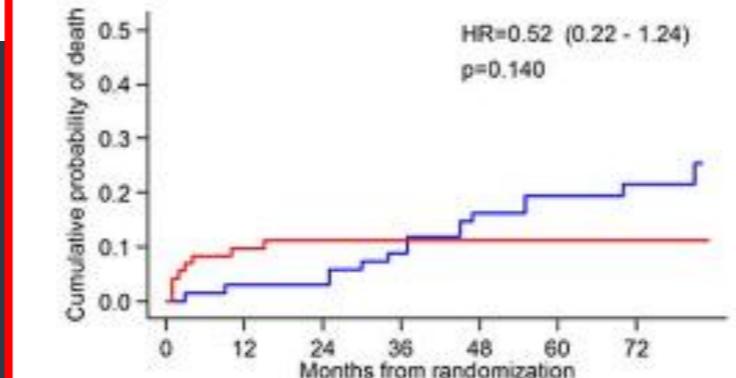
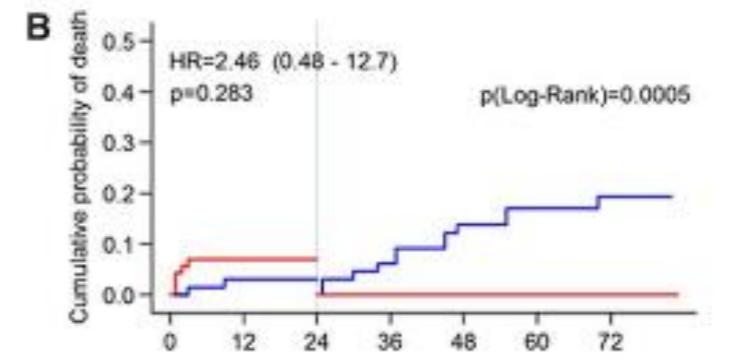
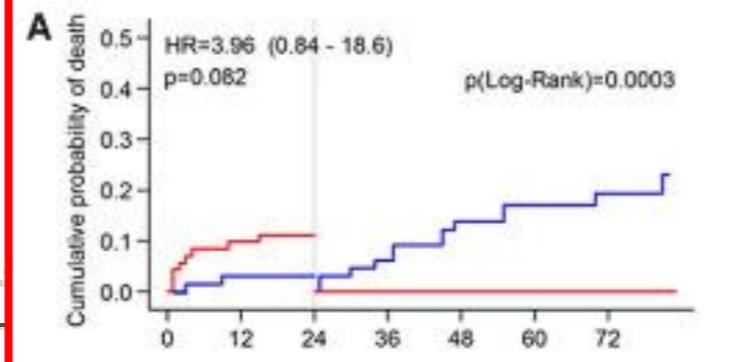
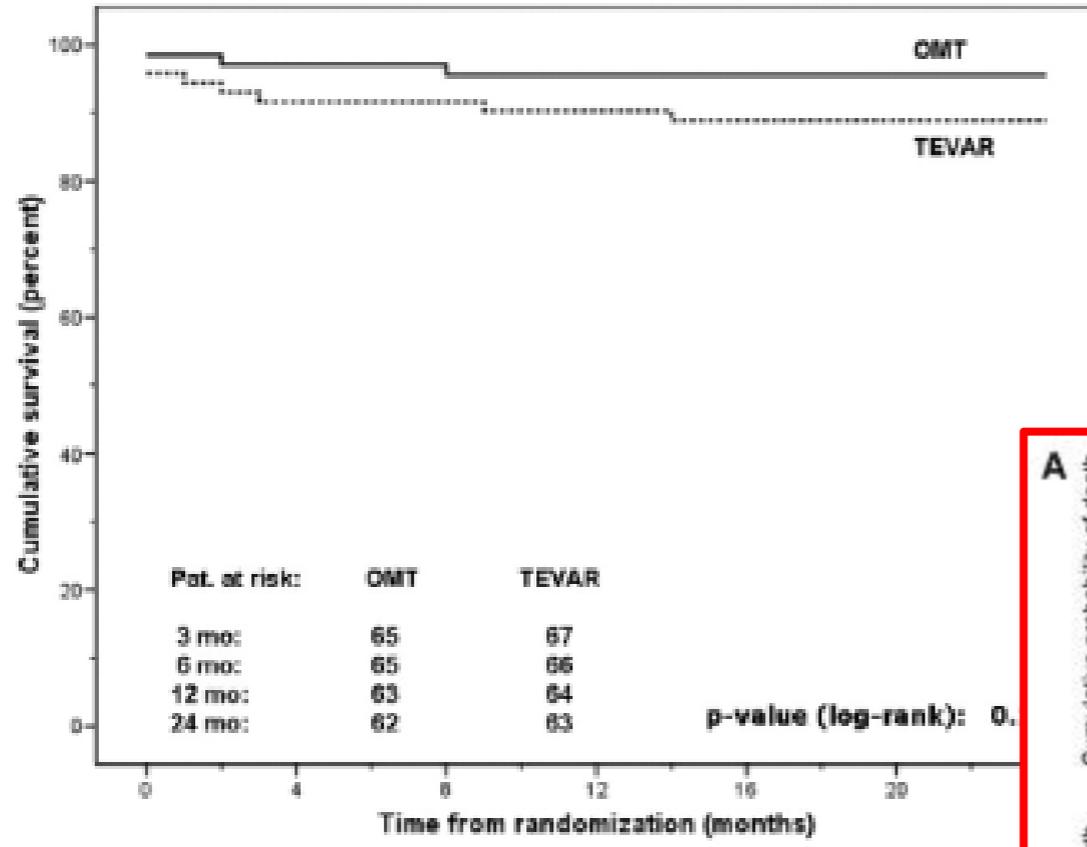
The INvestigation of STent Grafts in Aortic Dissection (INSTEAD) Trial

Editorial see p 2513

Christoph A. Nienaber, MD, PhD, Hervé Rousseau, MD, PhD, Holger Eggebrecht, MD, Stephan Kische, MD, Rossella Fattori, MD, PhD, Tim C. Rehders, MD, Günther Kundt, PhD, Dierk Scheinert, MD, PhD, Martin Czerny, MD, PhD, Tilo Kleinfeldt, MD, Burkhard Zipfel, MD, Louis Labrousse, MD, PhD, Hüseyin Ince, MD, PhD, and for the INSTEAD Trial



A Cumulative survival within 24 months after randomization



68 66 66 62 57 50 32 OMT
72 65 64 63 59 55 32 OMT + TEVAR

Patients at risk

68 66 66 62 57 50 32 OMT
72 65 64 63 59 55 32 OMT + TEVAR

Patients at risk

Optimal Treatment of Uncomplicated Type B Aortic Dissection

JACC Review Topic of the Week

Rami O. Tadros, MD,^a Gilbert H.L. Tang, MD, MSc, MBA,^b Hanna J. Barnes, BA,^a Idine Mousavi, BA,^a
 Jason C. Kovacic, MD, PhD,^c Peter Faries, MD,^a Jeffrey W. Olin, DO,^c Michael L. Marin, MD,^a David H. Adams, MD^b



TABLE 2 Features That Predict Risk of Late Aorta-Related Complications

Feature	First Author, Year (Ref. #)	N	p Value	Hazard Ratio
Increased risk				
Primary ET diameter >10 mm	Schwartz et al., 2018 (27)	254	0.02*	2.1
Initial total AD ≥40mm			0.01*	2.2
FL diameter ≥22 mm	Song et al., 2007 (35)	100	<0.001†	—
Patent FL (vs. fully thrombosed)	Kunishige et al., 2006 (38)	131	0.016†	1.87
Partially thrombosed FL	Tsai et al., 2007 (37)	201	0.002‡	2.69
Decreased risk				
FL located at outer aortic curvature	Tolenaar et al., 2013 (42)	62	0.019§	—
Multiple entry tears			0.05§	—
Circular shape of TL			0.027§	—

Aortic Aneurysm

2022 Aortic Disease Guideline-at-a-Glance

Surgical intervention thresholds for aortic root & ascending aorta in patients with...

Sporadic and BAV aneurysms*:

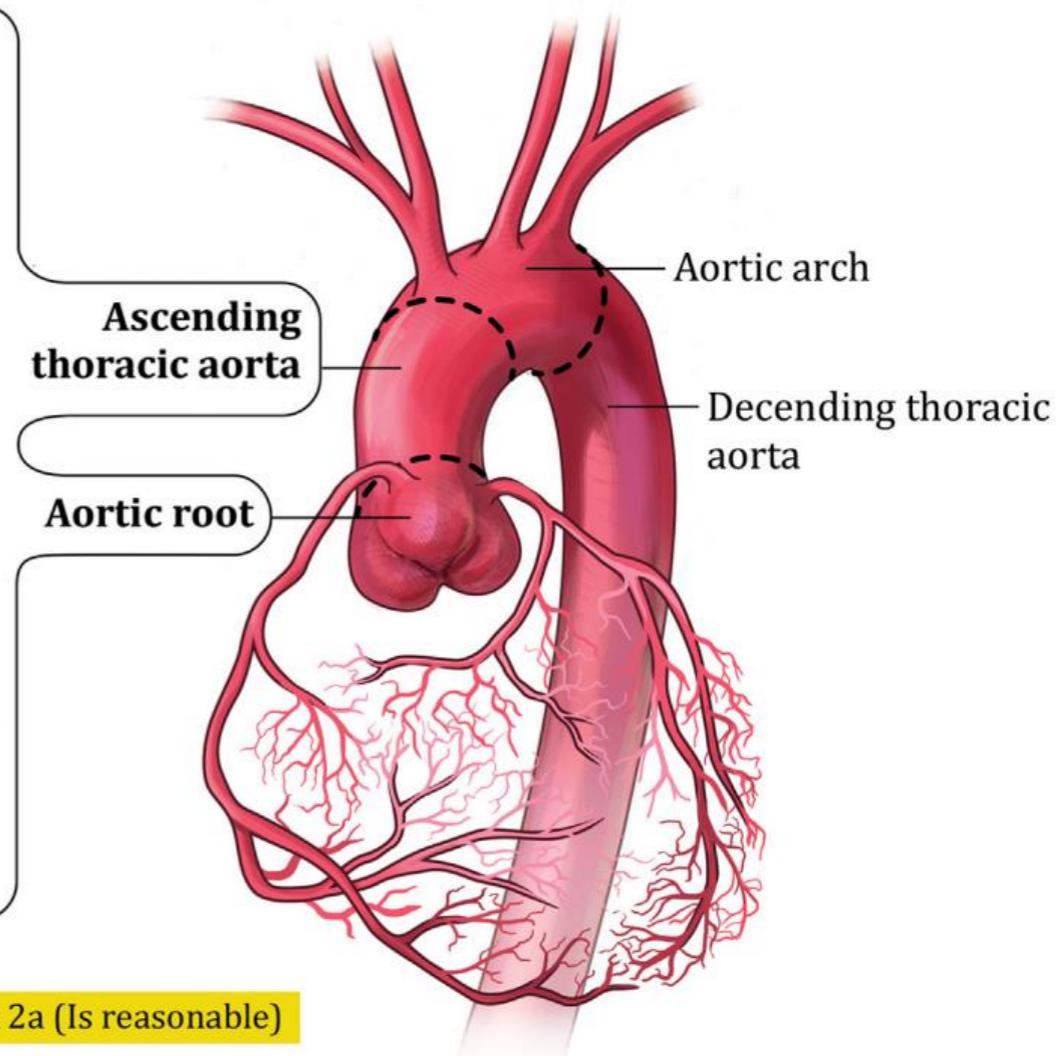
5.5 cm (COR 1)

5.0 cm by experienced surgeons in a Multidisciplinary Aortic Team (COR 2a)

Marfan syndrome#:

5.0 cm (COR 1)

≥4.5 cm in those with an increased risk of aortic dissection when performed by experienced surgeons in a Multidisciplinary Aortic Team (COR 2a)



TOP 10 TAKE-HOME MESSAGES

- Because outcomes for patients with aortic disease are enhanced at programs with higher volumes, experienced practitioners, and extensive management capabilities, **Multidisciplinary Aortic Team care is considered in determining the appropriate timing of intervention.**
- Shared decision-making involving the patient and **a multidisciplinary team is highly encouraged** to determine the optimal medical, endovascular, and open surgical therapies. In patients with aortic disease who are contemplating **pregnancy** or who are pregnant, shared decision-making is especially important when considering the cardiovascular risks of pregnancy, the diameter thresholds for prophylactic aortic surgery, and the mode of delivery.
- Computed tomography, magnetic resonance imaging, and echocardiographic imaging of patients with aortic disease should follow recommended approaches for image acquisition, **measurement and reporting of relevant aortic dimensions**, and the frequency of surveillance before and after intervention,

TOP 10 TAKE-HOME MESSAGES

- At centers with Multidisciplinary Aortic Teams and experienced surgeons, the threshold for surgical intervention for sporadic aortic root and ascending aortic aneurysms has been **lowered from 5.5 cm to 5.0 cm in selected patients, and even lower in** specific scenarios among patients with **heritable thoracic aortic aneurysms**.
- In patients who are significantly **smaller or taller than average**, surgical thresholds may incorporate **indexing** of the aortic root or ascending aortic diameter to either patient **body surface area or height**, or aortic cross-sectional area to patient height.
- Rapid aortic root growth or ascending aortic aneurysm growth, an indication for intervention, is defined as **≥ 0.5 cm in 1 year** or **≥ 0.3 cm per year in 2 consecutive years** for those with sporadic aneurysms and **≥ 0.3 cm in 1 year** for those with **heritable** thoracic aortic disease or bicuspid aortic valve.

TOP 10 TAKE-HOME MESSAGES

- In patients undergoing aortic root replacement surgery, **valve-sparing aortic root replacement is reasonable** if the valve is suitable for repair and when performed by **experienced surgeons** in a Multidisciplinary Aortic Team.
- Patients with **acute type A aortic dissection**, if clinically stable, should be considered for **transfer to a high-volume aortic center** to improve survival. The operative repair of type A aortic dissection should entail **at least an open distal anastomosis** rather than just a simple supracoronary interposition graft.
- There is an **increasing role for thoracic endovascular aortic repair** in the management of **uncomplicated type B aortic dissection**. Clinical trials of repair of thoracoabdominal aortic aneurysms with endografts are reporting results that suggest endovascular repair is an option for patients with suitable anatomy.
- In patients with aneurysms of the aortic root or ascending aorta, or those with aortic dissection, **screening of first-degree relatives** with aortic imaging is recommended.



Summary

