

# CARDIAC ASSOCIATED ACUTE KIDNEY INJURY PREVENTION

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- Introduction
- Pathophysiology
- Prevention
  - Pharmacologic strategies
  - Hemodynamics / Fluid management strategies
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## INTRODUCTION

# Cardiac Surgery Associated AKI (CSA-AKI)

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- **Common complication**
  - 5 – 42% of cardiac surgery patients undergoing CPB
  - 1 – 5% of those require renal replacement therapy (RRT)
  - Associated with decreased survival

## INTRODUCTION

# Cardiac Surgery Associated AKI (csA-AKI)

- **Diagnosis**

- **KDIGO criteria** (Kidney Disease Improving Global Outcomes)

Stage	Creatinine	Urine Output
1	1.5–1.9 times baseline, OR Increase in SCr by $\geq 0.3$ mg/dL	$<0.5$ mL/kg/h $\times$ 6–12 h
2	2.0–2.9 times baseline	$<0.5$ mL/kg/h for $\geq 12$ h
3	$\geq 3$ times baseline, OR SCr $\geq 4$ mg/dL, OR Initiation of RRT	$<0.3$ mL/kg/h for $\geq 24$ h, OR Anuria $\geq 12$ h

## PATHOPHYSIOLOGY

# Pathophysiology of CSA-AKI

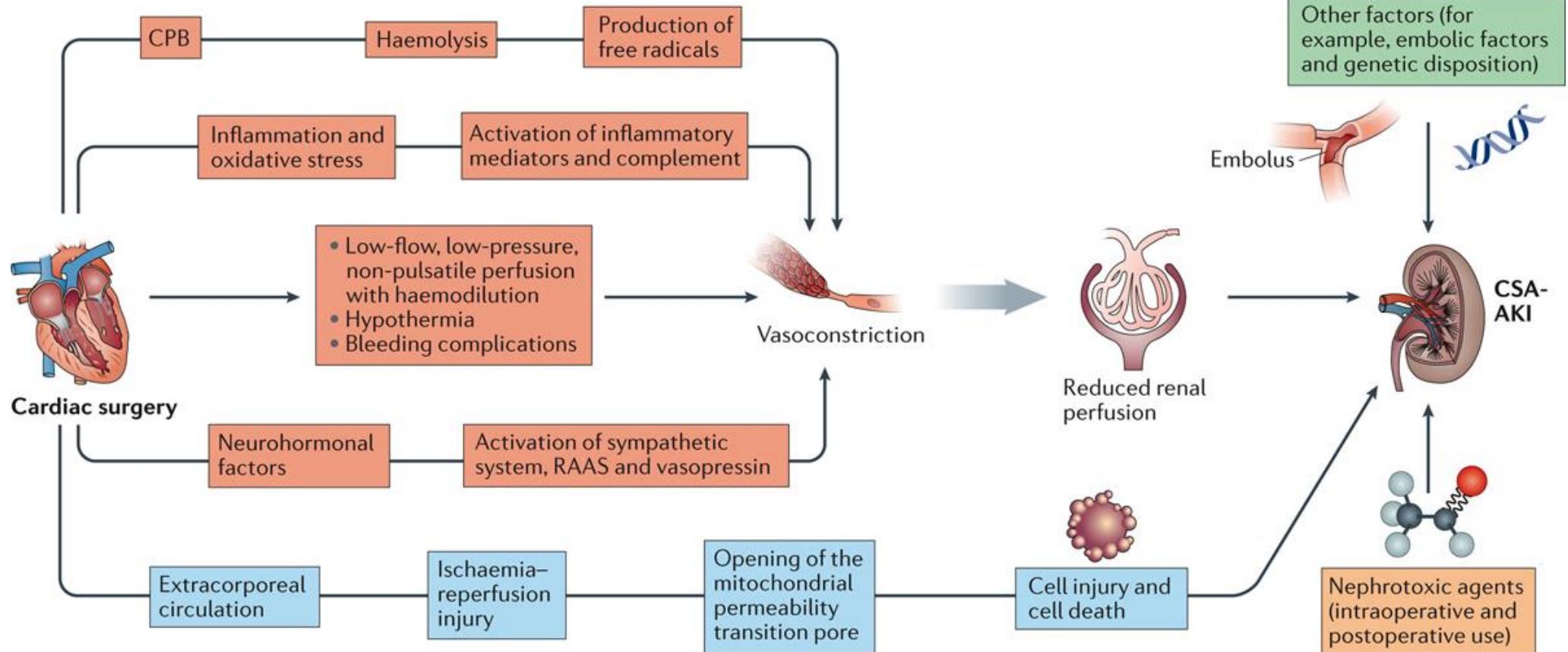
- Complex
- Multifactorial
- Poorly understood



- Major injury pathways
  - Hypoperfusion, ischemia-reperfusion injury
  - Inflammation, oxidative stress, hemolysis
  - Neurohumoral activation, nephrotoxins, mechanical factors

## PATHOPHYSIOLOGY

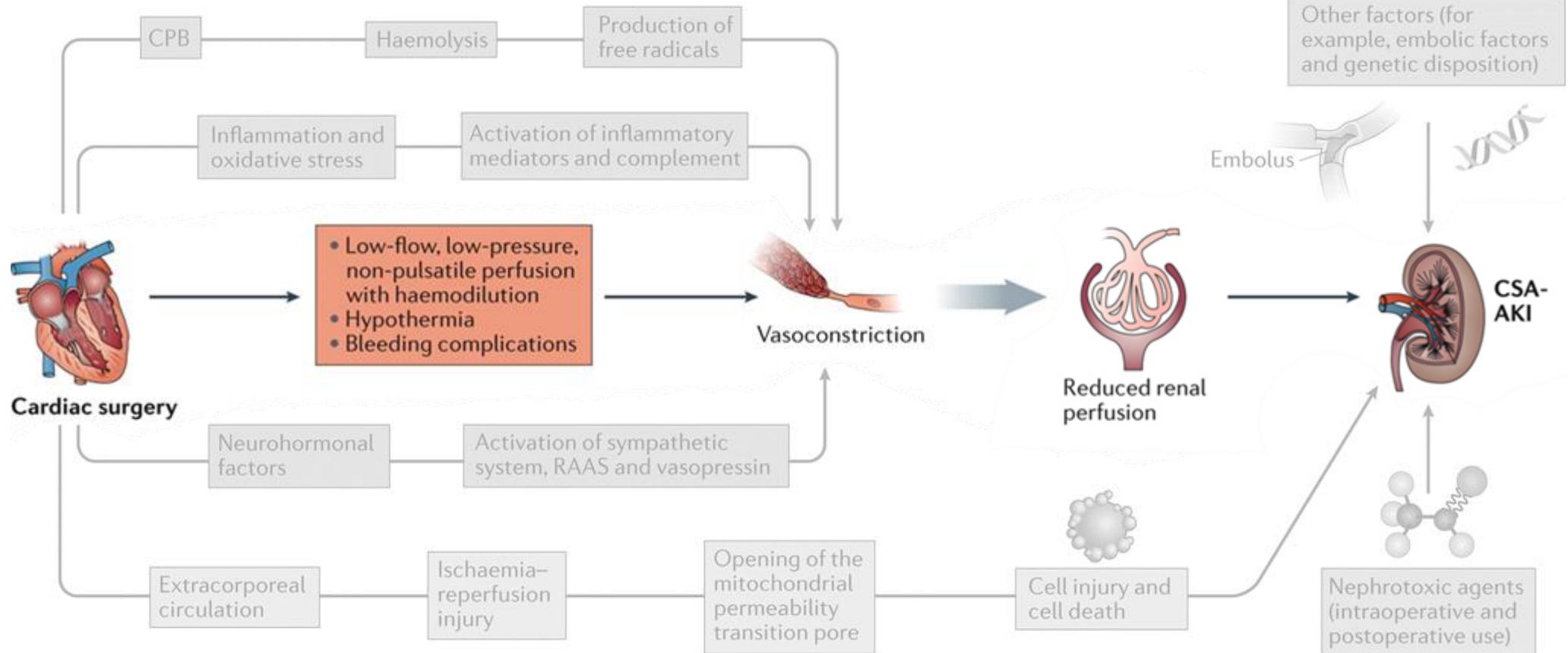
# Pathophysiology of CSA-AKI



Nat Rev Nephrol. 2017 Nov;13(11):697-711

## PATHOPHYSIOLOGY

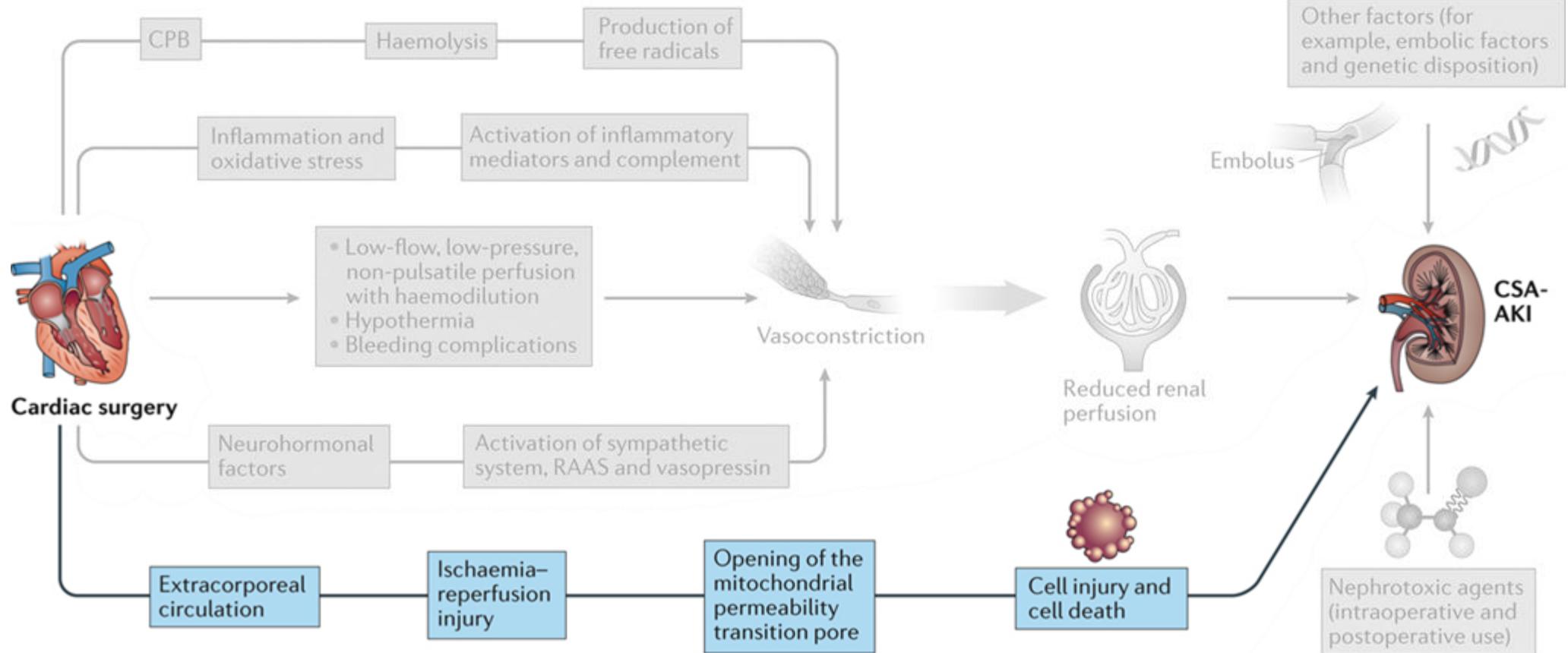
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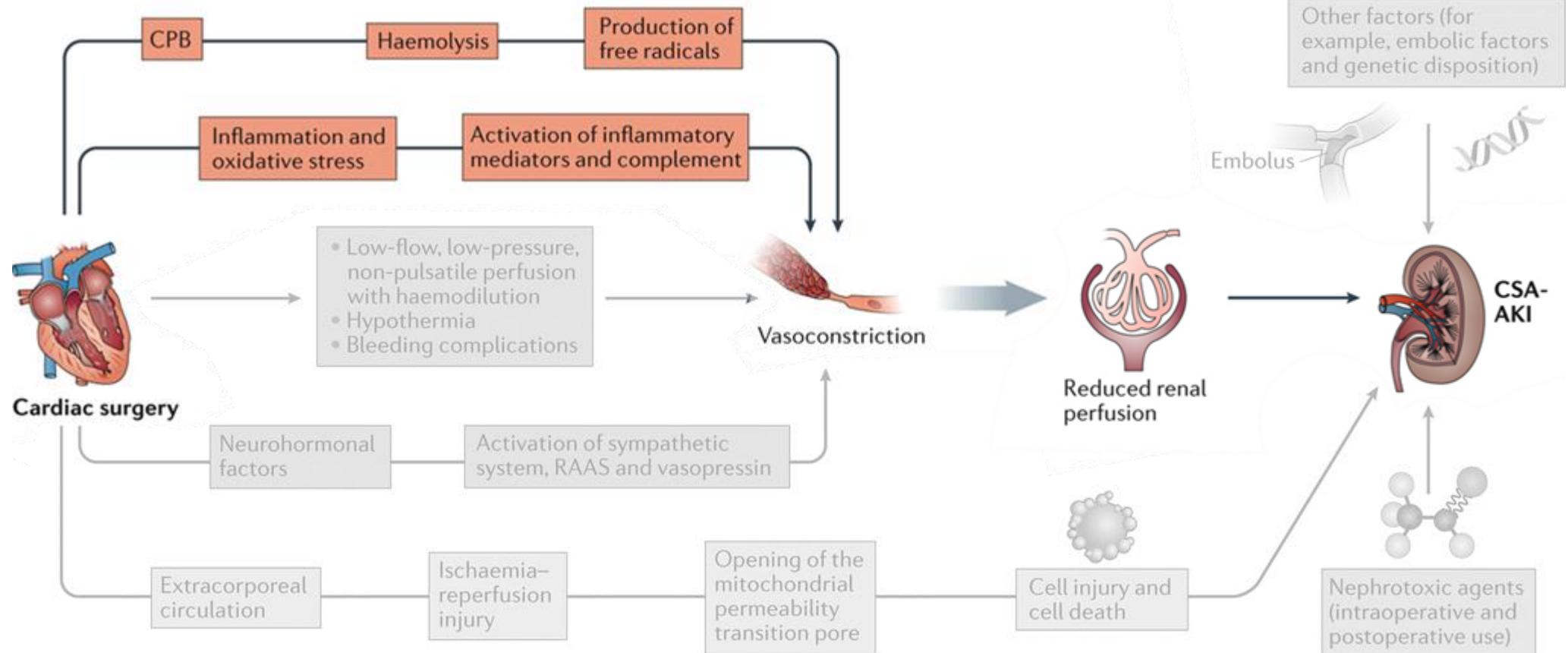
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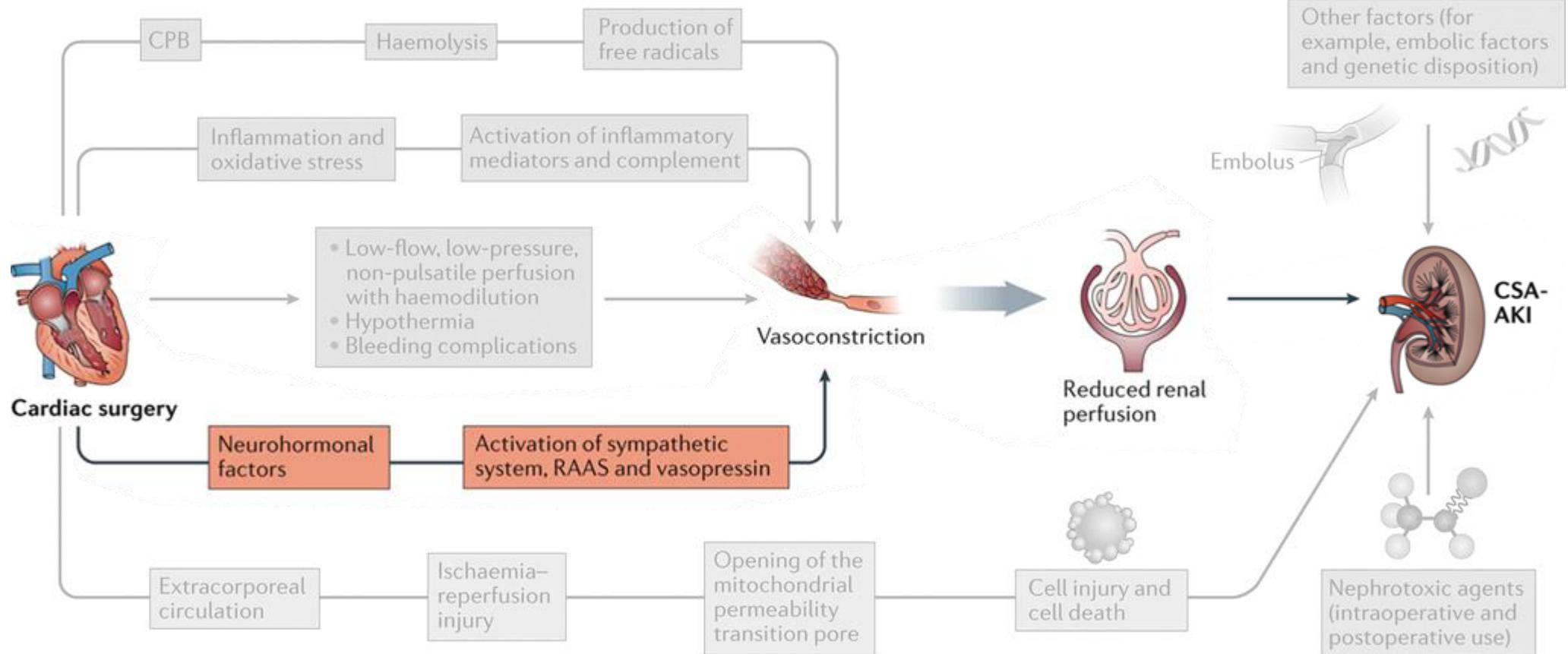
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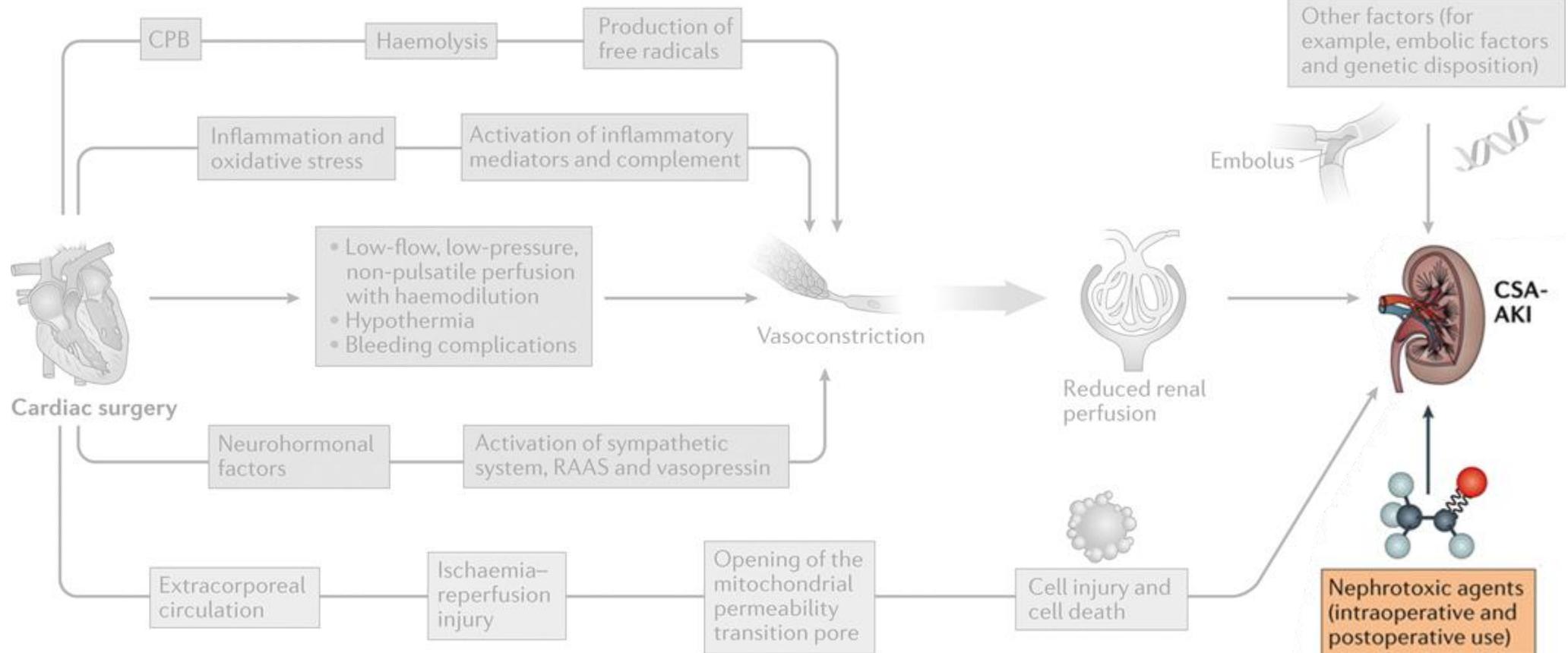
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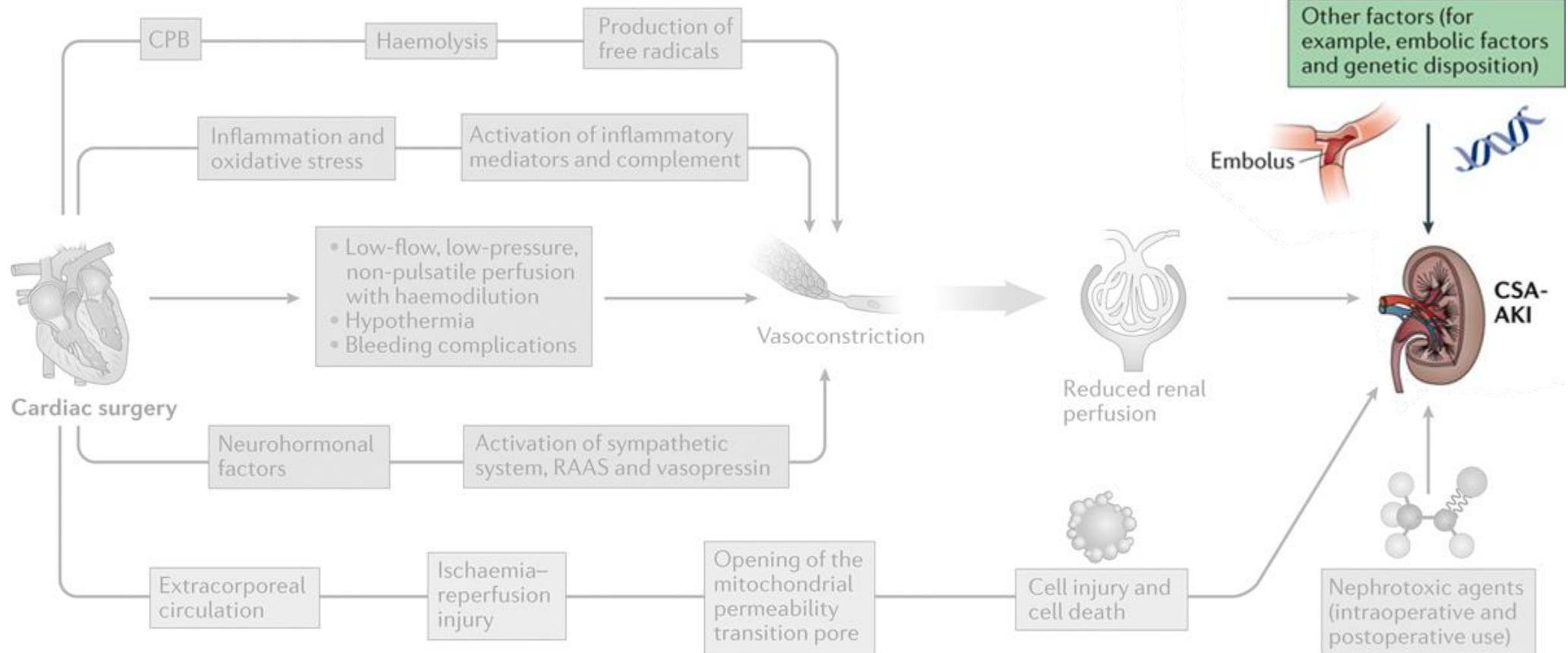
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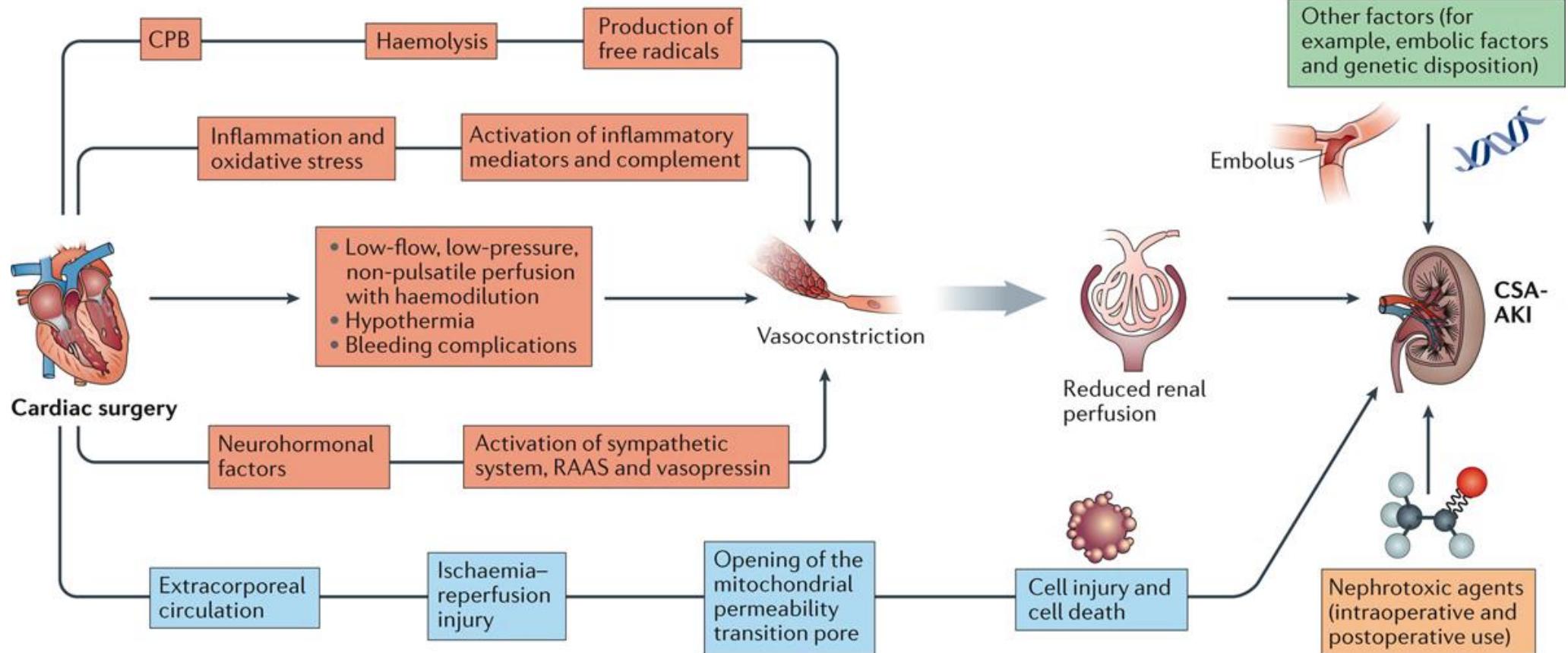
# Pathophysiology of CSA-AKI



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## PATHOPHYSIOLOGY

# Pathophysiology of CSA-AKI



Nat Rev Nephrol. 2017 Nov;13(11):697-711

PREVENTION

# Prevention Strategies of CSA-AKI

- Pharmacologic strategies
- Hemodynamics / Fluid management strategies
- Other strategies



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## PREVENTION

# Pharmacologic Strategies

- **Dexmedetomidine** ( $\alpha_2$ -adrenergic receptor agonist)
  - Sedative, analgesic, anti-sympathetic effects
  - inflammatory cytokines levels, damage associated molecular patterns ↓  
→ prevent renal tubular damage
- **CSA-AKI Incidence ↓**
  - especially in patients > 60 years-old
  - administered immediately after induction
  - maintained intraoperatively

### Meta-analysis (9 RCT, n=1308)

Effect of Dexmedetomidine on Cardiac Surgery-Associated Acute Kidney Injury: A Meta-Analysis With Trial Sequential Analysis of Randomized Controlled Trials

Ke Peng, MD<sup>\*,†</sup>, David Li, MD<sup>†</sup>, Richard L. Applegate II, MD<sup>†</sup>,  
David A. Lubarsky, MD, MBA<sup>†</sup>, Fu-hai Ji, MD, PhD<sup>\*,†</sup>,  
Hong Liu, MD, FASE<sup>†</sup>

<sup>\*</sup>Department of Anesthesiology, First Affiliated Hospital of Soochow University, Suzhou, Jiangsu, China  
<sup>†</sup>Department of Anesthesiology and Pain Medicine, University of California Davis Health, Sacramento, CA

# Pharmacologic Strategies

- **Atrial Natriuretic Peptide**

- Inhibit renin–angiotensin–aldosterone system and sympathetic nervous system → prevent vasoconstriction

Meta-analysis (14 trials, n=2207)

- **CSA-AKI incidence ↓**
- **RRT ↓**
- **30-day mortality ↓**

Pharmacological interventions for the prevention of renal injury in surgical patients: a systematic literature review and meta-analysis

Suraj Pathak\*, Guido Olivieri, Walid Mohamed, Riccardo Abbasciano, Marius Roman, Sara Tomassini, Florence Lai, Marcin Wozniak and Gavin J. Murphy

Department of Cardiovascular Sciences, National Institute for Health Research Leicester Biomedical Research Unit in Cardiovascular Medicine, University of Leicester, Leicester, UK

# Pharmacologic Strategies

- Statins
  - Anti-inflammatory and antioxidant activities

- Control group : **26 / 100 (26%)**
- Statin group : **21 / 100 (21%)**

Single Center RCT , n=200

ORIGINAL

Effect of atorvastatin on the incidence  
of acute kidney injury following valvular heart  
surgery: a randomized, placebo-controlled trial



Jin Ha Park<sup>1</sup>, Jae-Kwang Shim<sup>1,2</sup>, Jong-Wook Song<sup>1,2</sup>, Sarah Soh<sup>1</sup> and Young-Lan Kwak<sup>1,2\*</sup>

- **Statin treatment not associated with reduced incidence of CSA-AKI**

# Pharmacologic Strategies

- **Fenoldopam**

(selective dopamine D1 receptor agonist)

- Smooth muscle relaxation, vasodilation, sodium reabsorption inhibition in renal tubules → renal vasodilatory effect

- Control group : **60 / 329 (18%)**
- Fenoldopam group : **69 / 338 (20%)**

Multicenter RCT, n=667

Original Investigation

## Effect of Fenoldopam on Use of Renal Replacement Therapy Among Patients With Acute Kidney Injury After Cardiac Surgery A Randomized Clinical Trial

Tiziana Bove, MD; Alberto Zangrillo, MD; Fabio Guerracino, MD; Gabriele Alvaro, MD; Bruno Persi, MD; Enivarco Maglioni, MD; Nicola Galdieri, MD; Marco Comis, MD; Fabio Caramelli, MD; Daniela C. Pasero, MD; Giovanni Pala, MD; Massimo Renzini, MD; Massimiliano Conte, MD; Gianluca Paternoster, MD; Blanca Martinez, MD; Fulvio Pinelli, MD; Mario Frontini, MD; Maria C. Zucchetti, MD; Federico Pappalardo, MD; Bruno Amantea, MD; Annamaria Camata, MD; Antonio Pisano, MD; Claudio Verdecchia, MD; Erika Dal Checco, MD; Claudia Cariello, MD; Luana Faita, MD; Rubia Baldassarri, MD; Anna M. Scandroglio, MD; Omar Saleh, MD; Rosalba Lembo, MSC; Maria G. Calabro, MD; Rinaldo Bellomo, MD; Giovanni Landoni, MD

- Not effective in AKI prevention, instead associated with hypotension

# Pharmacologic Strategies

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- Failed to show preventive effects on CSA-AKI  
(Introduced → evaluated → abandoned)
  - Exogenous Erythropoietin
  - Intravenous bicarbonate/Urinary alkalinization
  - Albumin
  - Corticosteroids
  - Etc

# Pharmacologic Strategies (Nephrotoxins)

- **Preoperative ACEi and ARB**

- Higher risk of intraoperative hypotension
- Most studies show association with postoperative AKI

- No exposure group : 31%
- Held group : 34%
- **Continued group : 42%**

- **Recommend ACEi/ARB discontinuation at least 24h before operation**

## Multicenter Prospective Study, n=1594

Preoperative angiotensin-converting enzyme inhibitors and angiotensin receptor blocker use and acute kidney injury in patients undergoing cardiac surgery

Steven G. Coca<sup>1,2</sup>,

Amit X. Garg<sup>3</sup>,

Madhav Swaminathan<sup>4</sup>,

Susan Garwood<sup>5</sup>,

Kwangik Hong<sup>1,2</sup>,

Heather Thiessen-Philbrook<sup>3</sup>,

Cary Passik<sup>6,7</sup>,

Jay L. Koyner<sup>8</sup>

and Chirag R. Parikh<sup>1,2</sup>

On behalf of the TRIBE-AKI Consortium

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<sup>2</sup>The Program of Applied Translational Research, New Haven, CT, USA,

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<sup>4</sup>Division of Cardiothoracic Anesthesiology and Critical Care Medicine, Duke University School of Medicine, Durham, NC, USA,

<sup>5</sup>Department of Anesthesiology, Yale University School of Medicine, New Haven, CT, USA,

<sup>6</sup>Department of Cardiothoracic Surgery, Danbury Hospital, Danbury, CT, USA,

<sup>7</sup>University of Vermont College of Medicine, Burlington, VT, USA and

<sup>8</sup>Section of Nephrology, Department of Medicine, University of Chicago, Chicago, IL, USA

# Pharmacologic Strategies (Nephrotoxins)

- **NSAID**

- No preventive effects on CSA-AKI
- Increases risk of AKI due to reduced prostaglandin synthesis and alterations in renal microcirculation causing renal hypoxia

Review

## Nonsteroidal Anti-Inflammatory Drugs and the Kidney

Walter H. Hörl

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Währinger Gürtel 18-20, A-1090 Vienna, Austria; E-Mail: [walter.hoerl@meduniwien.ac.at](mailto:walter.hoerl@meduniwien.ac.at);  
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# Hemodynamic/ Fluid Management Strategies

- **Hemodynamic stability / adequate intravascular blood volume**  
crucial for renal protection
- **Dynamic fluid shifts / venous congestion:** common after operation
- Renal perfusion: sensitive to changes in arterial blood flow and renal afterload

Single Center Prospective Study, n=282

- **Reduced MAP, increased fluid balance** independently associated with increased mortality and RRT

**Perioperative Hemodynamic Instability and Fluid Overload are Associated with Increasing Acute Kidney Injury Severity and Worse Outcome after Cardiac Surgery**

Anja Haase-Fielitz<sup>a,c</sup> Michael Haase<sup>b,d</sup> Rinaldo Bellomo<sup>g</sup> Paolo Calzavacca<sup>g</sup>  
Anke Spura<sup>c</sup> Hassina Baraki<sup>e</sup> Ingo Kutschka<sup>e</sup> Christian Albert<sup>f</sup>

# Hemodynamic/ Fluid Management Strategies

- Optimization of intravascular blood volume
  - Volume status Assessment
    - Point-of-care-ultrasound (POCUS)
    - Fluid responsiveness
    - Arterial pulse-contour analysis

Single Center Prospective Study, n=124

- **Dynamic measures from POCUS** : better estimate of volume status than CVP

**Intensivist Use of Hand-Carried Ultrasonography to Measure IVC Collapsibility in Estimating Intravascular Volume Status: Correlations with CVP**

S Peter Stawicki, MD, Benjamin M Braslow, MD, FACS, Nova L Panebianco, MD, James N Kirkpatrick, MD, Vicente H Gracias, MD, FACS, Geoffrey E Hayden, MD, Anthony J Dean, MD

# Hemodynamic/ Fluid Management Strategies

- **Diuretics**

- Control group vs. Intermittent furosemide group : No difference

Single Center RCT, n=123

A study of the efficacy of furosemide as a prophylaxis of acute renal failure in coronary artery bypass grafting patients: A clinical trial

Fatemeh Bayat<sup>(1)</sup>, Zahra Faritous<sup>(2)</sup>, Nahid Aghdaei<sup>(2)</sup>, Ali Dabbagh<sup>(3)</sup>

- Selective administration of diuretics, only for managing fluid overload
- **No prophylactic or routine use of diuretic therapy**

# Hemodynamic/ Fluid Management Strategies

- Fluids

- High-chloride fluids : significantly higher risk of AKI

Meta-analysis (21 trials, n=6253)

**Meta-analysis of high- versus low-chloride content in perioperative and critical care fluid resuscitation**

M. L. Krajewski<sup>1</sup>, K. Raghunathan<sup>1,2</sup>, S. M. Paluszakiewicz<sup>3</sup>, C. R. Schermer<sup>4</sup> and A. D. Shaw<sup>5</sup>

<sup>1</sup>Department of Anesthesiology, Duke University Medical Center, and <sup>2</sup>Anesthesiology Service, Durham VA Medical Center, Durham, North Carolina,

<sup>3</sup>Boston Strategic Partners, Boston, Massachusetts, <sup>4</sup>Baxter Healthcare Corporation, Deerfield, Illinois, and <sup>5</sup>Department of Anesthesiology, Vanderbilt University Medical Center, Nashville, Tennessee, USA

*Correspondence to:* Professor A. D. Shaw, Division of Cardiothoracic Anesthesiology, Vanderbilt University Medical Center, Nashville, Tennessee 37232–8274, USA (e-mail: andrew.shaw@vanderbilt.edu)

- **Balanced crystalloid solutions** significantly decreases stage 1 AKI

## PREVENTION

# Other Strategies

- **Hyperglycemia**

- Increased production of inflammatory cytokines and superoxide

- **Glycemic control**
  - AKI incidence ↓
  - RRT ↓
  - 30-day mortality ↓

**Single Center Retrospective Study, n=1050**

**Tight perioperative glucose control is associated with a reduction in renal impairment and renal failure in non-diabetic cardiac surgical patients**

Patrick Lecomte<sup>1</sup>, Bruno Van Vlem<sup>2</sup>, Jose Coddens<sup>1</sup>, Guy Cammu<sup>1</sup>, Guy Nollet<sup>1</sup>, Frank Nobels<sup>3</sup>, Hugo Vanermen<sup>4</sup> and Luc Foubert<sup>1</sup>

<sup>1</sup>Department of Anaesthesiology and Critical Care Medicine, Onze-Lieve-Vrouw Hospital, Moorselbaan 164, 9300 Aalst, Belgium

<sup>2</sup>Department of Nephrology, Onze-Lieve-Vrouw Hospital, Moorselbaan 164, 9300 Aalst, Belgium

<sup>3</sup>Department of Endocrinology, Onze-Lieve-Vrouw Hospital, Moorselbaan 164, 9300 Aalst, Belgium

<sup>4</sup>Department of Cardiothoracic and Vascular Surgery, Onze-Lieve-Vrouw Hospital, Moorselbaan 164, 9300 Aalst, Belgium

# Other Strategies

- **KDIGO bundle**

- Discontinue nephrotoxins, optimize hemodynamics/fluid status, avoid hyperglycemia, monitor SCr and urine output

Single Center RCT, n=276



CrossMark

Prevention of cardiac surgery-associated AKI by implementing the KDIGO guidelines in high risk patients identified by biomarkers: the PrevAKI randomized controlled trial

Melanie Meersch<sup>1</sup>, Christoph Schmidt<sup>1</sup>, Andreas Hoffmeier<sup>2</sup>, Hugo Van Aken<sup>1</sup>, Carola Wempe<sup>1</sup>, Joachim Gerss<sup>3</sup> and Alexander Zarbock<sup>1\*</sup> 

# Other Strategies

- KDIGO bundle
  - Incidence of stage 2 and 3 AKI ↓

Multicenter RCT, n=278

## Prevention of Cardiac Surgery–Associated Acute Kidney Injury by Implementing the KDIGO Guidelines in High-Risk Patients Identified by Biomarkers: The PrevAKI-Multicenter Randomized Controlled Trial

Alexander Zarbock, MD,\* Mira Küllmar, MD,\* Marlies Ostermann, MD,† Gianluca Lucchese, MD,† Kamran Baig, MD,† Armando Cennamo, MD,† Ronak Rajani, MD,† Stuart McCorkell, MD,† Christian Arndt, MD,‡ Hinnerk Wulf, MD,‡ Marc Irqsusi, MD,§ Fabrizio Monaco, MD,|| Ambra Licia Di Prima, MD,|| Mercedes García Alvarez, MD,¶ Stefano Italiano, MD,¶ Jordi Miralles Bagan, MD,¶ Gudrun Kunst, MD,# Shrijit Nair, MD,# Camilla L'Acqua, MD,\*\* Eric Hoste, MD,†† Wim Vandenbergh, MD,†† Patrick M. Honore, MD,†† John A. Kellum, MD,§§ Lui G. Forni, MD,||| Philippe Grieshaber, MD,¶¶ Christina Massoth, MD,\* Raphael Weiss, MD,\* Joachim Gerss, PhD,## Carola Wempe, PhD,\* and Melanie Meersch, MD\*

# CONCLUSION

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- CSA-AKI : Common, pathophysiology complex
- KDIGO Bundle
  - Significantly reduces incidence/severity of CSA-AKI
  - Application of KDIGO Bundle important
- Further Research : Needed to identify effective interventions for CSA-AKI prevention optimization





# THANK YOU

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